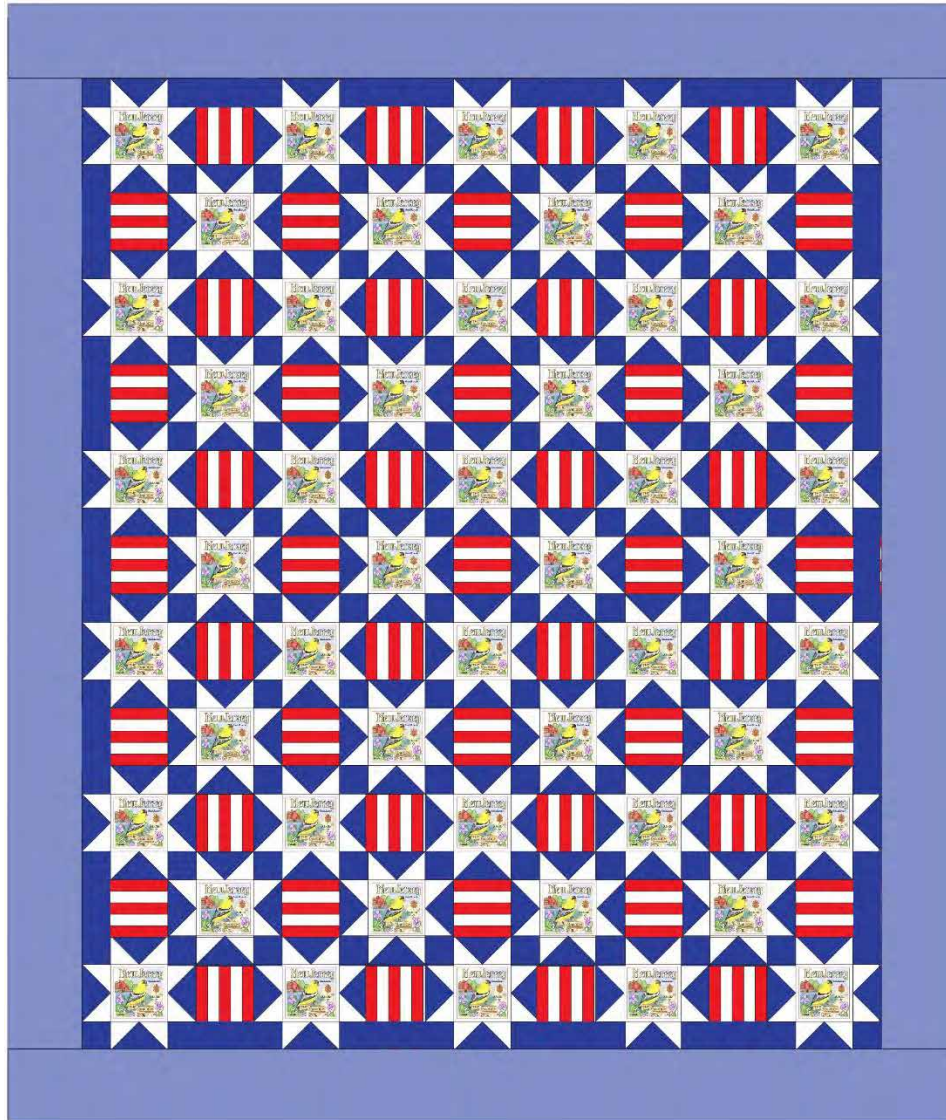




## Carefree Highways Quilt Instructions



*Been stitching along our Carefree Highways?  
Make the 4-1/2" blocks into a quilt with this tutorial!*

*View our YouTube video for help making flying geese or learn how to make a single sawtooth star block with either size block for a smaller project of your own imagination. Please read and understand all instructions before beginning.*

**Fabric Requirements (42" wide):**

- 1 yd. red for stripe blocks
- 2/3 yd. white for stripe blocks
- 2-1/2 yds. of blue for sawtooth block corner squares, flying geese, and border rectangles
- 2-1/2 yds. white for star points—may match the background of your embroidery blocks

