## How to find your strap size.

Print this page at $100 \%$. Do not scale to fit. [To make sure you printed at $100 \%$, use the scale at the bottom of the page as a reference.]

## (1)

Cut the tool with scissors. Then position the "head" where you would wear your watch. For a more accurate measurement, you can use a piece of sticky tape to hold the "head" in place.

## (2)

Wrap the tool tightly around your wrist, keeping it in place where you would wear your watch. Make sure the tool feels snug and doesn't slide up or down.

## (3)

Note the size (short, regular, long) the arrows point to.
That is your strap size.



