



Smart Sound Machine User Guide

Model:HMNL-05



Make your sleep warm and fuzzy

Smart Sound Machine User Guide

Thank you for choosing Hotmoon. Hotmoon initiates unprecedented sleep therapy compounded of lights and sounds, improving sleep in a safe and natural way. We offer hundreds of sleep-inducing sounds to soothe your brain and nerves. We also offer rich color options of light to meet various needs. For instance, low warm-white light could strengthen people's sense of security; soft red light stimulates the generation of melatonin, an essential sleep-promoting hormone. Our exclusive sound-light therapy, as it were, could impress users with restful sleep experience.

Its model name is Mona. On the smart mode, Mona works with the free companion Hotmoon app, and makes it easy to personalize your bedtime routine and exclusive sound scene. While on the stand-alone mode, you can still enjoy the built-in sound and light on Mona without phone and network.



Safety Warning

- Please always keep the device at least one meter away from children as the cord can pose a strangulation hazard.
- This product is not waterproof. Do not use it near or place in water.
- Do not place this device aloft. When placing it on the table, please avoid the edges to prevent it from falling down, which might damage the device and also get potential hurt.

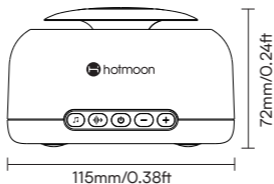
Part One – Basic Information of Device	2 – 3
Part Two – Stand-alone Mode	3 – 5
Part Three – Smart Mode	6 – 16
Part Four – FAQ	17

Part One – Basic Information of Device

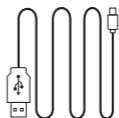
1. Specification

P/N	HMNL-O5-W-1
Model Number	HMNL-O5
Contain FCC ID	2A3V3HMNL-03
Wattage	5W (Max)
Color	RGB+White(3000K)
Input	DC 5V=1A
Working Voltage	5V
Connector Type	USB Type C
Working Temperature	0°C-40°C
Loudness	100dB(Max)
Ta	40°C
Mercury Content	No
Rated Useful Luminous Flux	8lm (Max)
Rated CRI	80
Dimmable(Y/N)	Y
Package Includes	Sound Machine x 1, USB-C Cable x 1
Operating Frequency	2402 MHz - 2480 MHz
EIRP	BT: -1.59dBm, BLE: -2.71dBm
Wireless Application Protocol	BT and BLE

2. Dimension



3. Components



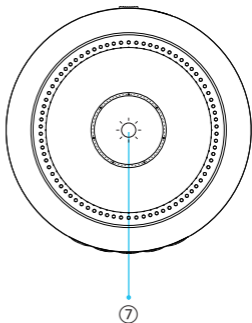
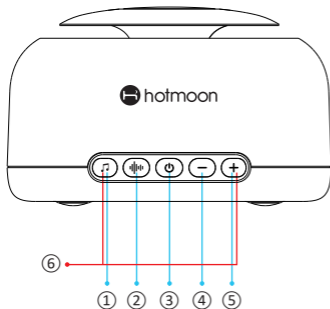
1m/0.33ft

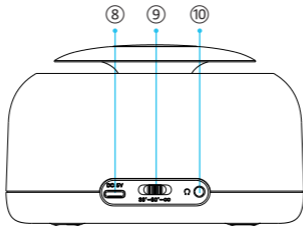
Part Two - Stand-alone Mode

Step 1: Connect the device to a power adapter with an output voltage of 5V1A with the USB-C cable. Kindly note the power adapter is not included in the package.

Step 2: The functions of the buttons are as below.

On the stand-alone mode, every time you press and hold the power button to turn on the device, the light will light up and flash. It is the signal of reminding you to switch to smart mode. You can press any key to return to the setting of the last time if you want to keep on the stand-alone mode.





① Music

Press to switch the built-in music sounds. When playing on-line sound, press this button to switch to the built-in music sound which you played last time.

② Noise

Press to switch the built-in noise sounds. When playing on-line sound, press this button to switch to the built-in noise sound which you played last time.

③ Power/Sound

Press over 3 seconds: Power on / off.
Press: Sound Play / Pause.

④ Volume down

Press: Volume down.
Press and hold: Volume down continuously.

⑤ Volume up

Press: Volume up.
Press and hold: Volume up continuously.

⑥ Pairing mode

Press "♪" + "+" over 3 seconds.

⑦ Light

Press: Switch the lights.
Press and hold: Brightness up continuously.
Press 2 times quickly: Light on / off.

