



# USER AND TRAINING MANUAL

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- ⚠ WARNING!** Exercise caution when using your Forger USA cavitation machine. Always be aware of your surroundings to avoid injury to yourself and your surroundings

Observe the following precautions to prevent an explosion or fire:

- Do not drop, disassemble, open, crush, bend, deform, puncture, shred, microwave, incinerate or paint the machine.
- Do not insert foreign objects into any opening, such as the port or jack
- Do not use it if it has been damaged, such as cracked, punctured, or harmed by water.
- Do not dry the machine with an external heat source, microwave oven, or hairdryer.

- ⚠ WARNING!** WARNING: Do not place naked flame sources on or near the product, such as lighted candles.

- Do not handle the plug or charger with wet hands. Failure to observe this precaution could result in electric shock.
- Read these instructions.
- Heed all warnings.

## 1. IMPORTANT PRODUCT AND SAFETY INSTRUCTIONS

- 1.1 Do not disassemble or alter the equipment or try to operate, which this instruction hasn't indicated. Refer all servicing to qualified service personnel.
- 1.2 Don't assemble or operate this equipment while your hands are wet.
- 1.3 Pull out the plug from the socket when you meet the following conditions.
  - A. Liquid has been spilled over the equipment
  - B. The equipment has an abnormal smell, smoking, or intense noise.
  - C. Cable is broken
  - D. Equipment has been dropped
- 1.4 Protect the power cord from being walked on or pinched, particularly at plugs, convenience receptacles, and the point where they exit the apparatus
- 1.5 Unplug the power cable during lightning storms and when not in use for your safety. Only service included accessories or if specified by the manufacturer.
- 1.6 If something enters the equipment, don't attempt to remove or dismantle it and contact the distributor immediately manually
- 1.7 Never put the equipment on an uneven surface or anything that can't stand steadily to avoid any untoward accident. Handle all parts and accessories with care and avoid direct impact against other objects or dropping them.
- 1.8 Do not install near heat sources such as radiators, heat registers, stoves, or other heat apparatus.
- 1.9 Our company has the right to modify any information in this manual and upload revisions as necessary without prior notice

## 2. OPERATION NOTICE

Before the operation, please read the following content

- 2.1 It is essential to make a different setting according to specific treatment demands.
- 2.2 The application of the machine must never be painful and cause redness to the skin or leave marks.
- 2.3 Move the treatment heads slowly over the skin of the body or the face as indicated in this manual. Never stop or pause on a treatment area while treatment heads are on the skin. Don't linger too long on a single region, especially over the bones.
- 2.4 Keep out of reach of children. Do not apply the device to children less than seven years old. The treatment of children over 7 requires medical advice.
- 2.5 Do not use this device if suffering from a fever, inflammation, dermatitis (acne, eczema, herpes), warts, open or recently stitched wounds, severe and progressive illnesses (cancer, AIDS, hepatitis, blood diseases, etc., or blood coagulation problems). Do not apply the device if you have a pacemaker or have had phlebitis after a vein surgery within the last two months, or if you have varicose veins or tingling in your limbs and over the breasts with silicone implants. If you have any concerns, consult a physician.

 Never use this device on a pregnant woman.

- 2.6 The machine can be used on all external and healthy areas of the body except the eyeball, throat, ears, glottis, and genital area.
- 2.7 The machine cannot be applied inside the mouth, on mucous membrane, or nipples without medical advice.
- 2.8 Never use the device if you have epilepsy. The device must not be used by any person who has a mental illness.
- 2.9 In the case of long-term treatment with drugs such as anti-inflammation, anticoagulants, antibiotics, or if your skin bruises at the slightest shock, ask your doctor/physician's advice before using.
- 2.10 Never apply to body parts with jewelry, rings, or any metal implant.
- 2.11 Regular use of this machine enhances well-being; It is better not to stop its use for a prolonged period. Not following operating instructions and usage recommendations may compromise results. Do not use the device longer than the recommended time. This treatment is not a substitute for liposuction or any other invasive procedures. This machine eliminates local fat deposits but does not treat overall obesity. Substantial weight loss should be achieved by balanced diet and regular exercise
- 2.12 If you are in any doubt if you can use this machine, consult your doctor
- 2.13 Results may vary depending on your age, life habits, physical activity level, diet, etc.

