## Bobbie Lyons K9FITteam FitPAVVS



## INFLATION FITPAWS DISC

Inflation levels
are important to
the fitness level of
your dog



## Disc Inflation Tips

- Adjust the inflation of your equipment to match the fitness level and the specific exercise that you are asking your dog to perform.
- No air is great for puppies, seniors and dogs who generally need to improve proprioception/limb awareness (nubby side up), medium inflation is a great place to start, and over-inflated provides a flat top for better foot placement but can also add a level of difficulty to any exercise.
- Inflate disc slowly and if you start to see a divot/dent starting, stop inflating and let it rest. Try to push the dent in to reshape before continuing with inflation. Recommendation is to inflate slowly over 24 hour time period.

Bobbie Lyons K9FITteam post by: Bobbie Lyons, CCFT, KPA CTP, Cert CF

Pawsitive Performance & Bobbie Lyons Canine Campus

For Questions about Tips contact: info@pawsitive-performance.com