

# **Me and My Sister Designs**

33 x 35 inches

## **Fabric Requirements...**

1¼ yards white for blocks and border 1/8 yard each pink, purple, turquoise, and orange for blocks (#22126 colors 11, 12, 13, and 14) % yard purple for binding (#22120-12) 1¼ yard for backing (#22126-18)

### Embroidery floss:

1 skein **each** pink DMC# 957 & 956 purple DMC# 210 & 155 turquoise DMC# 3846 & 3844 orange DMC# 3856 & 741 green DMC# 907 & 703 yellow DMC# 745 & 743

*Yardage is based on 40 - inch wide fabric.* 

## **Cutting Instructions...**

#### **Blocks**

From each pink purple, turquoise, and orange for blocks:

• Cut 1, 1½ x 40 - inch strip From this strip cut 2,  $1\frac{1}{2} \times 6\frac{1}{2}$  - inch rectangles 2,  $1\frac{1}{2} \times 8\frac{1}{2}$  - inch rectangles

#### From white for blocks:

• Cut 1, 8½ x 40 - inch strip From this strip cut  $4, 8\frac{1}{2} \times 8\frac{1}{2}$  - inch squares

#### **Border**

From white for border:

- Cut 1, 8¾ x 40 inch strip From this strip cut  $2, 8\% \times 16\%$  - inch side borders
- Cut 2, 9¾ x 40 inch strips From these strips cut 2, 9¾ x 33 - inch top and bottom borders

### Binding

From purple for binding:

• Cut 4, 2¼ x 40 - inch strips

## Piecing...

*Use* ¼ - inch seam allowance throughout, a small stitch length, and press seams open.

#### **Blocks**

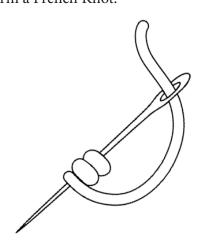
- Center and trace the embroidery pattern onto the right side of each 8½ x 8½ - inch white square.
- Embroider the flower petals using 3 rows of stem stitch. Use the lighter color embroidery floss for the dashed lines inside and the darker color for the outer solid lines.



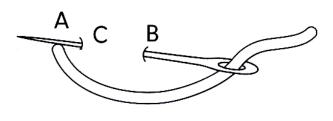
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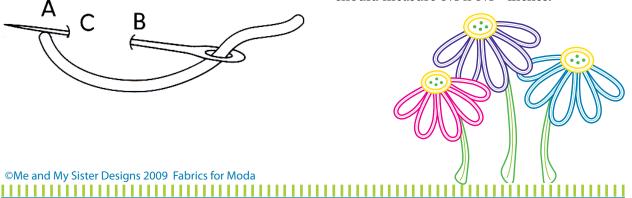
- Make four blocks...one for each color... light pink with dark pink light purple with dark purple, light turquoise with dark turquoise, and light orange with dark orange.
- Embroider the flower center outlines using the stem stitch. Use a lighter yellow for the dashed lines and darker yellow for the solid lines in each flower block.
- Use french knots for the flower centers. These will always be light green.
- Embroider the flower stems using the stem stitch. Use a lighter green for the dashed lines and darker for the solid lines in each flower block.
- To Stem Stitch... Divide embroidery floss into a 3 strand workable length. Thread needle and knot end. Pull needle from back to front at point A. Insert it back into the fabric at point B, about 1/8 - inch away from point A. Holding floss out of the way, bring needle back up at point C and pull floss through so that it lies flat against the fabric. The distances between points A, B, and C should be equal. Pull gently and with equal tension after each stitch.

• To French Knot... Divide embroidery floss into a 3 strand workable length. Thread needle and knot end. Pull needle from back to front. Wrap thread around needle two or three times and re-insert needle directly next to starting point. Pull gently to form a French Knot.



- After completing embroidery...center and trim each flower block to measure  $6\frac{1}{2} \times 6\frac{1}{2}$  - inches.
- Sew a 1½ x 6½ inch pink rectangle to opposite sides of the pink embroidered flower square.
- Sew a 1½ x 8½ inch pink rectangle to the top and bottom.
- Repeat with the purple, turquoise, and orange embroidered squares. Blocks should measure 8½ x 8½ - inches.







• Referring to the quilt photo, arrange and sew the four flower blocks into the quilt center. Quilt center should measure 16½ x 16½ - inches

### **Borders**

- Sew a  $8\frac{3}{4}$  x  $16\frac{1}{2}$  inch white border to each side of the quilt center.
- Sew a 9¾ x 33 inch white border to the top and bottom of the quilt center.

# Finishing...

• Layer, baste, hand or machine quilt, trim, and add binding.

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