- 2.14 The machine may be used after any plastic surgery under your surgeon's advice
- 2.15 The machine's continuous working time shall not exceed 2 hours. The best practice is to allow 10-15 minutes of power down every 1 hour of constant treatment
- 2.16 Always use an ultrasonic gel while using this product. Use only as much as you need. Prepare and use enough gel to avoid overheating the heads.
- 2.17 Don't use disinfectants to clean the heads; use damp cotton or a dry towel.
- 2.18 Make sure the power supply is connected and plugged in.
- 2.19 If the machine is not in use, switch it off and unplug this device for your safety

### 3. GENERAL STRUCTURE

#### 3.1 Front View





## CAVITATION SYSTEM

**Cavitation**

**Vacuum & Bipolar RF**

**Tripolar RF**

**RF Body**

**RF Face**

**Laser Lipolysis**



3.3 Back Panel (Please note that wires and handles are not shown on this diagram to represent the back panel properly)

## 4. KEY TECHNOLOGY

a. 40kHz strong wave cavitation

b. RF fat dissolve + vacuum

c. Lipolaser

### MAIN FUNCTION

- 5.1 Body shaping, fat dissolving, cellulite eliminating
- 5.2 Lymphatic drainage, promoting metabolism & blood circulation.
- 5.3 Decreases excessive water and prevents fat from accumulation.
- 5.4 Skin tightening, strengthening skin elasticity, and skin lift
- 5.5 Clear belly wrinkles, especially stretch marks.
- 5.6 Promotes collagen production for skin rejuvenation.

### PRINCIPLE

The Cavitation handle or wand emits strong (40KHz) sound waves. The sound waves target fat under the skin. This causes the fat cells to vibrate at a high energy state and become excited. The intense vibrations produce air pockets and bubbles in the fat cells making them disintegrate. They break down into triglycerides, glycerol, and free fatty acids.

The Radio Frequency (RF) handles emits RF waves of 1MHz and are used to help expel the fatty components and the fatty acids, etc., from the body through the liver.

The Vacuum RF and energy electrodes are used to tighten and smoothen the skin, enhancing the effect of the fat reduction process. This is known as "cavitation." All these treatments achieve weight loss without the sagging skin associated with it.

The Lipo Laser is the latest innovation in non-surgical, non-invasive fat breakdown. It emits low levels of laser energy. This melts the stored fat into its components: triglycerides, glycerol, free fatty acids, and water. This follows a mechanism similar to the body's natural use of stored fat as energy while exercising. Exercise is recommended after treatment to metabolize the free fatty acids completely. Shrinking the fat cells results in slimming the user's body and achieving the shape they want.

The laser treatment aims to target fat reduction or reduce specific pockets of fat. Excess fat can be treated anywhere on the body. Targeted fat reduction has many advantages.

### ADVANTAGES

1. A safe, minimally invasive procedure. It uses low levels of laser light to reduce fat for a safe and painless method. It mimics the body's natural process of using fat as stored energy. It delivers immediate results.
2. It's easy to operate. The treatments are passive and only require the correct positioning of the treatment pads. It will not negatively affect the user's productivity as this treatment has no downtime.
3. Treat all skin types and parts of the body. Use on arms, back, breasts, buttocks, hips, knees, and thighs.
4. Enhance the skin's firmness and avoid sagging after the treatment.
5. The user will not bleed and will not experience long-term side effects.
6. The machine is economical, and you will see a quick return on your investment rather than undergoing invasive and costly procedures, high risk, and more downtime.

## PREPARATION BEFORE USE

1. Install the cables on the machine in their corresponding places.
2. Install the attached on-hook on the machine, and put the probes into the corresponding racks.
3. Check the host power cable is connected.
4. Check if the key switch of the machine is turned on.
5. Do not drink any caffeine or alcohol the day before the procedure and 48h after the procedure
6. Do not use a hot shower (spa, sauna) right after treatment
7. Follow a fat-free, low-sugar, low starch diet for best results
8. Do brisk exercise for at least 20 minutes after your treatment to stimulate fluid movement.



