

## *Triad United Swim / Float Form*

All prospective rowing participants under the age of 18 years must have a parent or guardian complete this form prior to participating in any programs or using any equipment provided by Triad United Rowing Association.

By signing this form as a parent, guardian, or life guard you are certifying that the individual named can keep afloat for ten minutes without touching the sides or bottom of the pool, and without receiving assistance of any kind from an object or another person. You further certify that this individual can do this while wearing long pants and a long sleeve shirt.

***Information below to be filled out by a parent/legal guardian or certified lifeguard only***

I, \_\_\_\_\_

Certified lifeguard or Parent/Legal Guardian of \_\_\_\_\_

\_\_\_\_\_ do hereby certify that he/she can remain afloat under his/her own power for ten minutes without touching the sides or bottom of the pool, and without receiving assistance of any kind from any object or person.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_