Package leaflet: Information for the user

### Ibuprofen 200 mg filmcoated tablets Ibuprofen 400 mg filmcoated tablets

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours. If you get any side effects, talk to your
- doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4. What is in this leaflet

### 1. What Ibuprofen is and what it is used for

- 2. What you need to know before you take
- Ibuprofen How to take Ibuprofen
- Possible side effects
- How to store Ibuprofen
- Contents of the pack and other information
- 1. What Ibuprofen is and what it is used for

### Ibuprofen belongs to a group of medicines called NSAID (non-steroidal anti- inflammatory

drugs) which work by reducing pain, inflammation and fever. Ibuprofen is used for the symptomatic treatment of mild to moderate pain including migraine

headache period pain and/or fever. In addition, Ibuprofen is used for the symptomatic treatment of pain and inflammation in arthritic diseases (e.g. rheumatoid arthritis), degenerative arthritic conditions (e.g. osteoarthritis) and in painful swelling and inflammation aftersoft tissues injuries. What you need to know before you take lbuprofen

### Do not take Ibuprofen: if you are allergic to ibuprofen or any of the

- other ingredients of this medicine (listed in if you have had allergic reactions such
- as asthma, runny nose, itchy skin rash or swelling of the lips, face, tongue, or throat after you have taken medicines containing acetylsalicylic acid (such as aspirin) or other drugs for pain and inflammation (NSAIDs). if you have suffered from gastrointestinal bleeding or perforation related to previous
- use of drugs for pain and inflammation (NSAIDs) if you are suffering from an ulcer or bleeding in the stomach or small intestine (duodenum) or if you have had two or more
- if you suffer from severe liver, kidney or heart problems if you are in the last 3 months of pregnancy

of these episodes in the past

- if you are suffering from significant dehydration (caused by vomiting, diarrhoea
- or insufficient fluid intake) if you have any active bleeding (including in the brain)
- if you suffer from a condition of unknown origin resulting in abnormal formation of blood cells
- Do not give Ibuprofen to children below 20 kg body weight or younger than 6 years.

Warnings and precautions Talk to your doctor before taking Ibuprofen if you have Systemic Lupus erythematosus

### (SLE) or mixed connective tissue diseases

if you have inherited a disorder of the red blood pigment haemoglobin (porphyria)

- if you have chronic inflammatory intestinal diseases such as inflammation of the colon with ulcers (ulcerative colitis), inflammation
- affecting the digestive tract (Crohn's disease) or other stomach or intestinal if you have disturbances in the formation of blood cells if you have problems with normal blood clotting mechanism
- asthma, chronic swelling of nasal mucosa, sinuses, adenoids, or chronic obstructive disorders of the respiratory tract because the risk for developing narrowing of

if you suffer from allergies, hay fever,

- the airways with difficulty in breathing (bronchospasm) is greater if you have liver, kidney, or heart problems if you have just had major surgery if you are in the first six months of
  - if you are breast-feeding if you have an infection - please see heading "Infections" below
  - Infections Ibuprofen may hide signs of

infections such as fever and pain. It

# is therefore possible that Ibuprofen

Elderly

pregnancy

caused by bacteria and bacterial skin infections related to chickenpox. If you take this medicine while you have an infection and your symptoms of the infection persist or worsen, consult a doctor without delay. If you are elderly you will be more prone to side effects, especially bleeding and perforation in the digestive tract, which may be fatal. Ulcers, perforation and bleeding in the stomach If you have earlier had an ulcer in the stomach

This is because the risk for bleeding or ulceration of the digestive tract is higher in this case, especially in elderly patients. If bleeding or ulceration of the digestive tract occurs, the treatment has to be stopped. Bleeding, ulceration or perforation in the stomach or intestines may occur without any warning signs even in patients who have never had such problems before. It may also be fatal. The risk of ulcers, perforation or bleeding in the stomach or intestines generally increases with higher doses of ibuprofen. The risk also increases if certain other medicines are taken

symptoms occur at the beginning of treatment.

using the lowest effective dose for the shortest duration necessary to control symptoms. Skin reactions Serious skin reactions have been reported