⑧ Charging port

USB-C, DC 5V 1A.






























⑨ Timer option

30min, 60min and timer-off respectively.

⑩ 3.5mm Headphone jack

headphone audio output.

Playlist of built-in sounds

	 Noise	 Music
1	 White Noise	 Lullaby-Schubert
2	 Brown Noise	 Lullaby-Brahms
3	 Pink Noise	 Lullaby-Rock-A-Bye Baby
4	 Box Fan	 Relaxing Melody
5	 AC Fan	 Healing Melody
6	 Loud Fan	 Meditation Melody
7	 Mellow Fan, High	 Heartbeat
8	 Large Fan	 Shushing
9	 Mellow Fan, Low	 Fireplace
10	 Rainfall	 Morning Seashore
11	 Heavy Rain	 Sunset Waves
12	 Rainstorm	 Creek
13	 Airplane Cabin	 Waterfall
14	 Clothes Dryer	 Crickets
15	 Vacuum Cleaner	 Birds

Part Three – Smart Mode

1. Download the hotmoon app

To download Hotmoon App, please scan the QR code or search for "Hotmoon" in Apple App Store® (iOS) or Google Play Store (Android).



APP download

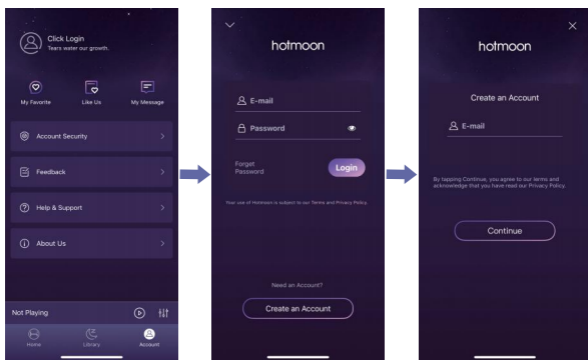


NOTE:

- Due to the requirements of the Android system, it is necessary for the OS below 12 to obtain the geographic location permission when connecting via Bluetooth. It won't be used to record personal private information.
- The Hotmoon App is continually being improved and may change over time. If there is any difference, follow the in-app instructions.

2. Create/login your own hotmoon account

Open the Hotmoon App. If you already have an account, tap "Log In". If not, tap "Sign Up".



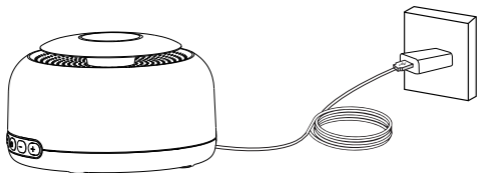
NOTE:

Only the account which is being paired with Mona can unlock the VIP content.

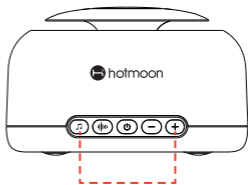
If account A gives Mona to account B after pairing, then account B can unlock the VIP content after pairing, while account A could just enjoy other features except unlocking the VIP content.

3. Connect Mona to your phone

Step 1: Connect the device to a power adapter with an output voltage of 5V1A with the USB-C cable. Kindly note the power adapter is not included in the package.



Step 2: Press and hold the power button to turn on the device. If it's the first time to use, the white light will flash. If not, you need to press and hold these two buttons ("♪" + "+") until white light flashes.

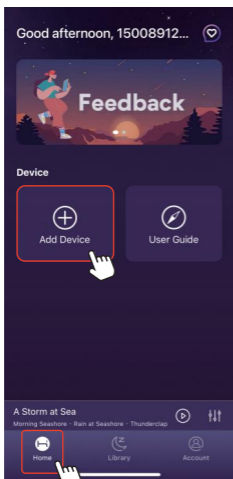


Step 3: Connect Mona to your iPhone

The process of connection varies on iPhone and Android phone. If yours is Android phone, please move to step 4 directly.

3.1. Select Device

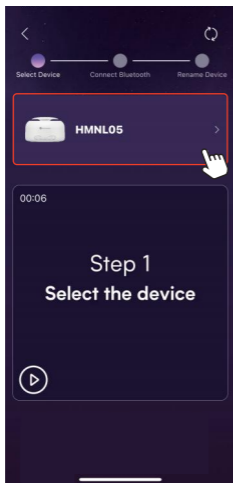
Keep your Mona and your phone next to each other.



