

Working with the Creation Waves

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It all began with the big bang when the first creation wave exploded from the Source. That Wave or underworld, as described by the Maya, lasted 15-16 billion years. During that vast timespan, the Earth settled into roughly its present form, and single-cell organisms came into being. In the pyramid-shaped time sequence of the long count calendar, each subsequent Wave lasted a twenty times shorter period and brought into being:

- The first animals (820 million years ago)
- The first primates (40 million years ago)
- The first humans (2 million years ago)

Since then, the changes in waves and the many detailed lesser cycles within the waves coincide with the development of human culture over time. The most telling of these are the changes from 'spiritual' Day to 'spiritual' Night, which happen halfway through a wave. Major civilisations and cultural developments have consistently arisen during the Days and fallen during the Nights when integration and recalibration occur.

On 28 October 2011, all nine waves of creation synchronised and shifted into Night phases for the first time in the Universe's history. If not the end of the world, that certainly would suggest a time of massive change. Transformation on planet Earth had begun. On different levels of our beings, we live immersed in all the waves which continue in their creative cycles. The four lower waves are in a frequency range that is morphogenetic or biological, while the four highest waves are in the frequency range that may be termed mental. The Fifth Wave at the boundary between these two frequency ranges has qualities typical of both. As the waves interact, they form holograms that create new realities on all levels of the Universe, from galaxies to earthly bodies and human minds. The sides of the globe and the human mind and brain receiving light at the beginning of a wave are thus creatively activated. This activation has had significant consequences in developing human consciousness and civilisation.

At the end of the unified Fifth Wave, the polarised Sixth Wave came in, highlighting the Left and Western hemispheres of the planet, the human brain and the global mind. The separation from the One Source and emphasis on left-brain functioning acutely felt, creating fear-filled insecurity and a need to control and dominate. So began the patriarchal age and many of its 'evils'. The suppression of the Divine Feminine and subjugation of women was at the root, coinciding with the beginning of slavery and war worldwide. We are all intimately connected in the energetic mind field of humanity and the planet. We now know that individual consciousness, thoughts, emotions, and actions can profoundly affect the collective consciousness or global mind. So how do we experience and work with the Creation Waves on the inner level of our beings? How can we bring positive, creative responses to the waves and let go of or transmute destructive reactions? Here are some suggestions:

The FIFTH – The Wave of Natural Enlightenment, of tuning into our natural, instinctual wholeness, of reclaiming our embodiment on planet Earth.

Cultivate Embodied Presence through Somatic meditations which work with the body rather than the thinking mind." Somatic meditation is a way to tune into our bodily naturally quiet, luminous, loving awareness. We can discover that this embodied presence is the domain of healing and realisation.

<http://www.originalnature.co.nz>

Spend time in Nature – with plants, animals, rocks, the ocean, streams and rivers, mountains, volcanos and thermal areas, tuning into the complex yet harmonious workings of our bodies and the intricate, interrelated ecosystems of Earth body Gaia. Reference: Spontaneous Evolution by Bruce Lipton and Steve Bhaerman. Tend a garden, sow seeds and watch what happens. Save seeds. We need to reconnect with "the anima mundi – the intrinsic connection between all living things on the planet. This world soul relates to our world in much the same way our souls connect with our human bodies".

https://en.wikipedia.org/wiki/Anima_mundi

Spiritual body/mind practices such as Tai chi, tantric yoga, dance, surfing, and walking barefoot on the Earth are all good. Mindfully done, these practices bring us back into our bodies and in touch with our spiritual wholeness. Many indigenous cultures worldwide have maintained their rituals, ceremonies and 'shamanistic' practices that put them in touch with energies that exist beyond material form in what is now known as the Field.

The time has come (often as prophesied) for sharing many of these practices. Groups form to revive and practice these ancient ceremonies that nourish and heal our spirits and Mother Earth. Everything can be shared on internet media now so we can learn about and participate with large numbers of incarnated souls, at a distance or in groups in our own Earth neighbourhood.

The SIXTH – *Yang, Left Brain, the Western hemisphere of Earth, Global Mind*
Shifts between Night and Day occur every 394 years (the whole period is 788 years). The Sixth Wave rolled in 3115BCE. The Sixth Wave hologram, focusing light on Earth's western hemisphere and humanity's left brain, produced a dualistic mindset, activating the rational instead of the instinctual intuitive mind. In turn, this inspired the creation of 'civilisations' across the globe, with a subsequent explosion during the Day periods of mathematical understanding, science, physics and religion. At the same time, the felt separation from Source created by the dualistic mind engendered great fear and a need to control the environment, now regarded as more threatening than nurturing.

