

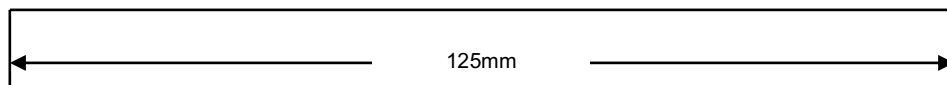
To help you in finding your ring size, use an existing ring that fits you well. Match the inside of that ring with one of the circles below. When your ring has been placed on the right size, you should see only the pink circle – with no white space inside your ring.






















Don't have an existing ring or measuring another finger? You can use a thin measuring tape or a non-stretchable ribbon or cord.

1. Wrap it comfortably around the desired finger, close to the knuckle.
2. Using a pen or marker, mark the spot where the ribbon overlaps.
3. Unwrap the ribbon.
4. Take a ruler and measure between both marks on the ribbon in millimetres. Match it with the circumference measure below. to match your size with the chart above.
However, this is not advisable because it will only give you an approximate reading.

If you are still unsure of your ring size, you can also visit a jeweller who will correctly size you.

Note: 1. Prior to printing, ensure that page scaling is set to "None" in the print dialog box.
2. Measure the scale bar on the left to ensure it is exactly 125mm long.
If the measurement is not accurate, check that you are printing the page at full size and reprint before continuing.



							
J ½ 49.3mm	K 50mm	K ½ 50.6mm	L 51.2mm	L ½ 51.9mm	M 52.5mm	M ½ 53.1mm	N 53.8mm
							
N ½ 54.4mm	O 55.1mm	O ½ 55.7mm	P 56.3mm	P ½ 57.0mm	Q 57.6mm	Q ½ 58.3mm	R 58.9mm
							
R ½ 59.5mm	S 60.2mm	S ½ 60.8mm	T 61.4mm	T ½ 62.1mm			

Circumference (mm)	Diameter (mm)	Europe	UK & Australia	USA & Canada	China	Singapore & Japan	Hong Kong	Switzerland
44.2	14.1	44	F ½	3	6	4	6	4
44.8	14.3	45	G			5		5 ¼
45.5	14.5		G ½	3 ½	7		7.5	
46.1	14.7	46	H			6		6 ½
46.8	14.9	47	H ½	4	8	7	9	
47.4	15.1		I		9			7 ¾
48.0	15.3	48	I ½	4 ½		8	10	
48.7	15.5		J					9
49.3	15.7	49	J ½	5	10	9	11	
50.0	15.9	50	K					10
50.6	16.1		K ½	5 ½	11	10	12	
51.2	16.3	51	L					11 ¾
51.9	16.5	52	L ½	6	12	11	13	12 ¾
52.5	16.7		M		13	12		
53.1	16.9	53	M ½	6 ½		13	14.5	14
53.8	17.1		N		14			
54.4	17.3	54	N ½	7		14	16	15 ¼
55.1	17.5	55	O		15			
55.7	17.7		O ½	7 ½		15	17	16 ½
56.3	17.9	56	P		16			
57.0	18.1	57	P ½	8	17	16		17 ¾
57.2	18.2						18	
56.7	18.3		Q					
58.3	18.5	58	Q ½	8 ½	18	17	19	
58.9	18.8	59	R					19
59.5	19.0		R ½	9	19	18	20.5	
60.2	19.2	60	S		20			20 ¼
60.8	19.4	61	S ½	9 ½		19	22	
61.4	19.6		T		21			21 ½
62.1	19.8	62	T ½	10		20	23	
62.7	20.0		U		22	21		
63.4	20.2	63	U ½	10 ½		22	24	22 ¾
64.0	20.4	64	V		23			
64.6	20.6		V ½	11		23	25	
65.3	20.8	65	W		24			25
65.9	21.0	66	W ½	11 ½	25	24	26	
66.6	21.2		X					
67.2	21.4	67	X ½	12	26	25	27.75	27 ½
67.8	21.6		Y					
68.5	21.8	68	Z	12 ½		26		28 ¾
69.1	22.0	69	Z ½					
69.7	22.2	70		13		27	30	
70.4	22.4		Z+1					
71.0	22.6		Z+2	13 ½				