**1** small laser plates



**4** quadrupole RF probe



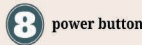
**7** vacuum RF probe



**2** big laser plates



**5** 40k cavitation probe



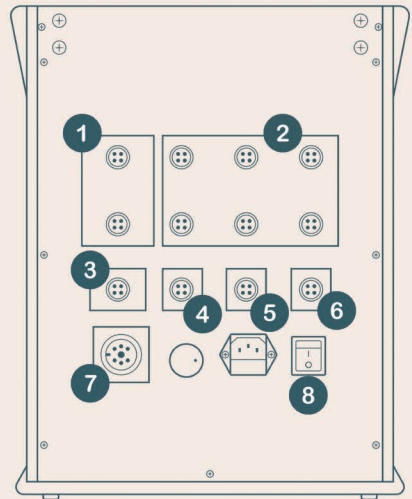
**8** power button



**3** sextupole RF probe



**6** tripole RF probe





## 5. USER INTERFACE AND PROCEDURE

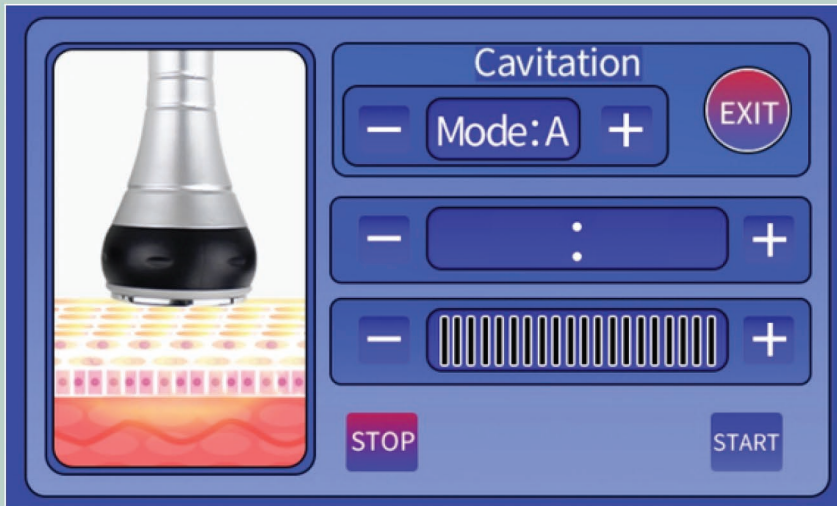
### THE MAIN MENU

a. 40kHz strong wave cavitation

### Cavitation



The Cavitation probe or wand emits strong (40KHz) sound waves. The sound waves target fat under the skin. This causes the fat cells to vibrate at a high energy state and become excited. The intense vibrations produce air pockets and bubbles in the fat cells making them disintegrate. They break down into triglycerides, glycerol, and free fatty acids. This is how weight loss is achieved.



There are four modes in this cavitation interface. These are A, B, C, and **Mode: A**

Depending on your preference, this mode works intermittently per seconds

"A" on this setting, the probe will work for 3 seconds and stop working for 3 seconds.

"B" turns the probe on for 2 seconds and off for 2 seconds.

"C" makes the probe work for one (1) second and stop working for one (1) second.

"D" turns the probe on for half (0.5) a second and turns the handle off for half a second.

Select the mode to operate using the **-** and **+** symbols

Press the + or - button to adjust the length of time or duration.



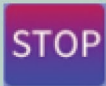
Below the 'duration' is the 'intensity' selection—again, press + to increase the intensity or - to decrease. Always start with lower power and increase as tolerable. These presets are engineered for safe use even at maximum selection regardless of the intensity.



Press the "START" button to begin the treatment.



Press the "STOP" button to stop



And press "EXIT" to go back to the Main Menu.

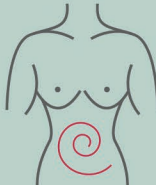
Operate with the 40KHz Cavitation probe for 15-20 minutes per area with mainly spiral movements on the body 2-3x per week (see diagram below).

**PROCEDURE**

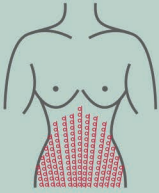
**DIAGRAM**

**PROCEDURE**

**RATIONALE**

	<ul style="list-style-type: none"> <li>• Drink 1L of water at least 4 hours before the procedure, 50-80 mL of water before the start of the procedure, and another 2L of water the day after the procedure</li> </ul>	<ul style="list-style-type: none"> <li>• To maintain hydration and facilitate the elimination of broken-down fat through the lymphatic system</li> </ul>
	<ul style="list-style-type: none"> <li>• Clean the area with a warm towel and pat dry</li> </ul>	<ul style="list-style-type: none"> <li>• To ensure that the area is free from debris</li> </ul>
	<ul style="list-style-type: none"> <li>• Massage the area to be treated for 1-2 minutes</li> </ul>	<ul style="list-style-type: none"> <li>• To allow relaxation and prevent tension on the muscles during the procedure</li> </ul>
	<ul style="list-style-type: none"> <li>• Apply enough slimming cream or ultrasound gel (around 80 mL or 3-5 mm thickness) to the area before you begin</li> </ul>	<ul style="list-style-type: none"> <li>• To facilitate the movement of the probe in a circular motion and to prevent friction from the probe to the skin</li> </ul>
	<ul style="list-style-type: none"> <li>• Start from the navel and work outward from inner to outer in a circular motion such that the circles overlap slightly</li> </ul>	

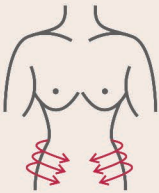
**DIAGRAM**



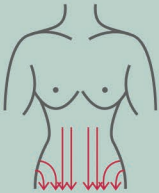
**PROCEDURE**

- Make small overlapping circles starting from above the groin towards the hips.