**Cutting Instructions:**

**Machine Embroidered State Blocks—**

Fifty state blocks are required, trimmed to 5-1/2" x 5-1/2"

**Stripe blocks**

- Red fabric-- Cut 21 strips across the width of fabric (WOF) 1-1/2" wide.  
Subcut to 147 rectangles 1-1/2" x 5-1/2" (A)
- White fabric—Cut 14 strips across the WOF 1-1/2" wide  
Subcut to 98 rectangles 1-1/2" x 5-1/2" (B)

**Sawtooth blocks**

- Blue fabric-- For the cornerstones, cut 9 strips across WOF 3" wide.  
Subcut to 120 squares 3" x 3" (C)  
For the flying geese, cut 15 strips across WOF 3" wide.  
Subcut to 200 rectangles 3" x 5-1/2" (D)  
For the border rectangles, cut 3 strips across WOF 3" wide.  
Subcut to 18 rectangles 3" x 5-1/2" (E)
- White fabric—For the star points, cut 29 strips across WOF 3" wide.  
Subcut to 400 squares 3" x 3" (F)

**Outer Borders**

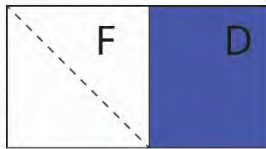
- Patriotic novelty print of your choice (requires 2-1/2 yds. with no piecing)  
Cut four 85-1/2" x 8"

All seams are 1/4."



**Stripe blocks:**

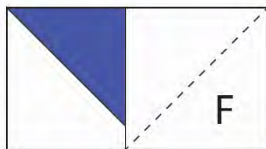
Using three red rectangles (A) and two white rectangles (B), sew them alternately, pressing toward the red fabric each time. Unit finishes at 5-1/2" x 5-1/2." Make 49 units.



**Flying Geese Units:**

Draw a diagonal line on the wrong side of two fabric F squares. With right sides facing, layer a fabric F square on top of a Fabric D rectangle. Stitch on the drawn line and trim 1/4" away from the seam. Press seam towards white.

Repeat on the right side as shown. Completed flying geese unit will measure 3" x 5-1/2." Make 200 units.