Undesirable effects may be minimised by

membranes, blisters or other signs of allergy since this can be the first signs of a very serious skin reaction. See section 4. During varicella it is advisable to avoid use of this drug Effects on the heart and brain

increased risk of heart attack or stroke, particularly when used at high doses. Do not exceed the recommended dose or duration of

- doctor or pharmacist before taking Ibuprofen if have heart problems including heart failure, angina (chest pain), or if you have had a heart attack, bypass surgery, peripheral artery disease (poor circulation in the legs or feet due to narrow or blocked arteries), or any kind of stroke (including 'mini-stroke' or
- transient ischaemic attack "TIA"). have high blood pressure, diabetes, high cholesterol, or have a family history of heart disease or stroke, or if you are a smoker.

Effects on the kidneys Ibuprofen may cause problems with kidney function even in patients who have not had swelling of the legs and may even lead to heart failure or high blood pressure in predisposed

may delay appropriate treatment of infection, which may lead to an increased risk of complications. This has been observed in pneumonia

or intestines, especially if this has been complicated by perforation or accompanied by bleeding, you should look out for any unusual symptoms in the abdomen, and report them at once to your doctor, especially if these

at the same time as ibuprofen (see other medicines and ibuprofen, below).

in association with Ibuprofen treatment. You should stop taking Ibuprofen tablet and seek medical attention immediately, if you develop any skin rash, lesions of the mucous

### Anti-inflammatory/pain-killer medicines like ibuprofen may be associated with a small

You should discuss your treatment with your

kidney problems before. This may result in individuals. Ibuprofen may cause kidney damage especially

in patients who already have kidney, heart or

liver problems, or are taking diuretics or ACE

Ibuprofen however generally leads to recovery. Aseptic meningitis (inflammation of the brain

membrane without bacterial infection) During treatment with ibuprofen, some cases of meningitis (presenting as stiff neck, headache, nausea, vomiting, fever or disorientation) have been seen. Although it is probably more likely to occur in patients with existing autoimmune disorders such as systemic lupus erythematosus or mixed connective tissue diseases, it has been reported in patients who do not have an existing long-term disease.

Other precautions Very rarely, severe acute hypersensitivity

reactions (e.g. anaphylactic shock) have been observed. Stop treatment immediately at the first signs of hypersensitivity reaction after taking Ibuprofen and tell immediately to your Ibuprofen can temporarily inhibit blood platelet

with blood clotting disorders should therefore be carefully monitored. Prolonged use of any type of pain killer for headaches can make them worse. If this

function (blood platelet aggregation). Patients

situation is experienced or suspected, stop taking ibuprofen and consult your doctor. The diagnosis of medication overuse headache (MOH) should be suspected in patients who have frequent or daily headaches despite (or because of) the regular use of headache The habitual use of painkillers may cause

kidney failure. Ibuprofen may hide the symptoms or signs of an infection (fever, pain and swelling) and temporarily prolong bleeding time.

permanent damage to the kidneys and a risk of

Ibuprofen may decrease your chance of becoming pregnant. You should inform your doctor if you are planning to become pregnant

or if you have problems becoming pregnant. Children and adolescents Ibuprofen is contraindicated in children below 20 kg body weight or younger than 6 years of

Other medicines and Ibuprofen Tell your doctor or pharmacist if you are taking,

medicines. Ibuprofen may affect or be affected by some other medicines.

- since this may increase the risk of gastrointestinal ulcers and bleeding anticoagulants (against clotting) such as
- warfarin or heparin, since the effect of the anticoagulant may be enhanced platelet aggregation inhibitors (against
- clotting) such as clopidogrel and ticlopidine methotrexate (used to treat cancer and
- auto-immune diseases)
- be enhanced phenytoin (used in prevention of the occurrence of epileptic seizures) since the
- effect of phenytoin may be enhanced lithium (used to treat depression and mania) since the effect of lithium may be enhanced
- potassium-sparing diuretics since this may lead to hyperkalaemia medicines that reduce high blood pressure

