

1. WHAT PANADOL ACTIFAST DOES

Panadol ActiFast has a unique formulation which gets to the source of pain fast. The active ingredient is paracetamol which is a painkiller and also reduces your temperature when you have a fever.

2. CHECK BEFORE YOU TAKE PANADOL ACTIFAST



Do not take Panadol ActiFast:

• if you have ever had an allergic reaction to paracetamol or to any of the other ingredients (listed in Section 4).



Ask your doctor before you take this medicine if you: need 2 or more tablets daily for a prolonged period especially if you have been advised to follow a low salt (sodium) diet.

Each tablet contains 176 mg of sodium.

• have liver or kidney problems • are underweight or malnourished

• regularly drink alcohol • have a severe infection as this may increase the risk of **metabolic acidosis**. Signs of metabolic acidosis include: deep, rapid, difficult breathing

feeling sick (nausea), being sick (vomiting)

loss of appetite

Contact a doctor immediately if you get a combination of these symptoms. You may need to avoid using this product altogether or limit the amount of paracetamol that you take.

If you are taking other medicines Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **metoclopramide** or **domperidone** (for **nausea** [feeling sick] or **vomiting** [being sick]) or or doingertonic (to lower blood cholesterol). If you take blood thinning drugs (anticoagulants e.g. warfarin) and you need to take a pain reliever on a daily basis, talk to your doctor because of the risk of bleeding. But you can still take occasional doses of Panadol ActiFast at the same time as anticoagulants

Pregnancy and breast feeding. Talk to your healthcare professional before taking Panadol ActiFast if you are pregnant. You can take this product whilst breast feeding

3. POSSIBLE SIDE EFFECTS

Like all medicines, Panadol ActiFast can have side effects but not everybody gets them. A small number of people have had side effects. Very rare cases of serious skin reactions have been reported. **Stop taking** Allergic reactions which may be severe such as skin rash and itching

sometimes with swelling of the mouth or face or shortness of breath

Skin rash or peeling, or mouth ulcers
 Breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin

 Unexplained bruising or bleeding
 Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin.

If your symptoms continue or your headache becomes persistent,

see your doctor.

Reporting of side effects If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

4. FURTHER INFORMATION

Active ingredient: Each tablet contains Paracetamol 500 mg. Other ingredients: Sodium bicarbonate, starch pregelatinised, povidone, maize starch, microcrystalline cellulose, magnesium stearate, carnauba wax, sodium starch glycolate, colloidal anhydrous silica, titanium dioxide (E 171), polydextrose, hypromellose, glycerol triacetate and polyethylene glycol. Packs of Panadol ActiFast contain 10 or 14 tablets. This information was last revised in July 2020.

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