Carl Calleman has called this "the hologram of good and evil" (The Nine Waves of Creation chapters 4 & 5). Fear led to the development of a pattern of dominance rooted in the suppression of knowledge of the Divine Feminine and the subjugation of women, and the advent of war, slavery and the multiple 'evils' still ongoing in our present age. Working with this Wave is about transmuting inner fear-filled programming that keeps us locked into patriarchal ways of believing and being.

On an emotional and psychological level, it is about letting go of the need to analyse, define, categorise and control. It means finding ways to change adversarial social and political patterns so they do not feed further dualistic

polarised thinking. Watch for all tendencies to label and judge, releasing outer projections and working/playing with inner shadows. A good dose of humour can help defuse the intensity of trying to get it right!

The SEVENTH – *The Wave of Natural Endarkenment*

This twenty times higher frequency wave activated in 1755CE has a period (a complete Day-Night cycle) of 39.4 years. Shifts between Days and Nights take place every 19.7 years. These are thus the first Day/Night wave shifts that we can consciously experience changing as they happen several times during most lifetimes. We can anticipate the Seventh Wave shifting from Night to Day in 2030. The dark hologram of the Seventh Wave following the light hologram of the Fifth and left brain hologram of the Sixth waves created new vibrations, an opportunity for humanity to perceive the world in new ways. It was a time of the so-called Enlightenment, the Renaissance, the Scientific Revolution, the advent of materialism, globalisation, democracy and republics, and atheistic and egalitarian thinking. The drive for the abolition of slavery and an early Wave of Feminism began.

It would seem these movements were towards a more holistic and unified way of being, and in many ways, they were. So what was missing? Why didn't this Wave produce a final unifying consciousness? Perhaps self-reflection was missing. The drives were mainly focused outwards, possibly fleeing the darkness and shadows within. Working with the Dark Seventh Wave means reclaiming the Night. It means working with death, our fears, our losses and our grieving processes. It means creating new/old organic and holistic rituals and ways of being around dying and death. It means embracing all the comfort, mysteries and wonders of the Dark Goddess and her gifts of rest, dreams and renewal. Work/play with dreams and visions, especially of Utopian worlds, sorting real spiritual vision from illusion and escapist fantasy. Keep a dream journal and express creatively in all forms of art.

The EIGHTH – *Yin, Right Brain, Eastern hemisphere of Earth, Global Mind*

The Eighth Wave emphasises the opposite hemisphere to the Sixth Wave (Yin and East as opposed to Yang and West). We can understand much of what has occurred since the activation of the Eighth Wave in 1999 as attempts to balance the societal extremes created in response to the Sixth Wave. The insightful book "The Alphabet versus the Goddess" by Leonard Shlain tells of the artificially, humanly created (as opposed to organic and natural) conflict between Yin and Yang, Divine Feminine and Divine Masculine, over the centuries. Living and working with the Eighth Wave suggests conscious awakening, learning a middle way that does not flip to the other extreme. We especially need to work on sorting the positive and negative effects of the digital technology revolution. In supporting and furthering the ongoing empowerment of women, especially women's leadership, it is vital to reclaim the Divine Feminine within and put Her out there.

Be artistically creative just for the sake of experiencing the insights this brings rather than for any financial or repetitional gain. Work/play with Music and primordial Sound. Ancient wisdom becomes more and more available for the 'enlightenment' of all through the sharing of internet technology. Mantra chanting and meditation are powerful in shifting energies in the physical body, the chakras, the collective Field and the body of Earth. Technological Sound innovations, aiming to entrain the brain into specific beneficial wavelengths and patterns, are now available to all who can access the internet. Through listening to these brain entrainments, it is now possible to enter deep states of meditation and relaxation previously only achieved by very longtime meditators.

<https://brainworksneurotherapy.com/what-brainwave-entrainment>

The NINTH – *The Wave of Conscious Enlightenment, Unified Awareness*

When the Ninth Wave rolled in, in 2011, it presented the potential to get back in touch with the Source consciously. Unity Consciousness now incorporates all that humanity has experienced and learnt through living immersed in the wave energies that have animated our beings since the last hologram of light emerged during the Fifth Wave. The Ninth Wave has a very high frequency, with Day and Night changes occurring every 18 days. For a Ninth Wave chart for 2022 and guidance

on how to work/play with the Ninth Wave, download the 2022 and 2023 Ninth Wave Chart and Mayan Calendar Update from <https://www.mooncalendar.co.nz/mayan-calendar.html>

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