(ACE-inhibitors such as captopril, beta-

- blockers such as atenolol medicines, angiotensin-II receptor antagonists such as losartan) cholestyramine (used in the treatment of
- types of bacteria) since NSAIDs may decrease excretion of aminoglycosides
- SSRIs (medicines against depression) such as paroxetin, sertralin, citalopram as these may increase risk of gastrointestinal
- bleeding ciclosporine, tacrolimus (for immunosuppression after organ transplant) since kidney damage may occur
- mifepristone since NSAIDs can reduce the effect of mifepristone probenecid or sulfinpyrazone (for treating
- gout) since the excretion of ibuprofen may be delayed quinolone antibiotics since the risk of
- since the blood sugar levels can be affected glucocorticoids (used against inflammations)
- since this may increase the risk of gastrointestinal ulcers or bleeding bisphosphonates (used in osteoporosis, Paget's disease and to reduce high blood
- arteries of the legs or arms) baclofen (a muscle relaxant) because of elevated baclofen toxicity Gingko biloba herbal medicine (there is a
- voriconazole and fluconazole (CYP2C9 inhibitors) (used for fungal infections), since the effect of ibuprofen may increase. Reduction of the ibuprofen dose should be considered, particularly when high-dose

Some other medicines may also affect or be

affected by the treatment of Ibuprofen. You

ibuprofen is used with either voriconazole or

should therefore always seek the advice of your doctor or pharmacist before you use Ibuprofen with other medicines. Ibuprofen with alcohol Avoid alcohol since it may enhance the side effects of Ibuprofen, especially those affecting the stomach, intestines or central nervous system.

Ibuprofen must not be taken in the last 3 months of pregnancy since it may cause major heart, lung and kidney disorders in the unborn child. If used at the end of pregnancy, it may cause bleeding tendencies in both mother and child and weaken the strength of uterine

contractions delaying the onset of delivery.

pregnancy will only be prescribed by your

Treatment during the first 6 months of

doctor if clearly necessary.

Ibuprofen may make it more difficult to become pregnant. You should inform your doctor if you are planning to become pregnant or if you have problems becoming pregnant. Ibuprofen appears in breast milk in a very small amount and breastfeeding will usually not need

**Driving and using machines** Ibuprofen generally has no adverse effects on the ability to drive or operate machinery. However since at high dosage side effects such

as fatique, somnolence, vertigo (reported a common) and visual disturbances (reported as

uncommon) may be experienced, the ability

to take part actively in road traffic or operate machinery may be impaired in individual cases.

This effect is potentiated by simultaneous consumption of alcohol. Ibuprofen contain Sodium: This medicine contains less than 1 mmol sodium (23 mg) per 200 mg/ 400 mg film-coated tablets, that is to say essentially 'sodium-free'. 3. How to take Ibuprofen Always take this medicine exactly as your

duration necessary to control symptoms. The lowest effective dose should be used

The treating physician decides on the duration of treatment. In rheumatic diseases the use of Ibuprofen

can be required for a longer period. Ibuprofen is contraindicated in children below 20 kg body weight or younger than

6 years of age. (See section 2).

age (See section 3). Ibuprofen may cause kidney problems in children and adolescents who are dehydrated. have recently taken or might take any other For example: other NSAIDs\_including COX-2 inhibitors,

- digoxin (for treatment of various heart conditions) since the effect of digoxin may
- diuretics (water tablets) since the effect of the diuretics may be weakened,
- high cholesterol) aminoglycosides (medicines against certain
- zidovudine or ritanovir (used to treat patients with HIV)
- convulsions (fits) may be increased sulphonylureas (to treat type 2 diabetes)
- calcium levels) oxpentifylline ((pentoxifylline) used in the treatment of circulatory disease of the
- chance you may bleed more easily if you are taking this with ibuprofen).

fluconazole.

to be stopped during short-term treatments. If, however, longer treatment is prescribed, early

weaning should be considered.

doctor has told you. Check with your doctor or pharmacist if you are not sure. Undesirable effects may be minimised by using the lowest effective dose for the shortest

for the shortest duration necessary to relieve symptoms. If you have an infection, consult a doctor without delay if symptoms (such as fever and pain) persist or worsen (see section 2).

