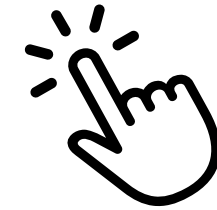


POOPING IN THE WOODS

**A presentation on personal hygiene in
the woods.**

Check what bathrooms are available.

Parks and trail systems are implementing solutions to mitigate human waste issues as parks and trails get more use.



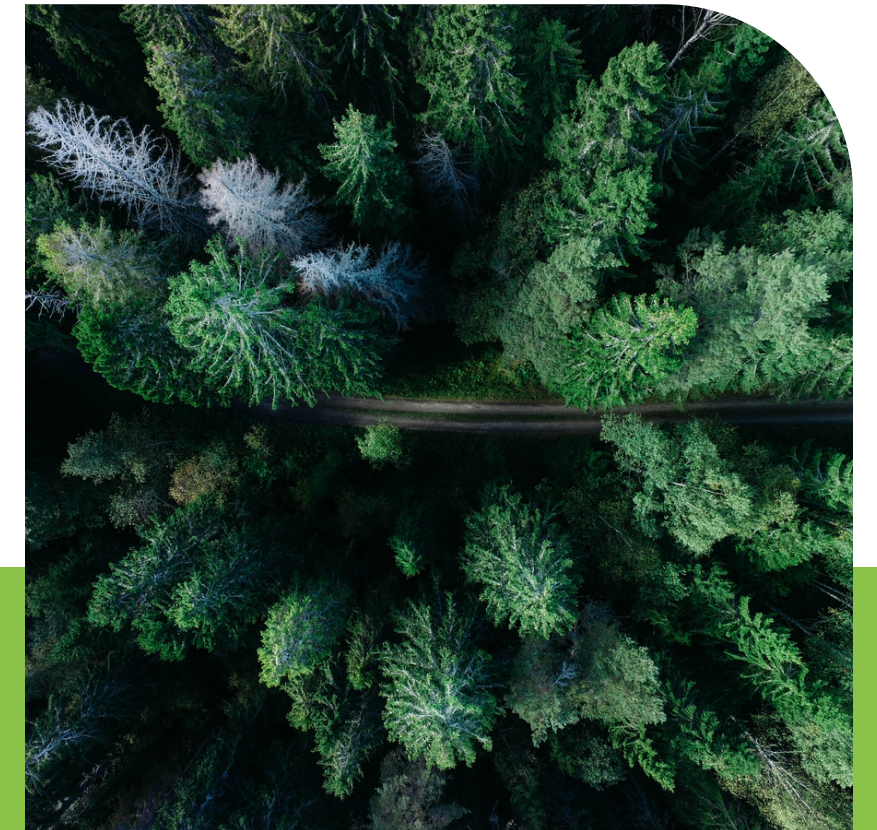
Out House

Some are at designated campsites.



Pit Toilet

Voyageurtripper.com



Backcountry

LNT guide for human waste



Be Prepared. Make your kit.

01

Trowel

02

Toilet Paper (Carry out)

03

Hand Sanitizer/Soap

Suggestions for Women

01

Funnel/SheFly Pants

02

Wipes (must carry out)

03

Bandana



When you got to go.



Find the right spot

200 ft from camp, trail, and water source



Dig

Hole should be 4 inches wide and 4 to 8 inches deep



Wipe and cover

Use very little toilet paper and brush. Pack out your toilet paper.



Hygiene

01

Hand Sanitizer

02

Be sure to wash hands with soap and water before meals.

03

Don't introduce soap, even biodegradable soap, to water sources.

04

Carryout all products. System for femanine products.

05

Waste bag systems.