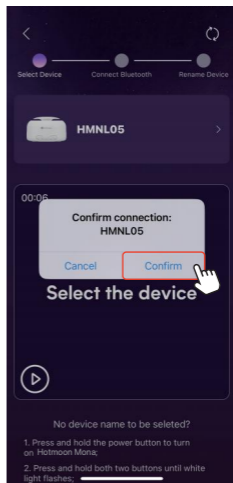
Tap "Add Device"



Tap "Mona"

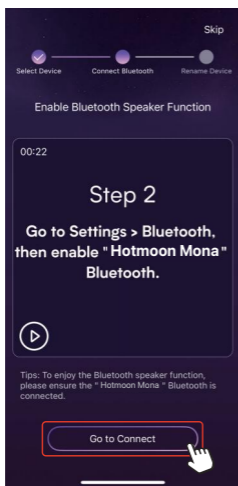


Tap "HMNL05"

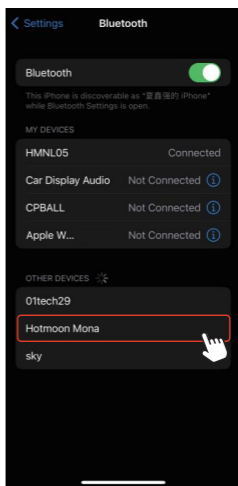


Tap "Confirm"

3.2. Connect Bluetooth

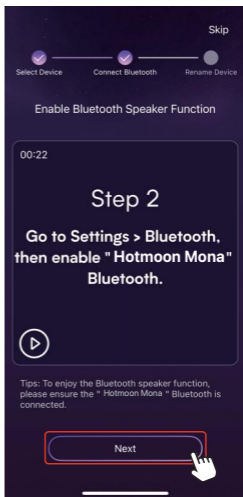
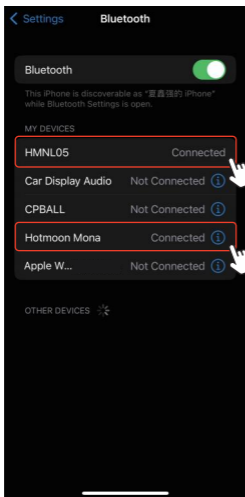


Tap "Go to Connect"
to go to "Settings"

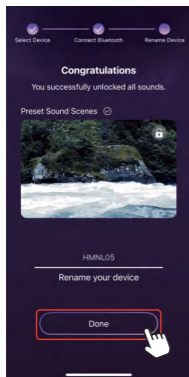


Tap "Bluetooth",
Tap "Hotmoon Mona"
in the "other devices" column.

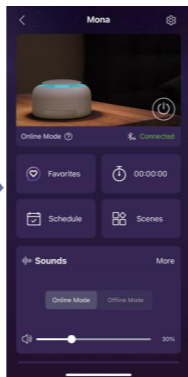
Please kindly note that Mona adopts Dual-mode Bluetooth, one is for controlling the device and another is for playing sounds. You can enjoy the full functions of Mona and Hotmoon APP after both "Hotmoon Mona" and "HMNL05" are connected.



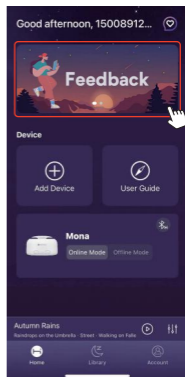
3.3 Set Up



Give it a name if you want.
Tap "Done"



Finish your setup



Contact us via
"Feedback" if any query

NOTE:

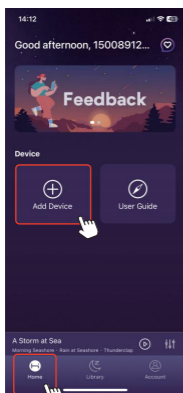
After successful pairing, every time you turn on Mona and Hotmoon App, they will automatically reconnect. If not, please tap "Home"- "Device" under the device list and wait around 5-10 seconds, the device list will be highlighted that the connection is successful. If still fail, please turn off the Bluetooth, Hotmoon App and Mona, and try to connect as per the steps above again.

Step 4: Connect Mona to your Android Phone

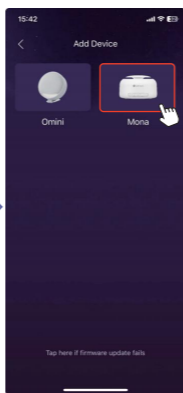
The process of connection varies on iPhone and Android phone. If yours is iPhone, you have finished the whole process.