## Ibuprofen 200 mg film-coated tablets

The ibuprofen dose depends on the patient's age and body weight. The maximum single dose for adults should not be greater than 800 mg of ibuprofen (4 tablets). The recommended dose is:

### Mild to moderate pain and fever Adults and adolescents older than 12 years

1-2 tablets given as a single dose or 3-4 times a day with an interval of 6 hours. The maximum

daily dose should not exceed 6 tablets (1200 mg). Children 6-12 years (>20 kg):

Children 6-9 years (20-29 kg): 1 tablet 1-3 times a day with intervals of 4 to 6 hours as required. The maximum number of tablets should not exceed 3 tablets in one day.

Children 10-12 years (30-40 kg): 1 tablet 1-4 times a day with intervals of 4 to 6 hours as required. The maximum number of tablets should not exceed 4 tablets in one day

### Migraine headache Adults and adolescents older than 12 years

2 tablets given as a single dose, if necessary

2 tablets with intervals of 4 to 6 hours. The maximum daily dose should not exceed 6 tablets (1200 mg). Period pain

### Adults and adolescents over 12 years of age:

1-2 tablets 1-3 times a day, with an interval of 4-6 hours, as needed. The maximum daily dose should not be more than 6 tablets (1200 mg). Rheumatic diseases

### Adults.

The recommended dose is 2-3 tablets daily in divided doses. Lower doses may be prescribed by your doctor. Due to the nature and severity of your condition, the doctor may increase your medication to a maximum of 12 tablets (2400 mg) daily, taken in 3 or 4 divided doses. Adolescents from 15 to 17 years of age:

The recommended dose is 20 mg/kg to a maximum of 40 mg/kg body weight daily (max 2400 mg daily) in 3 to 4 divided doses. The tablet should be swallowed with a glass of water, preferably after a meal. Patients with sensitive stomach are recommended to

swallowing or adjusting of doses the tablets can be divided in equal halves. If a child or adolescent requires this medicine for more than 3 days, or if symptoms worsen, a doctor should be consulted.

The ibuprofen dose depends on the patient's

age and body weight. The maximum single

daily dose for adults should not be greater

take Ibuprofen during a meal. For the ease of

### than 800 mg of ibuprofen (2 tablets). The recommended dose is: Mild to moderate pain and fever

Ibuprofen 400 mg film-coated tablets

Adults and adolescents ≥40 kg (12 years and ½ (half tablet) to 1 tablet given as a single dose

or 3-4 times a day with an interval of 6 hours as required. The maximum daily dose should not exceed 3 tablets (1200 mg). Paediatric population Children ≥20 kg body weight (6-11 years).

# Other preparations may be more suitable for this age group. Your doctor will advise you

Children 20-29 kg (6-9 years): ½ half tablet 1-3 times a day with intervals of 6 hours as required. The maximum number of tablets

should not exceed 11/2 (one and half) tablet in one day. Children 30-39 kg body weight (10-11 years): ½ half tablet 1-4 times a day with intervals of 6 hours as required. The maximum number of

tablets should not exceed 2 tablets in one day. Migraine headache Adults and adolescents ≥40 kg body weight (12 years and above): 1 tablet given as a single dose, if necessary 1

### tablet with intervals of 6 hours

The maximum daily dose should not exceed 3 tablets (1200 mg).

Period pain Adults and adolescents >40 kg body weight (12 years of age and above):

½ (half tablet) -1 tablet 1-3 times a day, with an

interval of 6 hours as needed. The maximum daily dose should not be more than 3 tablets (1200 mg).

### The recommended dose is 3-41/2 (four and half) tablets (1200 mg- 1800 mg) daily in divided doses. Lower doses may

Rheumatic diseases

be prescribed by your doctor. Due to the severity of your condition, the doctor may increase your medication to

Adults:

taken in 3 or 4 divided doses. Adolescents from 15 to 17 years of age: The recommended dose is 20 mg/kg to a maximum of 40 mg/kg body weight daily (max 2400 mg daily)in 3 to 4 divided doses. Your doctor will advise you accordingly.

a maximum of 6 tablets (2400 mg) daily,

be divided in equal halves. If you are elderly you will be more prone to side effects, especially bleeding ulceration and perforation in the digestive tract, which may be fatal. Your doctor will advise you accordingly. Reduced kidney or liver function

The tablet should be swallowed with a glass

take Ibuprofen during a meal. For the ease of

swallowing or adjusting of doses the tablets can

of water, preferably after a meal. Patients with sensitive stomach are recommended to