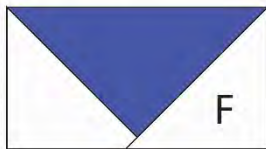


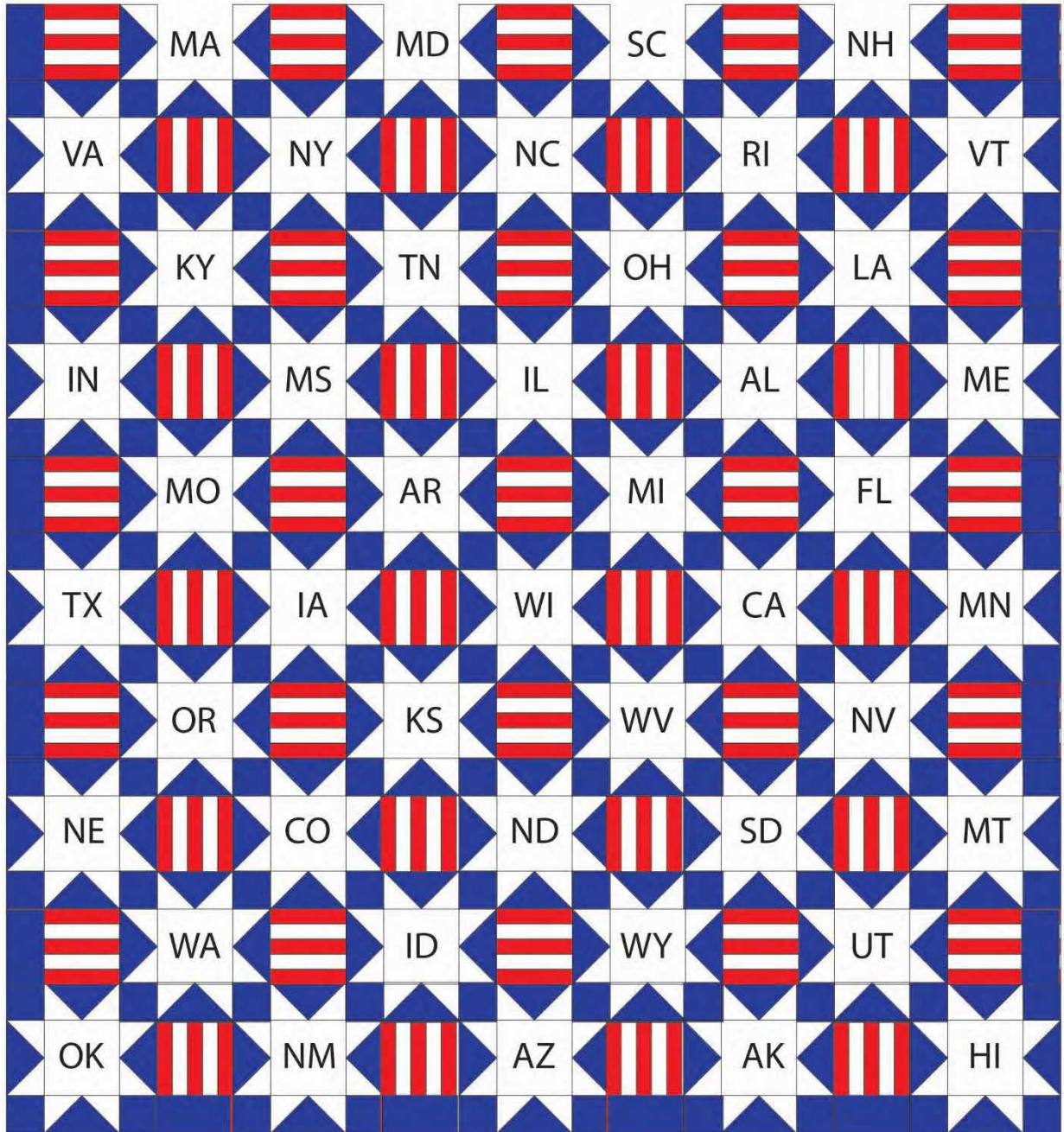
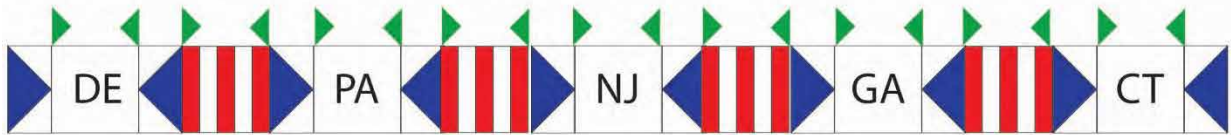
**Assembly:**

Gather the stripe blocks, embroidered state blocks, cornerstone blocks (C), flying geese units, and border rectangles (E). Assemble in rows as shown on the following page: the first three rows are broken out for you. Pressing is shown with the green arrows; always press toward the (C) cornerstones on the sashing rows and press toward the stripe and embroidered blocks on the wider rows. We added our states to the quilt in the order they were admitted to the union; postal service abbreviations are used on the diagram. You may stitch your state blocks alphabetically, or any other arrangement of your choosing. Note that some of

the rows have the strip blocks arranged vertically, and some are arranged horizontally. Each row measures 3" x 70-1/2" or 5-1/2" x 70-1/2" when completed. There are 23 rows in all.

When all rows are assembled, stitch them together, matching seams. For borders, stitch the sides first, then add the top and bottom. Quilt and bind as desired.





*For the 6" size blocks trim them to 6-1/2" x 6-1/2" and simply sew them together with sashing in between to make a large quilt. You might also add some star and stripe blocks for a larger size. Or just make one block, add a patriotic novelty print as a border for placemats or a pillow. Stitch up states with special meaning to you for a table runner, or use bride and groom's states of origin for a special wedding gift—the possibilities are endless.*

*Thanks for joining us!*

*Post your creations to our private Facebook group, or on Instagram with the hashtag #carefreehighways*



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