## WOMENS / GIRLS SIZE CHARTS

## How to measure

- **A. Chest**: When measuring the chest the arms need to be down at the side. Measure from the fullest part of the chest. The tape measure should be parallel to the floor.
- B. Waist: Measure from the narrowest part of the waist. Tape measure should be parallel to the floor.
- C. Torso: Start the measurement from the centre of the shoulder, down through the legs and back up to the shoulder.
- **D. Arm**: Measure from the top of the shoulder, down the arm to the wrist.



## CHILD SIZES

GB Size	24	26	28	30	32
Euro Size cms	104-116	116-128	128-140	140-152	152-164
USA Size	CXS	CSM	CME	CLA	AXS
A) Chest (in)	22-24	23-26	25-28	27-30	29-32
B) Waist (in)	20-21	20-22	20-23	21-24	22-25
C) Torso (in)	36-38	38-42	40-45	43-47	47-53
D) Arm Length (in)	14-15	14-15.5	15-17	17-19	18-20
Approx Age	3-4	5-6	7-8	9-10	11-13

## ADULT SIZES

GB Size	34	36	38
Euro Size cms	164-176	38	40
USA Size	ASM	AME	ALG
A) Chest (in)	31-34	33-36	35-38
B) Waist (in)	24-27	25-27	26-29
C) Torso (in)	52-56	56-60	58-61
D) Arm Length (in)	19-21	21-23	21-23
Approx Age	13-15	15+	L