4.1. Select Device

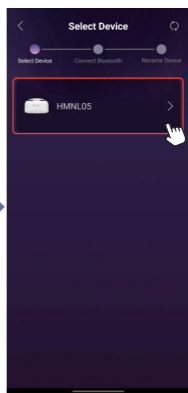
Keep your Mona and your phone next to each other.



Tap "Home"
Tap "Add Device"

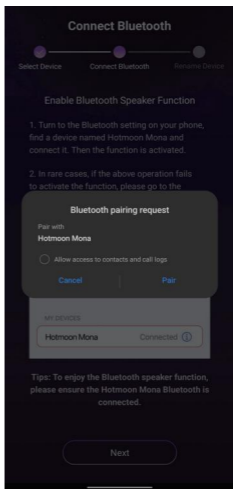
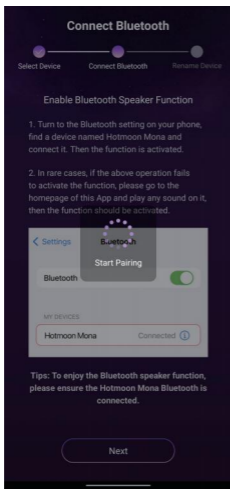


Tap "Mona"



Tap "HMNLO5"

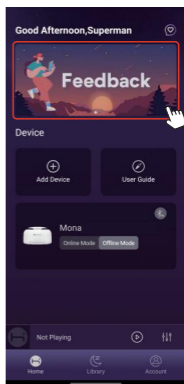
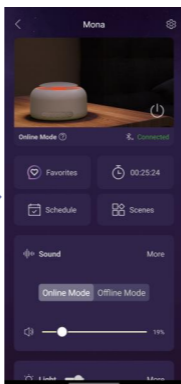
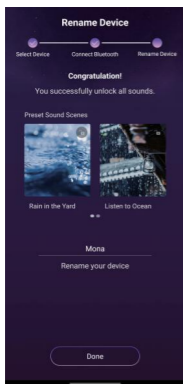
4.2. Connect Bluetooth



Stay on the page until seeing
"Bluetooth Pairing request"

Tap "Pair"

4.3. Set Up



Give it a name if you want.
Tap "Done"

Finish your setup

Contact us via
"Feedback" if any query

NOTE:

After successful pairing, every time you turn on Mona and Hotmoon App, they will automatically reconnect. If not, please tap "Home"-"Device" under the device list and wait around 5-10 seconds, the device list will be highlighted that the connection is successful. If still fail, please turn off the Bluetooth, Hotmoon App and Mona, and try to connect as per the steps above again.

Part Four – FAQ

1. What do online mode and offline mode mean?

Online mode means Mona only can play sounds of your phone.

Offline mode means Mona only can play the built-in sounds.

2. Why do I need to offer geographic location permission?

Due to the requirements of the Android system, it is necessary for the OS below 12 to obtain the geographic location permission when connecting via Bluetooth.

3. Can my mobile phone connect to Mona without network?

Yes. After logging in the Hotmoon App with network, within a week you can log in without network, connect to Mona via Bluetooth and play any cached audio.

4. The sounds being played by Mona is interrupted by the phone system notifications, text messages, incoming calls and other sounds.

Please set your phone to mute mode, then the other sounds will not interrupt the music that Mona is playing.

5. Why does the Bluetooth setting page of my iPhone show that there are two Bluetooth connections?

Mona adopts Dual-mode Bluetooth, one for controlling the device and another is for playing sounds. For iPhone users, you can enjoy the full functions of Mona and Hotmoon APP after both "Hotmoon Mona" and "HMNLO5" are connected.

6. I want to enjoy the sleep sounds of Hotmoon while using other apps.

Mona cannot play the sounds of Hotmoon App and other App at the same time. You can play the built-in sounds of Mona while using other Apps.

7. While my Mona is playing the built-in sound, I cannot hear the sounds of other apps.

Yes, it is designed for immersive experience. If your phone is connected to your Mona device, no sound from the phone will play through your Mona when it is playing the built-in sound.

8. I cannot unlock the VIP content of the Hotmoon app.

Only the account which is being paired with Mona can unlock the VIP content. If account A gives Mona to account B after pairing, then account B can unlock the VIP content after pairing, while account A could just enjoy other features except unlocking the VIP content.

FCC Warning:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Need help?
Hotmoon support is here.
Contact us at support@hotmoon.com

Manufacturer: Shenzhen ZhiLong Electronic Technology Co., Ltd
(ShenZhenShi ZhiLong DianZi KeJi YouXian GongSi)

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