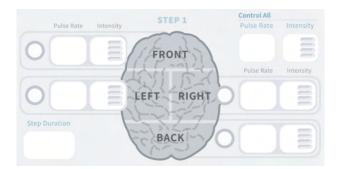
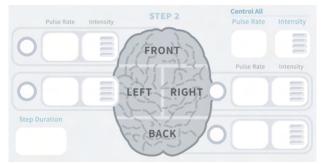
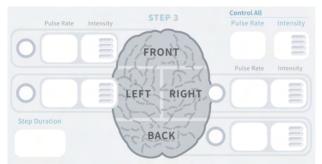
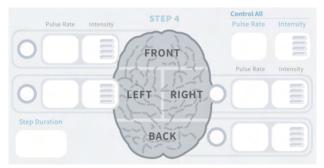
PROTOCOL NAME

Record your time, pulse rate and intensity, provided by your consultant.









PROTOCOL NAME Cycles

Record your time, pulse rate and intensity, provided by your consultant.

