



Care and Wash Instructions

Everyone's cloth diaper journey is different, and everyone's wash routine is unique too! Below are some basic guidelines to care for and wash your diapers. Tailor your wash routine for your needs, and above all, do what works for you!

Before Use

- Wash and dry all diapers at least once before use.

Before Washing Soiled Diapers

- Remove, spray or shake solids into the toilet at each diaper change.
- Place soiled diapers and cloth wipes in a dry pail or wet bag until laundry day. Do not soak diapers.

How to Wash Your Diapers

- Pre-wash: Warm wash, shortest cycle, with minimal or no detergent.
- Main wash: Hot wash, heavy cycle, with detergent and extra rinse.
- Dry: Tumble dry on low or hang dry.

Important Tips

- Wash around 12-18 one size diapers (plus inserts, wipes, pail liner and wet bags) in each load. You want enough items in your laundry load so that there is sufficient agitation.
- Wash diapers every 2 to 3 days after use. You do not want your diapers to remain soiled for a lengthy period of time.
- Do NOT use fabric softener, bleach or dryer sheets. These will minimize absorption and repel liquids.
- Only use cloth diaper safe creams on your baby. Look for creams without petroleum (which can repel liquids) or zinc (which can cause staining). If you need to use a cream that is not cloth-safe, use a diaper liner.
- High-efficiency washing machines generally do not use enough water to clean cloth diapers. Trick the washer into using more water by adding a few small, wet towels so that more water is dispensed.
- Drying diapering products in direct sunlight is the best way to dry and disinfect them and also get rid of stains! However, do not leave them in direct sunlight for longer than necessary; the powerful UV rays and high temperatures may be damaging.

For further assistance, contact us at aloha@kaleimamo.com.