Remember...

A Child Remembers



A Write-in Memory Book for Grieving Children

By Enid Samual Traisman

This journal is about:

Born:

Died:

My name is:

A Very Special Person has Died

I want to begin this journal describing you:

Your relationship to me:
Your age:
Your hair color:
Your favorite foods:
Your favorite color:
Your hobbies:
Your favorite pet or animal:

Your favorite TV shows:		
Your favorite places:		
You were best at:		
You were awful at:		

4

Your favorite games:

About the Author

Enid Samuel Traisman, M.S.W., is a therapist specializing in bereavement and loss in Portland, Oregon. She facilitates grief support groups, conducts a part-time private practice and presents seminars to caregivers and grieving people. Enid is also the author of *I Remember*, *I Remember*, *a journal for adults*, *Fire In My Heart*, *Ice In My Veins*, *a journal for teenagers*, and *My Personal Pet Remembrance Journal*.

Special Thanks-

Special thanks to my family: David, Noah and Maya Traisman. I could not have created these without the ongoing help and support from my Centering family, especially Janet Roberts and Ben Sieff. Thank you to Louise Vance, Carol Dannen, Cathy Rauch and the other members of the Lincoln Nebraska Crisis Team for the wonderful consultations. Thank you to Helen Fitzgerald, author of *The Grieving Child*, and all the children in her groups that sent me their artwork and stories.