# Long-Lasting Comfort & Protection



### 3M<sup>™</sup> Cavilon<sup>™</sup> Durable Barrier Cream

For the prevention of skin breakdown from bodily fluids and for moisturising skin. Cavilon Durable Barrier Cream is a concentrated, pH balanced, fragrance free moisturising barrier cream for intact or at risk skin. It is very concentrated, so a little goes a long way.

#### What is it used for?

- Preventing skin breakdown from bodily fluids, e.g. urine and faeces.
- Moisturising and conditioning dry skin.

#### How is Cavilon Durable Barrier Cream Applied?

- The area of skin to be applied must be clean and dry.
- Use very sparingly in small, pea-sized amounts, and gently smooth in to the area of skin affected.
- If too much is applied, the skin will feel oily.

#### How often should Cavilon Durable Barrier Cream be re-applied?

- When incontinence is a problem, it should be re-applied after every third or fourth incontinent episode.
- For moisturising dry skin, re-apply approximately every other day

#### Key points to remember

- It will not clog incontinence pads<sup>1</sup>.
- It will still allow dressings and tapes to stick<sup>2</sup>.
- It should not be used on infected skin.

#### References

1. Hart J. Assessment of the Incontinence Pad blocking potential of 3M Cavilon Durable Barrier Cream compared with Sudocream and Zinc & Castor Oil, Nursing Scotland. July/August 2002.

2. Campbell, K et al. Optimal Skin Care Solutions. A clinical product evaluation, 2000.

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# Comfort in Proven Protection



## 3M<sup>™</sup> Cavilon<sup>™</sup> No Sting Barrier Film

For the intervention against damaged or broken skin. Cavilon No Sting Barrier Film is an alcohol-free liquid barrier that dries quickly to form a breathable, transparent protective film.

#### What is it used for?

- Protecting broken, tender skin without stinging.
- Protecting red or sore skin caused by incontinence.
- Protecting the skin around stoma sites.
- Protecting skin from damage caused by rubbing, friction or adhesives.
- Protecting skin from damage caused by oozing or discharge from wounds.

#### How is Cavilon No Sting Barrier Film Applied?

- The area of skin to be applied must be clean and dry.
- Foam applicator or wipe apply an even coat of film to the entire area to be applied.
- Pump spray hold the spray about 10-15cm away from the skin.
  Spray a smooth, even coating in a sweeping motion over the whole application area.
- Allow the area to dry for 30 seconds.

#### How often should Cavilon No Sting Barrier Film be re-applied?

- Normally, it should be re-applied every 48 to 72 hours (or every 2 to 3 days).
- If used for adhesion protection re-apply after every dressing or tape change.
- For severe incontinence or when skin is broken, reapply every 12 24 hours.

#### Key points to remember

- If Cavilon No Sting Barrier Film is applied to an area with skin folds or other skin-to-skin contact, make sure that the skin contact areas are separated and allow the coating to dry before returning to normal positions.
- Avoid using ointments or creams as they will stop Cavilon No Sting Barrier Film from working properly.
- Applying too many layers will make the skin feel stiff.

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