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**Quantem ISO/JEC 17025:2017 accreditation: A2LA
 Cert. No. 3778.01**

Certificate of Analysis

Product Name: Dr. Matthew Ashwagandha Stress Relief ASIN: B09G6K2PVT Lot#11989

Customer Name: Dr. Matthew Brand

Mfg Date: Sep-21

Serving Size: 1

Best By Date: Sep-24

Qty per bottle: 60

Powder Color: Camel

Description: Capsule

Capsule Color: Clear/Clear

Capsule Size: 00

Capsule Type: Vegetable

Completed Weight: 703 mg

PO # 2

Microorganism Testing:

Test	Method Type	Specification	Results
Total Aerobic Count	USP <2021>	< 10,000,000 cfu/g	Pass
Yeast & Mold Count	USP <2021>	< 100,000 cfu/g	Pass
Escherichia coli	USP <2022>	Absent in IOg	Pass
Salmonella spp.	USP <2022>	Absent in IOg	Pass
Staphylococcus aureus	USP <2022>	Absent in IOg	Pass
Conforms*	AOAC 989.10, AOAC 991.14	< 100 CFU/g	Pass

Heavy Metals Testing Parameters:

Test	Method Type	Result Limits	Results
Arsenic	ICP-MS	< 15 mcg/serving	Pass
Cadmium	ICP-MS	< 5 mcg/serving	Pass
Lead	ICP-MS	< 5 mcg/serving	Pass
Mercury	ICP-MS	< 15 mcg/serving	Pass

Potential Adulterant Testing Parameters (Sports Nutrition/Body Building Panel):

Test	Method Type	Result Limits	Results
4-DHEA (4-androstene-3a/B-ol-17-one)	LC-MS/MS	Not detected, < 10 mcg/g	Pass
Desmethylsibutramine	LC-MS/MS	Not detected, < 1 mcg/g	Pass
Didesmethylsibutramine	LC-MS/MS	Not detected, < 1 mcg/g	Pass
DMAA (1,3-Dimethylamylamine)	LC-MS/MS	Not detected, < 1 mcg/g	Pass
Ligandrol (LGD-4033)	LC-MS/MS	Not detected, < 1 mcg/g	Pass
Ostarine (Enobosarm)	LC-MS/MS	Not detected, < 1 mcg/g	Pass
Sibutramine	LC-MS/MS	Not detected, < 1 mcg/g	Pass

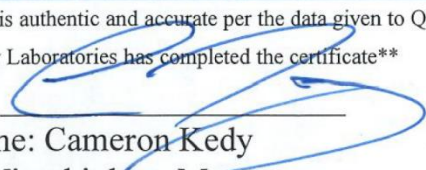
Active Ingredient	Label Claim mg/serving	Specifications mg/serving	Method	Results
Ashwagandha Extract (Withania somnifera) (root and leaf) Shoden ashwagandha (35% Withanolise glycosides) 14:1 extract	240 mg	216 - 288 mg	QBI	240 mg
Panax Ginseng (Standardized to 10% ginenosides)	100 mg	90 - 120 mg	HPLC	12.02 mg ginenosides (Pass for 10% ginenosides)
Rhodiola Rosea 4:1 Extract (3% total Rosavins, 1% Salidroside)	100 mg	90 - 120 mg	QBI	100 mg

Other Ingredients: Organic Brown Rice Protein, Vegetable Cellulose (Capsule).

Certificate Statements

I hereby certify that the above information is authentic and accurate per the data given to QFSL by the client

Quantem Food Safety Laboratories has completed the certificate**

Signature: 

Name: Cameron Kedy

Title: Microbiology Manager

This report has been developed by Quantem Food Safety Laboratories (QFSL) in Oklahoma City, OK. Quantem Food Safety Laboratories does not assume responsibility for client-supplied data. All data listed via QBI method are based on values provided by manufacturer/client and were not obtained from an independent laboratory report. Data and analysis were provided by the following labs:

QFSL Report # 1160234, 10/27/2022 *denotes methods on QFSL's scope of accreditation AFL Laboratories, Texas. Report#AFSG210910-034, 9/15/2022

ABC Testing Inc., California. Report #363051, 10/6/2022.

Eurofins, Wisconsin. Report #3890728-0, 12/1/2022

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