If you take more Ibuprofen than you should If you have taken more ibuprofen than you should, or if children have taken this medicine by accident always contact a doctor or nearest hospital to get an opinion of the risk and advice

The symptoms can include nausea, stomach

pain, vomiting (may be blood streaked), or more rarely diarrhoea. In addition, headache,

gastrointestinal bleeding, blurred vision,

ringing in the ears, confusion and shaky

If you suffer from reduced kidney or liver

function, your doctor will advise you

accordingly.

on action to be taken.

forgotten dose.

people

Common:

eye movement, and exacerbation of asthma in asthmatics. At high doses, drowsiness, excitation, disorientation, chest pain, palpitations, loss of consciousness, convulsions (mainly in children), vertigo, weakness and dizziness, blood in urine, low blood pressure, hyperkalaemia, metabolic acidosis, increased prothrombin time/INR, acute renal failure, liver damage, respiratory depression, cyanosis, cold body feeling, and breathing problems have been reported. If you forget to take Ibuprofen Do not take a double dose to make up for a

If you have any further questions on the use of

this medicine, ask your doctor or pharmacist.

## 4. Possible side effects Like all medicines, this medicine can cause side

on the dose and that they vary from patient to The most commonly observed side effects

effects, although not everybody gets them.

With regard to the following side effects, it must

be considered that they are largely dependent

are gastrointestinal in nature. Peptic ulcers, perforation or gastrointestinal bleeding, sometimes fatal, particularly in the elderly, may occur. Nausea, vomiting, diarrhoea, flatulence, constipation, indigestion, abdominal pain, melaena, heamatemesis, ulcerative stomatits,

exacerbation of colitis and Crohn's disease

have been reported following administration. Less frequently, inflammation of the stomach lining (gastritis) has been observed. Medicines such as Ibuprofen may be associated with a small increased risk of heart attack (myocardial infraction) or stroke. Water retention (oedema), high blood pressure and heart failure have been reported in association

with NSAIDs. The side effects are stated according to the frequency they occur. The following convention has been used: Very common: may affect more than 1 in 10

Common: may affect up to 1 in 10 people Uncommon: may affect up to 1 in 100 people Rare: may affect up to 1 in 1,000 people Very rare: may affect up to 1 in 10,000 people Not known: frequency cannot be estimated from the available data

The following side effects are important and will require immediate action if you experience them. You should stop taking Ibuprofen and see your doctor immediately if the following symptoms occur:

black tarry stools or blood-stained vomit

(digestive tract ulcer with bleeding)

- swelling of the face, tongue or throat (larynx) which can cause great difficulty in breathing (angioedema), rapid heartbeat, severe fall in blood pressure or life threatening shock
- a sudden allergic reaction with shortness of breath, wheezing and drop of blood pressure severe rash with blisters on the skin
- especially on the legs, arms, hands and feet which can also involve the face and lips (erythema multiforme, Stevens-Johnson's syndrome). This can get even more severe, the blisters get larger and spread out and parts of the skin may slough off (Lyell's syndrome). There may also be severe infection with destruction (necrosis) of skin, subcutaneous tissue and muscle (necrotizing fasciitis) You should stop taking the medicine and

contact your doctor as soon as possible if you develop the following side effects: Very common: heartburn, abdominal pain, indigestion

visual distrubances

- hypersensitivity reactions such as hives,
- itching, purpura, exanthema, asthma attacks (sometimes with low blood pressure) photosensitivity (increased sensitivity to sunlight)
- Rare: vision loss

## Very rare:

## sudden filling of lungs with water resulting

in difficulty to breathe, high blood pressure, water retention and weight gain Other possible side effects with Ibuprofen are: Very common:

Disturbances in the digestive tract, such as diarrhoea, feeling sick, vomiting, wind, constipation

Digestive tract ulcer with or without

## Common:

- perforation Bowel inflammation and worsening of
- inflammation of the colon (colitis) and digestive tract (Crohn's disease) and complications of diverticula of the large bowel (perforation or fistula) Microscopic bleeding from the intestine which may result in anemia
- Mouth ulcers and inflammation (ulcerative
- fatigue, agitation, insomnia and irritability Uncommon: Inflammation of the stomach lining

