

What is Migraine?



What Causes Migraine?

Migraine is a chronic neurological disease with a strong genetic component. Migraine headaches are not regular headaches. They are often severe and may cause pain only on one side of the head. Neck and facial pain are also common. Migraine headaches may be accompanied by nausea, sensitivity to light or sound, visual disturbances, extreme tiredness, and other symptoms.

Migraines originate within the brain. Migraines start when some of your brain cells (neurons) do not have enough energy to properly regulate their functioning. The neurons begin to misfire and this leads to a sort of electrical “storm” within your brain. This electrical storm can in turn lead to various other changes throughout your body. The most common is the release of chemicals that make the blood vessels in your head and neck first constrict and then dilate. This blood vessel instability causes the horrible headaches that most migraneurs know all too well.

Migrastil Natural Migraine Relief

Migrastil is a line of all natural, cruelty-free products developed by migraine sufferers for migraine sufferers. All Migrastil products are made in the USA and come with a 90-day money back guarantee.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Migrastil Migraine Relief Capsules



provide daily nutritional support for migraine sufferers. Each bottle contains 60 veggie capsules (a 1-month supply) designed to be taken daily to give the "migraine brain" the support it needs before migraines strike.

Each capsule contains: Magnesium (150 mg), Vitamin B1 (15 mg), the amino acid L-Taurine (435 mg), and Feverfew Herb (150 mg).

Migrastil Migraine Stick



is an essential oil blend roll-on that helps with occasional pain associated with migraine headaches. It is applied to the temples and back of the neck as needed for cooling relief.

Each Migraine Stick contains Pure Peppermint, Spearmint, and Lavender Essential Oils in a base of Fractionated Coconut Oil.

Conveniently designed to fit in pocket or purse, this little stick really takes the edge off.

Migrastil Nausea Inhaler



For occasional nausea relief, gently inhale through the nose at the first signs of nausea.

May be used as needed. This aromatherapy inhaler works for nausea from multiple causes, but is specially formulated to be gentle for migraine sufferers who may be sensitive to strong odors.

Each Inhaler contains Pure Spearmint, Lavender & Ginger Essential Oils.