BAUSCH+LOMB

Ocuvite Complete

Food supplement

Ocuvite® Complete has been developed by Bausch + Lomb, the eye care specialists, with over 150 years of expertise in eye health. Our ingredients are provided by premium suppliers to guarantee optimal quality.

Over time, just as every part of our body, our eyes begin to age. Studies have shown that your diet plays an important role in the health of your eyes.

Ocuvite® Complete is a science based formula that contains nutrients such as omega-3 and Zinc. None of these ingredients are produced by the body and need to be provided by your diet.

Ingredients	Per 2 capsules	%NRV* per 2 cap- sules
Fish oil which contains	1,016 g	***
Omega-3 fatty acids	0,600 g 0,360 g	
Vitamin C	180 mg	225%
Vitamin E	30 mg α-TE**	250%
Zinc	15 mg	150%
Lutein	10 mg	***
Zeaxanthin	2 mg	***

- * Nutrient Reference Value.
- ** α-Tocopherol equivalent
- *** No established Nutrient Reference Value

Average total net weight: 55.8g for a box of 60 capsules.

Instructions for use

Ocuvite® Complete is intended for adults only and should not be used as a substitute for a balanced and varied diet or a healthy lifestyle.

Pregnant and breastfeeding women should consult their doctor before use.

- Take two capsules per day during a meal.
- Take with water and do not exceed the recommended daily dose.
- Keep out of the reach of young children.

Ingredients

Capsule content:

Fish oil containing DHA; L-ascorbic acid (vitamin C); Lutein suspension 20% from marigold flowers (*Tagetes erecta L*.) in safflower oil; dl- alpha-tocopheryl acetate (vitamin E); Thickeners: mono and diglycerides of fatty acids (E471); zinc sulphate (zinc); thickener: silicon dioxide (nano); Zeaxanthin suspension 20% from marigold flowers (*Tagetes erecta L*.) in **soy** oil.

Shell contains: Shell agent: **Fish** gelatine; firming agent: glycerol (E422); Colouring agent: Iron oxide and hydroxide.

Shelf-life

See bottom of pack.

Special Precautions for Storage

Store below 25°C and keep away from direct sunlight and humidity.

Warnings

Some individuals may experience a fishy aftertaste, or nausea after taking this product. These effects are not dangerous.

If you are taking anticlotting medication, or have a fat digestion disorder, please consult your doctor before taking this product.

Contact us

If you would like more information about Ocuvite Complete specifically or about ocular ageing in general, please visit our website **www.ocuvite.co.uk** or call 01748 828 781.

Manufactured in Italy. Marketed by: Bausch & Lomb (UK) Ltd 106 London Road Kingston-Upon-Thames Surrey UK KT2 6TN

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