**RATIONALE**



- Work the flanks on a lateral position from posterior to anterior by sliding the probe



- Work in straight lines from 4 directions toward the navel

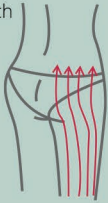
- Repeat the process for 15-20 minutes per area and apply more gel as needed

**DIAGRAM**

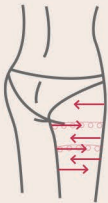
**PROCEDURE**

**RATIONALE**

Haunch



- Move vertically in a sliding fashion working on the posterior surface



- Work from the outer thigh toward the inner thigh across the back of your leg on a circular and horizontal pattern. Work the handle in small overlapping circles and straight lines and repeat the same process in the front part of your thigh

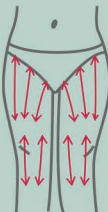
Thigh



- Work from the top of your knee towards the groin in a sliding fashion making sure that all areas are covered



- Work circularly from groin to the top of your knee and vice versa, making sure that all areas are covered

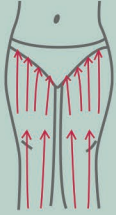


- Slide the probe into a smaller area dividing the reference point in half

**DIAGRAM**

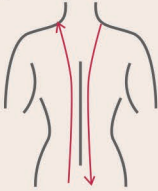
**PROCEDURE**

**RATIONALE**

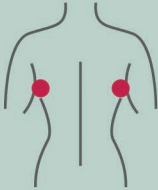


- Include the lower thighs as desired and work from bottom to top in a sliding fashion making sure that all areas are covered, avoid bony prominences, and slide probe on sites with more fat

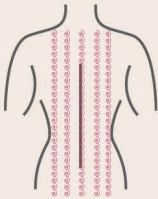
Back



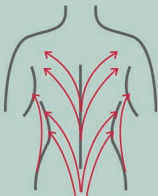
- Work from bottom to top and top to bottom by not lingering too long on one area, especially around the bones. Target areas that have a considerable amount of fat.



- Include the bra fat and upper arm fat intersection line



- Move circularly from top to bottom and bottom to top with full attention to back fat and flanks



- Work from the midline to the outer area, making sure that all areas are covered

**DIAGRAM**

**PROCEDURE**

**RATIONALE**

Upper Arm



- Work from distal to the proximal area of the upper arm in a sliding fashion toward the armpit



- Work in a smaller area at a time in a circular and straight fashion



- Work from the distal to the proximal area of the upper arm in a straight fashion

**2. VACUUM AND BIPOLAR RADIOFREQUENCY (RF)**

**Vacuum & Bipolar RF**

Vacuum and Bipolar radiofrequency dissolve fat, enhance lymphatic drainage, firm the skin, and improve skin elasticity. This body-shaping equipment uses the most advanced negative pressure, vacuum technology, and innovative three-dimensional conversion technology. This is combined with a microcomputer, chip-controlled patented roller shaft.

It combines the pluses of skin penetrating radio frequency with the advantages of a vacuum. The vacuum draws the skin to the RF emitter, and the radio frequencies break up the fat under the skin.

This results in the spreading out of connective, fibrous tissue. Massaging with this handle breaks up subcutaneous fat and reduces cellular tissue accumulation. It can be used all over a patient's body.

It releases micro-vascular lymphatic channels while promoting the metabolism and elimination of fat and other toxins through the lymphatic system. Detoxification is enhanced by a factor of four.

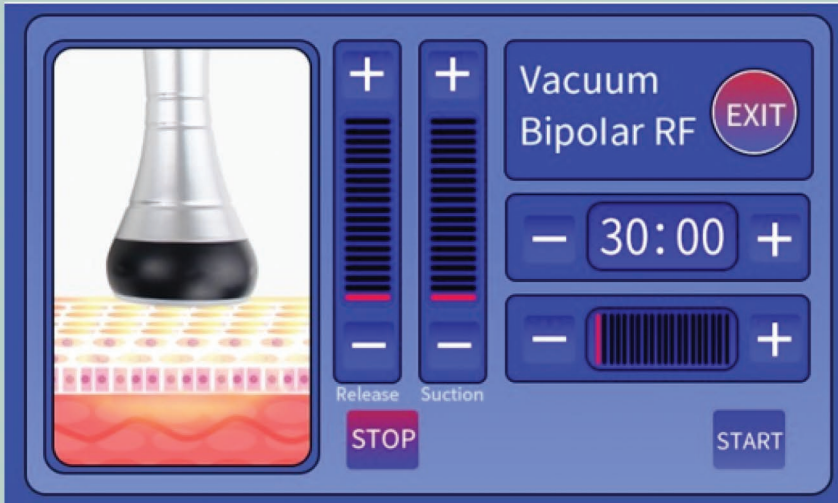
Skin will regain a more elastic quality and become lustrous. These attributes make it the perfect healthy body sculpting tool.



