

Kindness





Give someone a compliment



Call a relative and ask them how they are



Write a thank you card for your teacher



Donate an old toy



Make a handmade gift for someone



Help with dinner



Smile to everyone you see



Write a poem for someone you love



Take your pet on a long walk



Bring someone breakfast in bed



Help with chores without being asked



Hold the door open for someone





Tell someone how much you love them



Invite a new friend to play



Share your toys



Leave a nice note for the mailman



Pick up litter



Donate to an animal shelter



Write a letter to someone you love and mail it



Leave happy notes around the house



Make someone else's lunch



Help your neighbor with their yardwork



Make someone smile



Give someone a flower





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