

This 5-Piece Resistance Band Loop Set comes pre-packaged with five colour-coded variable-resistance stretch band loops ranging from extra light to extra heavy.

Model: ML505

5-Piece Resistance Band Loop Set



Features

- The green band indicates extra light, blue is light, yellow is medium, red is heavy and black is extra heavy
- Strengthen the legs, chest, arms, back, hips, glutes and abs easily by providing continuous tension on the muscles being targeted, ideal for toning and rehabilitation exercises
- Withstand versatile daily exercise with the highelasticity and anti-deformation band loops made without PVC
- These band loops measure 30-centimetres in circumference each, providing the ultimate extra boost for muscle training and building strength

Specifications

- Features: 5-Piece Resistance Band Loop Set with five colour-coded variable-resistance stretch band loops ranging from extra light to extra heavy
- Colours: Green, blue, yellow, red, black band loops
- Resistance: 3kgs green, 5kgs blue, 10kgs yellow, 15kgs red, 20kgs black
- Material: Latex
- Band Loops Length: 30cm circumference
- Band Loops Width: .3mm green, .5mm blue, .7mm yellow, .9mm red, 1.1mm black
- Band Loops Set Measurements: 30cm x 3.5cm x 5cm
- Band Loops Set Weight: 100g

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