Vacuum RF handle + Red LED

Treatment Areas: Arms, legs, abdomen, flanks, back

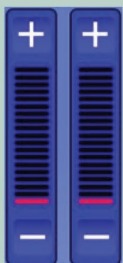
Function: Reduce local fat, improve blood circulation, lymphatic detox, firm the skin, increases skin elasticity



Select the desired intensity by pressing + and - 

Start with low intensity and increase according to the patient's comfort level. A power between 3 and 6 is recommended.


Press the + or - button to adjust the length of time or duration. 



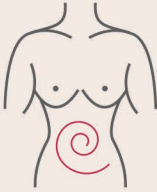
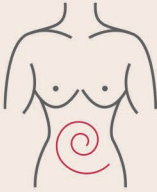
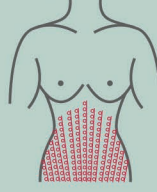
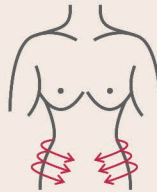
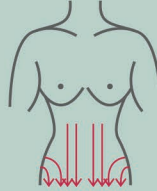
Press + or - to adjust the suction duration and release according to your preference

Press "START" to begin treatment. 

Press "STOP" to stop

And press "EXIT" to go back to the Main Menu. 

Operate with the Vacuum and Bipolar RF probe for 15-20 minutes per area, 2-3 times per week for 6-8 weeks, with mainly spiral movements on the body (see diagram below).

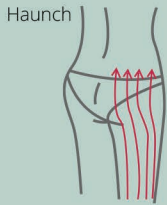
DIAGRAM	PROCEDURE	RATIONALE
<p>Abdomen</p> 	<ul style="list-style-type: none"> <li>• Apply enough slimming cream or ultrasound gel (around 80 mL or 3-5 mm thickness) to the area before you begin</li> </ul>	<ul style="list-style-type: none"> <li>• To facilitate the movement of the probe in any direction</li> </ul>
	<ul style="list-style-type: none"> <li>• Start from the navel and work outward from inner to outer in a circular motion such that the circles overlap slightly</li> </ul>	
	<ul style="list-style-type: none"> <li>• Make small overlapping circles starting from above the groin towards the hips.</li> </ul>	
	<ul style="list-style-type: none"> <li>• Work the flanks on a lateral position from posterior to anterior by sliding the probe</li> </ul>	
	<ul style="list-style-type: none"> <li>• Work in straight lines from 4 directions towards the navel</li> </ul>	
	<ul style="list-style-type: none"> <li>• Repeat the process for 15-20 minutes per area and apply more gel as needed</li> </ul>	



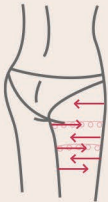
**DIAGRAM**

**PROCEDURE**

**RATIONALE**



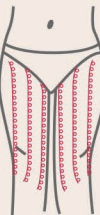
- Move vertically in a sliding fashion working on the posterior surface of the thigh



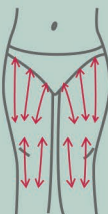
- Work from the outer thigh toward the inner thigh across the back of your leg on a circular and horizontal pattern. Work the handle in small overlapping circles and straight lines and repeat the same process on the frontal aspect of your thigh



- Work from the top of your knee towards the groin in a sliding fashion making sure that all areas are covered



- Work circularly from groin to the top of your knee and vice versa, making sure that all areas are covered

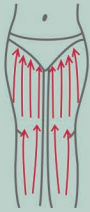


- Slide the probe into a smaller area dividing the reference point in half

**DIAGRAM**

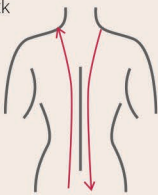
**PROCEDURE**

**RATIONALE**

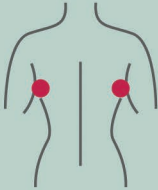


- Include the lower thighs as desired and work from bottom to top in a sliding fashion making sure that all areas are covered, avoid bony prominences, and slide probe on sites with more fat

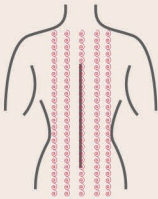
Back



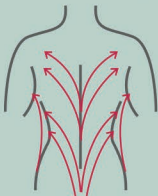
- Work from bottom to top and top to bottom by not lingering too long on one area, especially around the bones. Target areas that have a considerable amount of fat.



