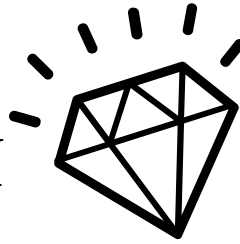




# My Bedtime Treasure

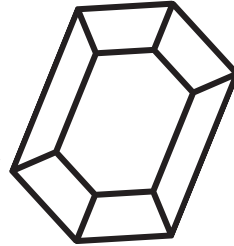
AFFIRMATIONS

I am Safe and Sound



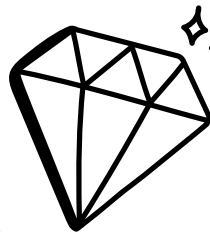
Rubies dazzle  
RED

I am Creative and Colourful



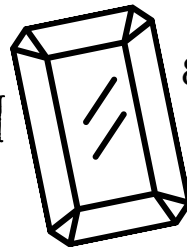
Opals glow  
ORANGE

I am Happy and Confident



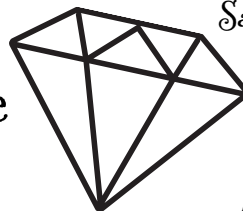
Diamonds sparkle  
YELLOW

I am Loving and Loved



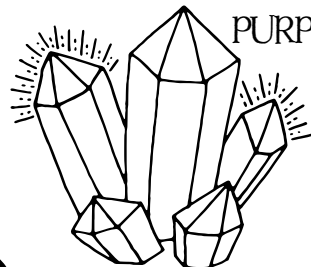
Emeralds glisten  
GREEN

I am Courageous and Brave



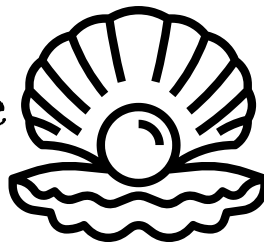
Sapphires shine  
BLUE

I am Inspired and Imaginative



Amethyst glitter  
PURPLE

I am Wise and Divine



Pearls shimmer  
WHITE

Instructions: Print out this page. Colour in the soul gems. Stick this page on your wardrobe door.  
Say your affirmations at bedtime tonight and every night to feel your soul shine bright!  
Share your colouring-in with us @soultreasure\_