Headache, sleepiness, vertigo, dizziness,

# Kidney problems including development of oedema, inflammation of the kidneys and

kidney failure

Runny nose

- Difficulty breathing (bronchospasm)
- Rare: Depression, confusion, hallucinations Lupus erythematosus syndrome

### Increase of blood urea nitrogen, serum transaminases and alkaline phosphatase decrease in haemoglobin and haematocrit values, inhibition of platelet aggregation and prolonged bleeding time, decrease of serum calcium and increase in serum uric acid values Damage of the kidney tissue

Unpleasant awareness of heart beat, heart failure or heart attack

### Disorders of blood cell formation

- (anaemia, leucopenia, thrombocytopenia, pancytopenia, agranulocytosis, neutropenia)
- The first symptoms or signs may include ever, sore throat, surface mouth like symptoms, severe fatigue, nasal and skin bleeding) Ringing or buzzing in the ears Inflammation of the oesophagus or pancreas
- Narrowing of the bowel Acute inflammation of the liver, yellowish
- discolouration of the skin or whites of the eyes, liver dysfunction, damage or failure liver damage especially in long-term use or
- Hair loss Inflammation of the brain membrane without bacterial infection (aseptic meningitis)
- Tingling of the hands and feet

liver failure

- Anxiety Impaired hearing General feeling of being unwell Inflammation of the optic nerve which may
- cause vision problems A severe skin reaction known as DRESS syndrome can occur. Symptoms of DRESS

include: skin rash, fever, swelling of lymph

nodes and an increase of eosinophils (a

type of white blood cells). A red, scaly widespread rash with bumps under the skin and blisters mainly localized on the skin folds, trunk, and upper extremities accompanied by fever at the initiation of treatment (acuté generalised exanthematous pustulosis). Stop using

Ibuprofen tablets if you develop these

symptoms and seek medical attention immediately. See also section 2. Ibuprofen may cause a reduction in the number of white blood cells and your resistance to infection may be decreased. If you experience an infection with symptoms such as fever and serious deterioration of your general condition, or fever with local infection symptoms such as sore throat/pharynx/mouth or urinary problems

you should see your doctor immediately. A

blood test will be taken to check possible reduction of white blood cells (agranulocytosis). It is important to inform your doctor about your medicine. Reporting of side effects If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in Yellow Card Scheme Website: <a href="https://www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a> or

search for MHRA Yellow Card in the Google

effects you can help provide more information

Play or Apple App Store. By reporting side

### 5. How to store Ibuprofen Keep this medicine out of the sight and reach of

the environment.

information

Film-coated tablet.

on the safety of this medicine.

children. Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month. This medicine does not require any special storage conditions.

Do not throw away any medicines via

wastewater or household waste. Ask your

Contents of the pack and other

pharmacist how to throw away medicines you no longer use. These measures will help protect

What Ibuprofen contains The active substances is buprofen. Each film-coated tablet contains 200 mg ibuprofen. Each film-coated tablet contains 400 mg

Tablet core: Maize starch, starch,

pregelatinised (maize starch), silica,

The other ingredients are:

colloidal anhydrous, croscarmellose sodium, talc, stearic acid. Film coating: Talc (E553b), polyvinyl alcohol, macrogol 3350 (E1521), titanium dioxide (E171). What Ibuprofen looks like and contents the pack

Ibuprofen 200 mg film-coated tablet

### the other side. The tablet can be divided into equal doses. Ibuprofen 400 mg film-coated tablet White to off-white, round shaped, film-coated tablets with break line on one side and plain on

White to off-white, round shaped, film-coated

tablets with break line on one side and plain on

equal doses. Ibuprofen film-coated tablets are available in blister packs Pack sizes: 10, 20, 24, 30, 40, 50, 56, 60, 84

the other side. The tablet can be divided into

Manufacturer Milpharm Limited

**Marketing Authorisation Holder and** 

Not all pack sizes may be marketed.

and 100 film-coated tablets

Generis Farmacêutica, S.A.

Ares Block, Odyssey Business Park West End Road Ruislip HA4 6QD United Kingdom

Rua João de Deus, 19, Amadora, 2700-487, Portugal This leaflet was last revised in 06/2020.