## **Shirts & Blouses Course Structure**

Introduction	<ul><li>a. What is the course about, for whom, how to take it</li><li>b. Tools</li><li>c. Fabrics</li></ul>
1. Taking measurements	
2. Bodice block	<ul> <li>a. Why is the pattern this way</li> <li>b. Ease</li> <li>c. Miniature pattern drafting &amp; explaining each step where it's coming from</li> <li>d. Real size pattern</li> <li>e. Make a test</li> <li>f. Correct the pattern</li> <li>g. Most common mistakes &amp; how to correct them</li> <li>h. Adjusting pattern for garments without sleeves</li> <li>i. Very fitted vs loose pattern</li> <li>j. Loose fitted bodice block</li> <li>k. Stretch factor</li> <li>l. Hip block</li> </ul>
3. Dart manipulation	<ul><li>a. Why would you move the darts</li><li>b. Two techniques to move the darts</li><li>c. Dart manipulation examples &amp; exercise</li><li>d. Princess line bodice</li></ul>
4. Bodice types	<ul> <li>a. Bodice with yoke</li> <li>b. Basques waist bodice</li> <li>c. Pleated front bodice &amp; pleats on the back</li> <li>d. Crossover bodice</li> <li>e. Bodice with asymmetric opening (front or back)</li> <li>f. Back of the shirt</li> </ul>
5. Button stands & facings	<ul><li>a. Button stands</li><li>b. Facings</li><li>c. Double breasted opening</li><li>d. Fly front opening</li></ul>
PRACTICE	<ul> <li>a. Sleeveless top</li> <li>b. Sleeveless stretchy top</li> <li>c. Sleeveless top with yoke</li> <li>d. Crossover blouse</li> <li>e. Waistcoat</li> <li>f. Double breasted waistcoat</li> </ul>
6. Necklines	<ul> <li>a. Adjusting bodice for deeper decollate - extra suppression</li> <li>b. Square neck</li> <li>c. V-neck</li> <li>d. Scoop neck</li> <li>e. Sweetheart neck</li> <li>f. Deep cowl neckline</li> <li>g. High cut cowl</li> <li>h. Wrap neck</li> <li>i. Shoulder-less bodice</li> </ul>

PRACTICE	a. Sweetheart neck top b. Deep cowl neckline top c. Wrap neck & basques waist top
7. Collars	<ul> <li>a. Straight-band collar</li> <li>b. Mandarin (Stand) collar</li> <li>c. Peter Pan collar</li> <li>d. Sailor collar Two-Piece Shirt collar</li> <li>e. Shawl collar</li> <li>f. Tailored collar</li> </ul>
8. Sleeves	a. How sleeve pattern is made b. Constructing sleeve block c. Testing & correcting d. Semi-fitted sleeve block e. Tightly fitted sleeve f. Cuffs g. Bishop Sleeve with deep cuff h. Leg O'Mutton Sleeve i. Raised Crown j. Two piece-sleeve k. Plain Short Sleeve l. Puffed sleeve gathered at Hem and head m. Bell Sleeve or gathered bell sleeve n. Sleeve gathered at head o. Sports sleeve p. Saddle (Strap Shoulder) Sleeve q. Kimono Sleeve r. Deep raglan sleeve s. Cap Sleeve
PRACTICE	<ul> <li>a. Polo shirt</li> <li>b. Blouse with basque waist bodice, raised cowl neck, raised crown sleeves</li> <li>c. Classic white shirt</li> <li>d. Oversized shirt</li> <li>e. Patchwork shirt</li> <li>f. Shirt with mandarin collar &amp; pleats</li> <li>g. Sailor collar shirt</li> <li>h. Shirt with shawl collar &amp; extra puffy sleeves</li> <li>i. Shirt with fly front &amp; short saddle sleeves</li> <li>j. Silk blouse with Bishop sleeve &amp; wrap neck</li> <li>k. Lightweight blazer with tailored collar</li> <li>l. Crossover summer cardigan</li> <li>m. Jumper with raglan sleeves</li> </ul>