

ACNECIDE® 5%w/w gel
benzoyl peroxide



Package leaflet: Information for the user
Acnecide 5% w/w Gel
Benzoyl Peroxide

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet

1. What Acnecide is and what it is used for
2. What you need to know before you use Acnecide
3. How to use Acnecide
4. Possible side effects
5. How to store Acnecide
6. Contents of the pack and other information

1. What Acnecide is and what it is used for

- Acnecide contains the active ingredient benzoyl peroxide which attacks the bacteria (germs) known as Propionibacterium acnes, one of the main causes of acne.
- Your doctor or pharmacist has recommended this medicine to treat your acne. Acne appears as blackheads and whiteheads which people often refer to as pimples or spots.
- Acne of the face, chest or back may be treated with this medicine.

2. What you need to know before you use Acnecide

Do not use Acnecide if you are:

- Allergic (hypersensitive) to benzoyl peroxide or any of the other ingredients of this medicine (listed in section 6). An allergic reaction may include a rash or itching.

Warnings and precautions

Talk to your doctor or pharmacist before using Acnecide.

- Avoid contact with the eyes, mouth, angles of the nose and other mucous surfaces such as the lining of your nose. If accidental contact should occur, rinse thoroughly with warm water.
- Acnecide should not be applied to damaged skin.
- Acnecide may cause swelling and blistering of the skin, if any of these symptoms occur, use of the product should be discontinued.
- This product may bleach hair and coloured fabrics including clothing, towels and bed linen. Be careful to avoid contact of the gel with these materials. Please make sure that you wash your hands thoroughly after you have used it.
- Caution should be exercised when applying Acnecide to the neck and other sensitive areas.
- Avoid repeated exposure to sunlight or other sources of UV light (e.g. sun bed)

Other medicines and Acnecide

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

- You should not use medicines with peeling, irritant and drying effects at the same time as Acnecide.
- Do not use Acnecide with any other acne products that are used on the skin, unless your doctor or pharmacist has told you that you can, as this may cause your skin to become red and very sore.

Pregnancy and breast-feeding

- If you are pregnant or think you may be pregnant or are breast-feeding, do not use this product unless your doctor has told you that you can.
- Avoid using this product if you are breast-feeding unless your doctor has told you otherwise. If your doctor has recommended the use of this product while you are breast-feeding, you must not apply the gel onto your chest, this is to avoid exposure of your child to this product.

Ask your doctor or pharmacist for advice before taking any medicine.

Acnecide contains propylene glycol.

Propylene glycol may cause skin irritation.

3. How to use Acnecide

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- Acnecide is for EXTERNAL USE ONLY.
- Unless your doctor or pharmacist has told you otherwise,
 - Wash the affected area with a mild skin cleanser and water, and gently pat your skin dry.
 - Apply the gel in a thin layer once or twice a day to all the affected areas.
 - If you have sensitive skin apply the gel once daily before going to bed
 - Any drying or peeling which may occur to your skin may be reduced if you alter the number of times you apply, i.e. to once a day or once every two days, until your skin adjusts to the product.
- You should try to avoid exposure to strong sunlight while using Acnecide. If exposure is unavoidable, use a suitable sunscreen lotion and apply Acnecide in the evening. Remember to wash the affected area before use.
- How long you will have to use Acnecide will depend on how quickly your condition improves. After you have used it for one month, you should see your doctor or pharmacist again. He or she can then check the improvement of your condition.

Galderma Laboratories

Product code: P27773-0
Product description: ACNECIDE GEL
Market: GBR
Article: Leaflet
Flat size: 180x315 Font size: 9 pt
Fold size: 180x26,25 Pharmacode: 1753

GRAPHIC DESIGNER: Xavier COLLOT
LAUNCHING DEPARTMENT - Z.I. Galderma - 74540 ALBY-SUR-CHERAN - FRANCE

Printing Colors

PMS 432U

DIELINES

Artwork Approval

Artwork approved by:

Date:

Signature:

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