

Below knee bandaging
for leg ulcer management

Rosidal® K



Rosidal® K	PIP Codes	Hospital Codes
4cm x 5m	305-1786	-
6cm x 5m	214-5928	EBA057
8cm x 5m	214-5910	EBA058
10cm x 5m	214-5902	EBA040
10cm x 10m	305-1794	-
12cm x 5m	214-5894	EBA059

Cellona®



Cellona® Undercast Padding	PIP Codes	Hospital Codes
5cm x 2.75m	214-5845	EPE026
7.5cm x 2.75m	214-5852	EPA036
10cm x 2.75m	214-5860	EPA035
15cm x 2.75m	214-5878	EPE027

Rosidal® K

Prescriber's Guide

Short stretch compression system for effective treatment of venous ulceration **with** or **without** chronic oedema

Key Benefits:

- reusable
- cost-effective
- easy to apply
- safe to use – applied at full tension so no guesswork
- 100% cotton – suitable for use on patients with latex intolerance

Precautions

ABPI <0.8 – Rosidal® K compression therapy should only be used under strict medical or vascular specialist supervision.

Not suitable for ankle circumference of less than 18cm unless padding is used to increase the ankle circumference to 18cm or more.

A full holistic assessment, including Doppler, should be carried out before treatment.

Indications

Rosidal® K Short Stretch Compression bandage system can be used for:

- venous leg ulcers (VLU) with or without chronic oedema
- chronic oedema and lymphoedema
- mobile and immobile patients

ABPI >0.8 - 1.2 Rosidal® K compression therapy can be applied. If ABPI is >1.2 further investigation is required before Rosidal® K is applied (please refer to local guidelines).

As with all compression systems, caution is required when:

- cardiac overload is suspected
- patients have diabetes
- patients have advanced small vessel disease
- arterial disease is present
- renal failure is present

Following application, if the patient shows signs of pain, reduced colour or numbness on their extremities distal to the bandage, then it should be removed immediately.

As with all compression bandage systems, training on the correct application of Rosidal® K is recommended.



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Application technique for Rosidal® K in leg ulcer management

For ankle circumferences less than 18 cm apply enough Cellona® padding to bring the ankle measurement between 18-25cm

Step 1

Measure the ankle. Reshape/protect the limb (if necessary) by applying Cellona® padding.

Secure padding with two turns at the base of the toes and with a figure of eight at the ankle before using a 50% overlap spiral up the leg to 2cm below the knee/popliteal fossa. Re-measure the ankle.

With an ankle circumference of 18-25cm after padding

Step 2

Before applying Rosidal® K 10cm check that the foot is correctly positioned 'toes to nose' to maximise ankle movement.

Hold Rosidal® K with tension and apply two turns from the base of the toes. Roll Rosidal® K across the dorsum keeping tension. (An extra turn may be required in the middle of a long foot).

Step 3

Enclose the ankle and heel with a figure of eight.

Step 4

Start to spiral up the leg with a 50% overlap, ensuring you apply the Rosidal® K locked out at full stretch from the ankle up the limb.

Step 5

Finish the Rosidal® K 3cm below the popliteal fossa. Wrap any excess bandage without tension down the leg. Finish by taping the bandage to secure.

With an ankle circumference more than 25cm after padding

Step 6

Apply a second Rosidal® K 10cm in the opposite direction. Secure with two turns with tension over the ankle and on the third turn follow the method as in steps 4 and 5 ensuring the bandage is locked out at full tension. Wrap any excess bandage without tension down the leg. Finish by taping the bandage to secure.

