



Kit Box



**Urine Collection
Cup**



**Biohazard
Bag**



**Pre-Labeled
Mailer**

Please only use the provided collection kit contents.
Use of other collection materials may result in sample contamination.

First things first.

1. Activate your kit

Visit millionmarker.com/activate
Activate using your unique kit ID
number on the box.

2. Complete your survey

Complete your survey by down-
loading the Million Marker App,
available in both iOS and Android.

Now, let's collect your sample.



1. Good morning!
When you FIRST get
up, wash hands with
water and air dry.



5. Place the cup
into the bio-
hazard bag and
seal the top.



2. Remove the cap of
the collection cup. Do
not touch the inside
of the cap or the cup,
and do not let the
inside of the cap
contact any surface.



6. Place the
biohazard bag
with the cup into
the cup insert.
Make sure the
cup is upright.



3. Start urinating into
the toilet, then move
the cup into the urine
stream to collect the
sample. This is to
ensure a clean catch.
Fill the cup ½ full.



7. Close the box
and put the box
into the pre-
labeled mailer.



4. Screw on the cap
tightly.



8. Drop your sample
off at your nearest
FedEx location
during **Monday
through Thursday.**