- Include the bra fat and upper arm fat intersection line



- Move circularly from top to bottom and bottom to top with full attention to back fat and flanks



- Work from the midline to the outer area, making sure that all areas are covered

**DIAGRAM**

**PROCEDURE**

**RATIONALE**

Upper Arm



- Work from distal to the proximal area of the upper arm in a sliding fashion toward the armpit



- Work in a smaller area at a time in a circular and straight fashion



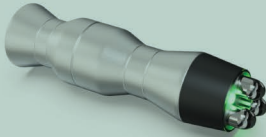
- Work from the distal to the proximal area of the upper arm in a straight fashion

### 3. TRIPOLAR RADIOFREQUENCY (RF)

#### Tripolar RF

Positive and negative micro-currents activate connective tissue in the skin cells, causing them to make collagen. This process rejuvenates the skin giving it improved elasticity and a younger appearance.

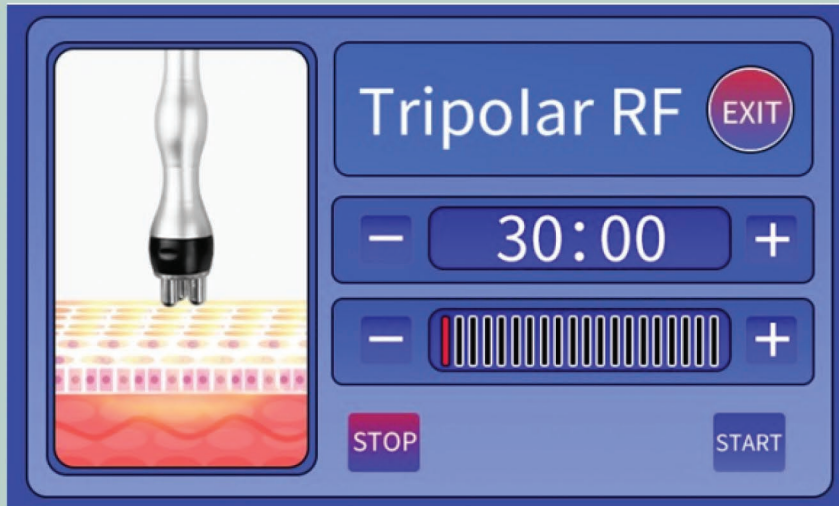
The Tripolar wand achieves this by stimulating muscle tension. The tension is increased and, in this way, gradually eliminates wrinkles, prevents skin aging, and restores skin elasticity.



Tripole RF handle + Green LED.

Treatment Areas: Face, the skin around the eyes, and skin around the mouth

Function: Reduce crows feet, dark circles, undereye bags, lifts the skin



Press the + or - button to adjust the length of time or duration

Below the 'duration' is the 'intensity' selection—again, press + to increase the intensity or - to decrease. Always start with lower power and increase as tolerable.

Press "START" to begin treatment.

Press "STOP" to stop

And press "EXIT" to go back to the Main Menu.

Operate with the Tripolar RF probe for not more than 15-20 minutes at a time 2-3x per week (see diagram below).

**DIAGRAM**

**PROCEDURE**

**RATIONALE**

Face



- Apply a thin layer of ultrasonic gel whenever using this device

- To facilitate smoother movement of the probe

- Warm the skin by moving the handle over the area to be treated. Move the probe in small circular motions by pressing tightly against the bottom of the chin and dragging along the jawline to the back of the ear. Repeat 5-8 times.



- Move the probe on a small circular pattern from the lower jawline by following the contour of the bone. Start at the chin, move toward the ear, and then back to the chin. Repeat 5-8 times



- Follow a similar pattern above the jawbone. Move from the side of the mouth to the ear.



- As you move up, the cheek follows the same pattern from the nose to the ear. Try to overlap the circle pattern and "plump" the cheek; push up slightly as you go under or around it.

**DIAGRAM**

**PROCEDURE**

**RATIONALE**



- Around the eyes, stay on the bone. Draw or use the handle in a semicircle pattern around the eyes. Now start over again, under the eye. Don't draw the handle down the nose and direct it to the eyeball



- Gently push the handle under one eye, toward the outer aspect of the eye. Repeat this process 5-8x



- Move head from the corner of the inner eye bone along the eyebrow to the far end of the brow. Repeat 5-8x



- Push the handle upward across the forehead. Start at or underneath the eyebrow and gently draw the handle toward the hairline. Please note that starting under the eyebrows will cause them to lift toward the hairline.

