

# THE FIT LIST

From superpowered superfoods to BS-free activewear, green is the new black with this week's wants/needs

**1. COBRAM ESTATE LIMITED  
RELEASE FIRST HARVEST  
EXTRA VIRGIN OLIVE OIL**

\$60, [combramestate.com.au](http://combramestate.com.au)  
Crafted from olives harvested extra early and first cold pressed within four hours, this luxe oil has notes of freshly mown grass, citrus zest, marzipan and green tropical fruits.

**2. NOBULL QUILTED  
CREW PULLOVER**

\$154, [nobullproject.com](http://nobullproject.com)  
As the name suggests, all men's and women's workout gear made by this BS-free brand is high tech with function at its core.

**3. REIN SHAMPOO**

\$68, [reinmade.com](http://reinmade.com)  
Scalp-soothing hair care has never looked so good. This luxe new brand with matching conditioner hydrates hair and treats the scalp with piroctone olamine and zinc gluconate.

**4. LG CORDZERO  
HANDSTICK +  
POWER MOP VAC**

\$1600, [lg.com](http://lg.com)  
Now in limited-edition Forest Green, this vac auto-empties when clicked into its all-in-one tower and has a power-drive hot mop head to scrub stains and germs from hard floors.

**5. NEW BALANCE  
MEN'S 650 HIGH TOPS**

\$240, [newbalance.com.au](http://newbalance.com.au)  
A new silhouette for an old favourite (the wildly popular 550), these kicks are made for action both on and off court.

**6. NUTRA ORGANICS  
SUPER GREENS + REDS**

\$37, [nutraorganics.com.au](http://nutraorganics.com.au)  
This wholefood blend of 23 nourishing greens and reds supports immunity, gut wellbeing, energy, alkaline balance, antioxidant protection and more.



## Trending NOW



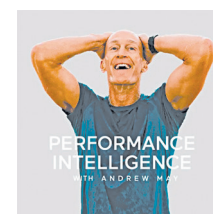
**WATCH**

Are you ready for the World Para Athletics Champs kicking off in Paris July 8? Stream live at [paralymphicsporttv](http://paralymphicsporttv) on YouTube and support our talented Aussie team led by four-time Paralympian, Madison de Rozario.



**DRINK**

It took tennis star Nick Kyrgios and Gen U Brands two years to develop all-natural, sugar-free soft drink, Alive, which has more than a million pre- and probiotics in every can; \$8 (for 4), [coles.com.au](http://coles.com.au)



**LISTEN**

Want fresh ideas to excel without burning out? Podcast *Performance Intelligence*, hosted by former athlete, author and coaching psychologist, Andrew May, is an excellent place to start.



**READ**

Bestselling author, Dr Rebecca Ray's, newest book, *Difficult People*, is a must-read to successfully navigating the tricky folk in your life; \$37, [macmillan.com.au](http://macmillan.com.au)