

Me and My Sister Designs

Easy Table Runner

16 x 50 inches



Fabric Requirements...

- 25, 2½ x 12½ - inch rectangles
- 1½ yards print for table runner back and sides
- 1½ yards fusible fleece for interfacing...
Pellon 987F
- Stitch Witchery regular ⅝ - inch...
Dritz item #222

Yardage is based on 40 - inch wide fabric.

Cutting Instructions...

- From print for back and sides:
Cut 1, 20½ x 50½ - inch rectangle
- From fusible fleece for interfacing:
Cut 1, 16 x 50 - inch rectangle
- From Stitch Witchery:
Cut 3, 48 - inch strips

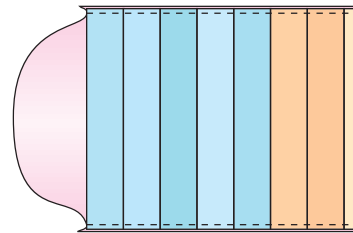
Table Runner Assembly...

Use ¼ - inch seam allowance throughout, a small stitch length, and press seams open.

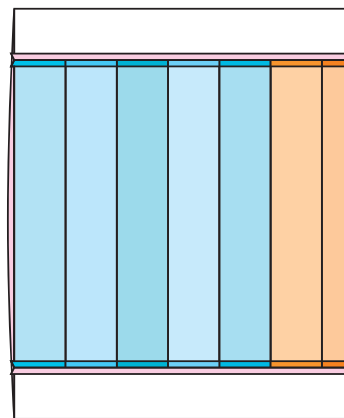
- Arrange and sew the 25, 2½ x 12½ - inch rectangles side to side lengthwise to make the center panel. Center panel measures 12½ x 50½- inches.



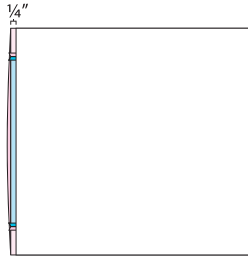
- With right sides facing, sew each side of the center panel lengthwise to the back and sides fabric creating a tube.



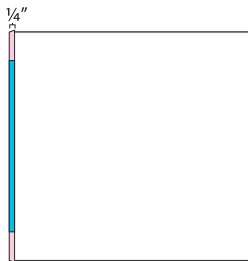
- Before turning the table runner tube right side out, position the center panel so that it is in the middle and an equal amount of the body fabric, approximately 2 inches, lies on each side of the center panel and press.



- Center the fusible fleece onto the wrong side of the center panel and leave a $\frac{1}{4}$ - inch unfused area at each end of the tube. Trim fusible fleece so that there is no overhang along the two long sides.



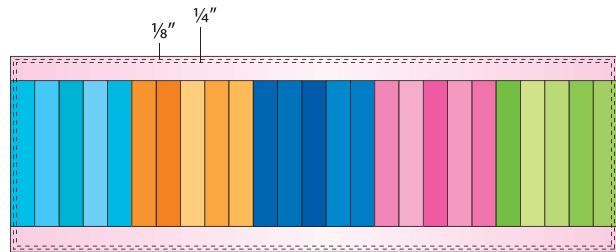
- According to the manufacturer's instructions, fuse the fleece onto the wrong side of the table runner.
- Fold the unfused $\frac{1}{4}$ - inch of center panel onto the interfacing and press. Continue folding the fabric in $\frac{1}{4}$ - inch and press the wrong sides together around both ends of the table runner tube.



- Turn the tube right side out and carefully press. Straighten any edges and smooth out any wrinkles as you go. This pressing creates the sides of your tablerunner. Be sure to press well using a steam iron.

- Insert 1 of the stitch witchery strips lengthwise down the center and inside the tube between the fabric layers. Place the remaining 2 strips evenly between the center stitch witchery strip and the edges of the table runner. Smooth and press well according to the manufacturers instructions. Wrong sides are now fused together. This will hold the fabric layers in place and prevent puckering.

- Align and pin the open ends of the table runner together. Topstitch an $\frac{1}{8}$ - inch in from the edge and again at a $\frac{1}{4}$ - inch around all four side of the table runner. Placing a few additional pins along the long sides of the table runner will help keep your edges sharp and keep them from slipping.



Finishing...

- Quilt as desired or add a line of topstitching $\frac{1}{4}$ - inch out from each of the center panel seams.

