



### 1. 'How to Lose 20+ Pounds a Week' Program

**Step 1** Pour one packet of **Eleotin® Cleanse and Detox** into one cup of warm water, tomato juice or V-8 juice. Stir until it dissolves and drink.

**Step 2** Use at least one to two packets per day for a minimum of 30 days to see full benefits of the program.

\* Drink lots of water and participate in adequate exercise.


### 2. Four Week Permanent Weight Loss Program

**First Two Weeks** Cleansing and Detoxification Period

- **With Breakfast:** Consume one packet of **Eleotin® Cleanse and Detox** poured in a glass of warm water.
- **Between Breakfast and Lunch:** one cup of M formula tea (grey packets of **Eleotin® Mb Pre-brewed Tea**)
- **Between Lunch and Supper:** one cup of the M formula tea
- **At Bedtime:** one cup of the M formula tea

**Second Two Weeks** Nourishment Period

- **With Breakfast:** one cup of the B formula tea (white packets of **Eleotin® Mb Pre-brewed Tea**)
- **Between Lunch and Supper:** one cup of the B formula tea
- **At Bedtime:** one cup of the B formula tea



### 3. Kevin Trudeau's "The Weight Loss Cures They Don't Want You to Know About"

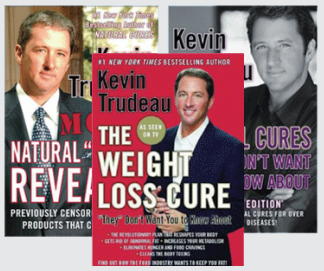
Mix one packet of **Eleotin® Mb Pre-brewed Tea** with three cups of hot (not boiling) water. Stir and allow steeping for a few minutes. Then drink, store in the fridge accordingly. Alternate M formula and B formula each day. For example,

**First Day** M formula Tea (white packet)

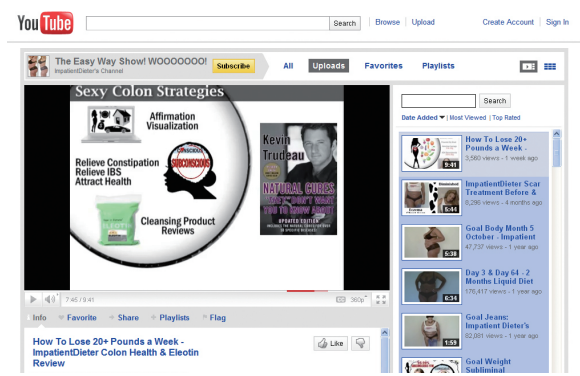
- **With Breakfast:** one cup of the M formula tea
- **Between Lunch and Supper:** one cup of the M formula tea
- **At Bedtime:** one cup of the M formula tea

**Second Day** B formula tea (grey packet)

- **With Breakfast:** one cup of the B formula tea
- **Between Lunch and Supper:** one cup of the B formula tea
- **At Bedtime:** one cup of B formula tea



# New Detox-Weight Loss Programs



Recently, many new breakthrough detoxification-weight loss programs with revolutionary effects were invented. Just to name a few,

#### 1) How to Lose 20+ Pounds a Week, Colon Health & Eleotin Review

It was posted on Youtube by the user ID 'ImpatientDieter,' a popular weight loss instructor. It uses **Eleotin® Cleanse and Detox**. For more details, see page 4 of this pamphlet or visit [www.youtube.com/user/ImpatientDieter#p/u/0/MXKjQjSMvZ8](http://www.youtube.com/user/ImpatientDieter#p/u/0/MXKjQjSMvZ8)

#### 2) Four Week Permanent Weight Loss Program

This program was developed by two nutritionists in Canada. This program uses **Eleotin® Cleanse and Detox** and **Eleotin® Mb Pre-brewed Tea** to attain permanent improvement in metabolism and to avoid Yo-Yo syndrome. They claim that this program will reshape the body and increase your energy permanently. These nutritionists claim that they have 20,000 followers. For details see page 4 of this pamphlet.

#### 3) Kevin Trudeau's Famous "The Weight Loss Cures They Don't Want You to Know About"

Kevin Trudeau himself used this program along with many doctors around the world. He used to weigh over 240 lbs and lost 60 lbs to lean 180 lbs in 90 days. This program uses **Eleotin® Mb Pre-brewed Tea**

The #1 New York Times best seller author confesses that this new revolutionary program is all natural, effortless weight loss discovery and cure for obesity that will eliminate food cravings, burn fat deposits in all problem areas and keep excess weight off forever. "You will lose inches and look younger with this program in just 30 days," he added. For details, see page 4 of this pamphlet.

**How do all these programs help you?** Insulin resistance, insulin being used ineffectively, is the most important cause of the vicious cycle of obesity and eating disorder. In an overweight person, insulin becomes less effective in removing blood sugar from the blood stream into the cells. That is why **Eleotin® products**, the only known natural 100% safe booster of Insulin Effectiveness are used commonly in these successful detox-weight loss programs. (See 'Sensible Weight Control' at [www.eastwoodcompanies.com](http://www.eastwoodcompanies.com))

**Eleotin® Cleanse and Detox** is made mainly from celery and aloe vera extracts. It underwent years of researches by prestigious scientists. It cleanses and detoxifies the body and makes your fight against obesity easier without any side effects. This product safely melts or loosens hardened feces stuck on the inner walls of intestines. (See 'Cleansing Special' at [www.eastwoodcompanies.com](http://www.eastwoodcompanies.com))



◀ Kevin speaking at an event in 2006 weighing in at over 240 lbs.

▶ Kevin 90 days later at 180 lbs.