Neck



- When working on the neck, do not move the handle over the trachea or thyroid. Draw the handle from the collar bone in a straight line to the jawbone or, as shown on the diagram, avoid the thyroid

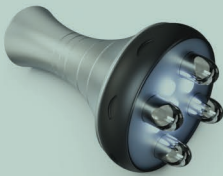
**4. QUADRUPOLE RADIOFREQUENCY (RF)**

**RF Face**

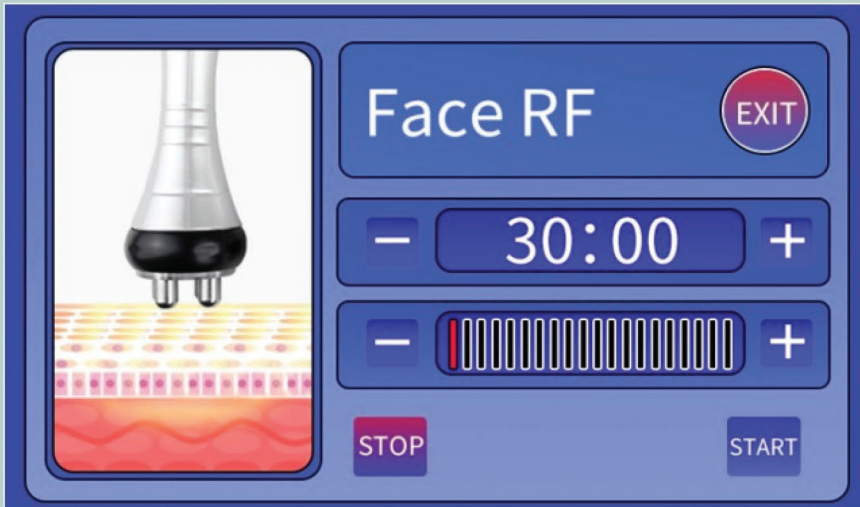
This device transmits a radio wave of (450khz), which generates an electrical field. This radio wave changes its polarity 450,00 times each second. The resulting electric field goes through the skin into the tissue below. In response, the electrons in the skin change direction as well. This generates heat. When collagen in the skin is heated to between sixty to seventy (60 – 70) degrees Celsius, it is likely to change and shrink.

The client will likely feel their skin has shrunk and tightened after the treatment.

Continuously changing the skin's collagen can remove wrinkles, eliminate scar tissue, restore skin elasticity, and make a patient's complexion shine. Repeated treatments can refresh and renew the skin.



Quadropole RF handle + Blue LED  
 Treatment Areas: Face, neck  
 Function: Lifts and firms the skin, reduce facial wrinkles and necklines, increase skin elasticity, improves facial tone



Press the + or - button to adjust the length of time or duration. - 30:00 +

Below the 'duration' is the 'intensity' selection—again, press + to increase the intensity or - to decrease. - [Intensity Bar] +

Press "START" to begin treatment. START

Press "STOP" to stop STOP

And press "EXIT" to go back to the Main Menu.

Operate with the Tripolar RF probe for not more than 15-20 minutes at a time 2-3x per week (see diagram below).

**DIAGRAM**

**PROCEDURE**

**RATIONALE**

Face



- Apply a thin layer of ultrasonic gel whenever using this device

- To facilitate smoother movement of the probe

- Warm the skin by moving the handle over the area to be treated. Move the probe in small circular motions by pressing tightly against the bottom of the chin and dragging along the jawline to the back of the ear. Repeat 5-8 times.



- Move the probe on a small circular pattern from the lower jawline by following the contour of the bone. Start at the chin, move toward the ear, and then back to the chin. Repeat 5-8 times



- Follow a similar pattern above the jawbone. Move from the side of the mouth to the ear.



- As you move up, the cheek follows the same pattern from the nose to the ear. Try to overlap the circle pattern and "plump" the cheek; push up slightly as you go under or around it.



**DIAGRAM**

**PROCEDURE**

**RATIONALE**



- Around the eyes, stay on the bone. Draw or use the handle in a semicircle pattern around the eyes. Now start over again, under the eye. Don't draw the handle down the nose and direct it to the eyeball



- Gently push the handle under one eye, toward the outer aspect of the eye. Repeat this process 5-8x



- Move head from the corner of the inner eye bone along the eyebrow to the far end of the brow. Repeat 5-8x



- Push the handle upward across the forehead. Start at or underneath the eyebrow and gently draw the handle toward the hairline. Please note that starting under the eyebrows will cause them to lift toward the hairline.

Neck



- When working on the neck, do not move the handle over the trachea or thyroid. Draw the handle from the collar bone in a straight line to the jawbone or, as shown on the diagram, avoid the thyroid

## 5. SEXTUPOLE RADIOFREQUENCY (RF)

### RF Body

The most advanced RF technology integration enables this probe to reach deep into fat cells under the skin with precision. The fatty deposits are excited and heated by the energy produced. This melts the fat into its chemical components as if it were being metabolized or used as energy by the body, which is a natural process. The components are removed from the body through the sweat glands, liver functions, and the lymphatic system. In this way, fat is dissolved and removed from under the skin.

