

## **Terms and Conditions**

Through registering for the Adnams 10K Run and the agreement to the Waiver and Terms and Conditions, a contract is agreed between Adnams plc (“The Organiser”) and the participant.

### **PARTICIPATION**

1.1 Participants must be 16 years of age or older on the day of the event.

1.2 When registering via our registration portal, each participant must sign the waiver and terms and conditions before participating in the event.

1.3 Participants must only enter the race if they recognise that they make their best efforts in training for and completing the 10K course in less than 2 hours (which is a slow walking pace), calculated from the last runner to cross the start line. This is because roads across will need to re-open after this time. For your safety, if you are unable to keep to this pace you will be asked to join and take instruction from the sweep official collecting runners who are injured or unable to achieve the required pace at each mile.

For participants who choose not to take instruction from the sweep official when asked, we will no longer accept liability for your welfare. At this point you will no longer be part of the race.

1.4 By taking part, all participants confirm that their names and/or video footage or photographs taken during their participation may be used to publicise the Adnams 10K Run.

1.5 Participant race numbers are specific personal identifiers and may not be passed on or sold to any other person. Sale or passing on of race numbers is strictly prohibited and will result in the disqualification and/or banning of any individuals involved from future events. We offer a transfer service to all runners, with a transfer deadline advertised on the event website.

1.6 Registrations will close on the registration deadline, which is publicised on the event website. There are no exceptions once the closing date has passed. The organisers reserve the right to change the date.

1.7 Participants must not be under the influence of drugs or alcohol.

1.8 Use of non-essential ear-pieces is prohibited on the grounds of safety as they may interfere with the hearing of announcements, instructions from marshals and road traffic. If seen wearing such equipment, you may be asked to remove it by a race official. Failure to do so may result in disqualification.

1.9 Participants must be fit to run and free from injury. If you're unsure, please consult your doctor.

### **PAYMENT AND REGISTRATION FEES**

2.1 All entry fees are non-refundable.

2.2 Use of discount codes or promo links are restricted to the original recipient only, misuse of these codes will result in disqualification from this event and any future Adnams events – refunds will not be issued.

2.3 Entry fees are subject to change and Adnams plc has the right to amend the price and to offer discounts during open registration. Refunds will not be given to those who have signed up at a different rate.

## **PARTICIPANT WITHDRAWAL**

3.1 Any participant who fails to arrive at the start line on time will be assumed withdrawn from the race and will not be eligible to a refund of any kind. No late starters will be permitted to cross the start line.

3.2 Participants will be able to transfer their entry to another participant up until the transfer deadline, which is advertised on the race website. Transfers are conducted through the online registration system by the withdrawing participant. Instructions for operating the transfer process are detailed on the event website. No transfers will be possible outside of the above stated period and can only be made between participants eligible for the same price type (therefore, athletes who have purchased a reduced 'Affiliated' price entry must transfer to participants eligible for this discount).

3.3 Entries cannot be deferred to the following year nor to any other event.

3.4 The processing fee, which is added onto the entry fee and any extra items you purchase at point of entry is non-refundable.

3.5 The participant acknowledges that the refund scheme set out above is fair and reasonable, and the monies the Organiser may retain in respect of any withdrawal represents a reasonable pre-estimate of the Organiser's loss in each case.

## **PARTICIPANT ALTERATIONS**

4.1 Participants are responsible for ensuring the data provided on their entry form is up-to-date and correct.

4.2 Failure to provide or update a current postage address will result in race packs not being posted to the correct participant. In this instance, organisers will not provide a replacement pack in the post. Participants must contact the organisers by email as soon as they are aware there is an error on their form, and replacement packs can only be guaranteed to those who have contacted well in advance of the event.

4.3 All changes to registration data must be self-administered by the participant via the online registration platform at [www.resultsbase.net](http://www.resultsbase.net) before the transfer deadline. Verbal requests will not be accepted over the telephone to ensure updated details are correct.

## **CANCELLATION AND ALTERATIONS OF THE EVENT**

5.1 If the event is cancelled because of circumstances beyond the reasonable control of the organiser; including and not limited to, an act of God, explosion, acts of a public enemy, war, insurrection, terrorist act or threat of terrorist act, sabotage, epidemic, embargoes, strikes or the death of a leading member of the Royal family then the participant will not be entitled to a refund of the entry fee and compensation of other losses, such as travel or accommodation expenses. We reserve the right, in our absolute discretion, to cancel, delay or postpone the event due to unforeseen circumstances out of our reasonable control (for example due to adverse weather conditions or because of instructions from the emergency services). In such cases we will endeavour to inform participants as quickly as possible.

5.2 The organisers reserve the absolute right to alter aspects of the race at any time. Any alterations, such as a change in start time, date, location, or route will be communicated to participants as soon as is reasonably practical to allow for the plans to be revisited.

5.2 The organiser reserves the right to amend the event format at their discretion. If the event format is changed and the participant will not be entitled to any refund and no liability can be taken.

5.4 Without prejudice to clause 5.1, the organiser may cancel the event at any time at its discretion, but (save in the case of a Force Majeure Event) will use reasonable endeavours to avoid doing so.

### **CHANGES TO TERMS AND CONDITIONS**

We reserve the right to change these conditions at any time. Any changes will be notified via the Adnams 10k Run website, so participants are advised to regularly check for updates.