

SOCK CONSTRUCTION CHEAT SHEET



CUFF-DOWN SOCKS:

- Cast on at the cuff and knit downward.
- Heel: Heel flap & gusset (classic choice).
- Toe: Finished with Kitchener stitch or star toe.
- Best For: Tried-and-true methods, tons of patterns.

PROS:

- Easy cast-on
- Strong heel structure
- Lots of tutorials available

CONS:

- Must plan yarn usage carefully
- Kitchener stitch at the toe

TOE-UP SOCKS:

- Start with the toe using Judy's Magic Cast-On.
- Heel: Short rows or afterthought heel.
- Cuff: Finished with a stretchy bind-off.
- Best For: Maximizing yarn, adjustable fit.

PROS:

- Use every bit of yarn
- Try on as you knit
- No grafting required

CONS:

- Trickier cast-on
- Must ensure a stretchy cuff bind-off

Jenna's Pro Tips:

- For cuff-down: Try Eye of Partridge heel for durability.
- For toe-up: Always test your bind-off stretch!
- Log your sock projects for future reference.

Happy sock knitting! Visit southernskeins.com for yarn + tools.