

TABLETS

Paracetamol, Phenylephrine, Guaifenesin

Please read right through this leaflet before you start using this medicine. This medicine is available without prescription, but you still need to use Beechams All in One Tablets carefully to get the best results from them.

- Keep this leaflet you may need to read it again.
- If you have any guestions, or if there is anything you do not understand, ask your pharmacist.

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1. What Beechams All in One Tablets do

Beechams All in One Tablets are used for the short term relief of the symptoms of colds, chills and flu with chesty coughs. These symptoms include headache, shivers, aches and pains, blocked nose and painful sinuses, catarrh, sore throat

and a chesty, productive cough. The medicine contains three active ingredients. Paracetamol is a painkiller and reduces your temperature when you have a fever. Guaifenesin is an expectorant which loosens phlegm and relieves a chesty cough. Phenylephrine hydrochloride is a decongestant which unblocks your nose and sinuses helping you breathe more easily.

2. Check before you take Beechams All in One Tablets



Do not take Beechams All in One Tablets:

- if you have ever had an allergic reaction to paracetamol, quaifenesin, phenylephrine hydrochloride or to any of the other ingredients (listed in Section 6)
- if you have kidney or liver problems (including alcoholic liver disease). overactive thyroid, diabetes, high blood pressure or heart disease
- if you have phaeochromocytoma or glaucoma
- if you are taking tricyclic antidepressants or if you are taking or have taken in the last two weeks monoamine oxidase inhibitors (MAOIs) (e.g., moclobemide) prescribed for depression
- if you are taking beta blockers (e.g. atenolol).

Do not take with any other paracetamol-containing products. Do not take with any other flu, cold or decongestant products, or cough suppressants.



Take special care with Beechams All in One Tablets

• This product may cause dizziness. If affected do not drive or operate machinery.



Ask your doctor before you take this medicine:

- if you have been told by your doctor you have an intolerance to some sugars
- if you have a blood vessel disease such as Ravnaud's Phenomenon if you have an enlarged prostate
- if you have asthma or chronic cough
- if you have heart or circulation disease.

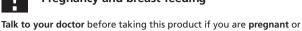


If you are taking other medicines

Talk to your doctor or pharmacist before taking Beechams All in One Tablets if you are taking any prescribed medicines; particularly metoclopramide or domperidone (for nausea [feeling sick] or vomiting [being sick]) or ergotamine or methylsergide (for migrane) or colestyramine (to lower blood cholesterol) or drugs to lower blood pressure; appetite suppressants or stimulants; drugs to

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treat depression such as tricyclic antidepressants (e.g., amitriptyline) or heart disease (e.g. digoxin) or if you take blood thinning drugs (anticoagulants e.g. warfarin).



Pregnancy and breast feeding

breast feeding.

3. How to take Beechams All in One Tablets For oral use. Adults and children 12 years and over:



. Do not take more frequently than every 4 hours.

Swallow 2 tablets every 4 hours as needed.



- . Do not take more than 8 tablets in 24 hours.
- . Do not take more than the recommended dose.
- Do not take for more than 5 days without asking your doctor.
- Do not give to children under 12 years.

If you take too many tablets

If your symptoms persist, see your doctor.

Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

4. Possible side effects

Like all medicines, Beechams All in One Tablets can have side effects, but not everybody gets them. A small number of people have had side effects.

Stop taking this medicine and tell your doctor immediately if you experience: • Allergic reactions which may be severe such as skin rash and itching

- sometimes with swelling of the mouth or face or shortness of breath.
- Skin rash or peeling, or mouth ulcers. • Breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen or aspirin.
- Unexplained bruising or bleeding. Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin. • Visual disturbances. This is rare but is more likely in those with glaucoma.

If you do get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

and Phenylephrine Hydrochloride 5 mg.

heartheat

enlarged prostate gland.

anxiety, diarrhoea or sickness.

5. How to store Beechams All in One Tablets

• Unusually fast pulse rate or a sensation of an unusually fast or irregular

The following side effects may also occur. **Tell your doctor** if you get them. Raised blood pressure, headache, dizziness, difficulty sleeping, nervousness,

• Difficulty passing water. This is more likely to occur in men with an

Keep out of the reach and sight of children. Do not use this medicine after the 'EXP' date shown on the pack.

Do not store above 25°C.

6. Further information Active ingredient Each tablet contains Paracetamol 250 mg, Guaifenesin 100 mg

colloidal anhydrous silica, purified talc, povidone, potassium sorbate (E 202). hypromellose, titanium dioxide (E 171), and polyethylene glycol. Packs of Beechams All in One Tablets contain 8, 12, 16 or 24 tablets. The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address.

Other ingredients Lactose, microcrystalline cellulose, maize starch, stearic acid,

The manufacturer is SmithKline Beecham SA, Ctra de Ajalvir, Km 2500, 28806 Alcala de Henares, Madrid, Spain.

This leaflet was last revised in January 2012. Beechams is a registered trade mark of the GlaxoSmithKline group of companies.



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