



Ideal for burning fats, muscle growth, training the core, increasing stamina, building up resistance, coordinating muscle groups and training the full body, these kettlebells are meant for swings, deadlifts, squats, get-ups, snatches and much more targeted exercises.



**Model: KB8**  
**8kg Kettlebell Weight**

## Features

- The 8kg kettlebell is marked with pink bands, the 10kg kettlebell is marked with green bands, the 12kg kettlebell is marked with orange bands and the 16kg kettlebell is marked with yellow bands
- Each kettlebell is also embossed with large visible markings for easy and clear weight identification
- With the wider grip area, these kettlebells can be used single-handed or double-handed
- The premium black powder coated finish provides a smooth surface over a single solid piece of cast iron core
- With stronger and more robust construction which resists chips, flakes and scratches opposed to traditional kettlebell weights, the durable yet comfortable grip allows for use with or without chalk
- The wide secure base rests perfectly on the floor without wobbling or rolling away

## Specifications

- **Features:** Kettlebell Weight, embossed weight identification, different coloured bands identification, wide and secure base to prevent rolling
- **Colours:** 8kg pink, 10kg green, 12kg orange, 16kg yellow
- **Material:** Cast iron core, smooth black powder coated
- **Kettlebell Measurements:** 18cm x 18cm x 20cm for 8kg, 21cm x 21cm x 17cm for 10kg, 19cm x 19cm x 21cm for 12kg, 19cm x 19cm x 24cm for 16kg
- **Kettlebell Weights:** 8kg, 10kg, 12kg, 16kg

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