The Sextupole RF handle has diamond particles of different sizes inlaid in it. These rub against the skin with the help of the vacuum feature. The vacuum's negative pressure also acts as a manual force to help break up fat deposits.

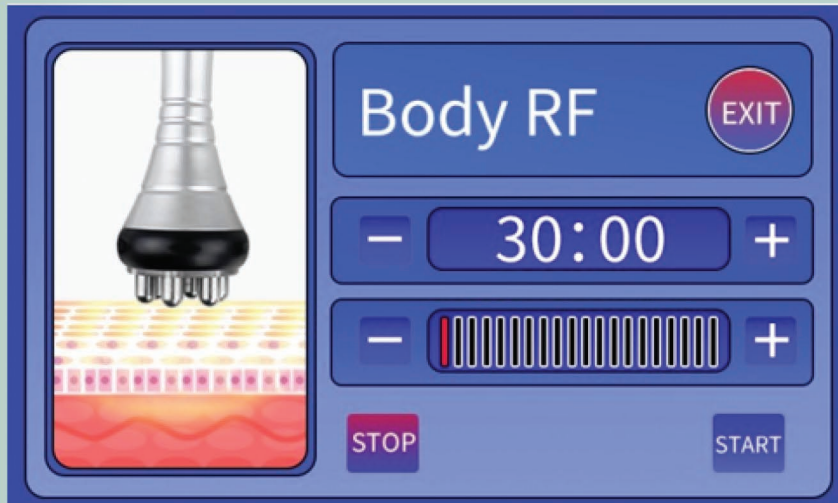
The benefits can be seen almost immediately. Along with fat breakdown, it enhances blood circulation, helps eliminate fatty components, smooths cellulite, and restores tissue.



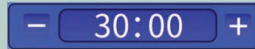
Tripole RF handle + Green LED.

Treatment Areas: Face, the skin around the eyes, and skin around the mouth

Function: Reduce crow's feet, dark circles, undereye bags, lifts the skin



Press the + or - button to adjust the length of time or duration.



Below the 'duration' is the 'intensity' selection—again, press + to increase the intensity or - to decrease.



Start with low intensity and increase according to the patient's comfort level.

Press "START" to begin treatment.



Press "STOP" to stop



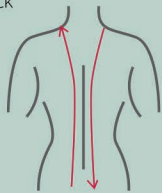
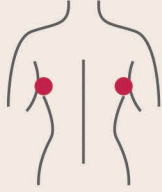
And press "EXIT" to go back to the Main Menu

Operate with the Sextupole RF probe for 25 minutes per area 2-3x per week (see diagram below).

**DIAGRAM**

**PROCEDURE**

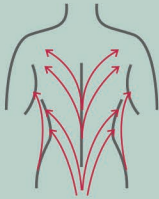
**RATIONALE**

	<ul style="list-style-type: none"> <li>• Massage the area to be treated for 1-2 minutes</li> </ul>	<ul style="list-style-type: none"> <li>• To allow relaxation and prevent tension on the muscles during the procedure</li> </ul>
	<ul style="list-style-type: none"> <li>• Apply enough ultrasound gel (around 80 mL or 3-5 mm thickness) to the area before beginning.</li> <li>• Do not use essential oil for this specific treatment</li> </ul>	<ul style="list-style-type: none"> <li>• To facilitate the movement of the probe in any direction</li> </ul>
<p>Back</p> 	<ul style="list-style-type: none"> <li>• Work from top to bottom</li> <li>• Operate the probe using a pulling technique. Drag fat towards the lymph nodes to help with the elimination</li> <li>• Start the pulling technique only after the skin is vacuumed through the probe or has contacted the RF head</li> </ul>	
	<ul style="list-style-type: none"> <li>• Include the bra fat and upper arm fat intersection line</li> </ul>	

**DIAGRAM**

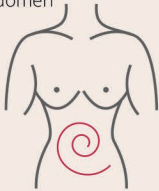
**PROCEDURE**

**RATIONALE**

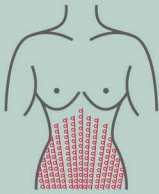


- Work from the midline to the outer area, making sure that all areas are covered

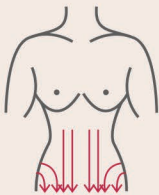
Abdomen



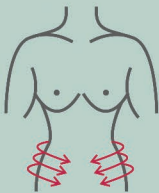
- Start from the navel and work outward from inner to outer in a circular motion such that the circles overlap slightly




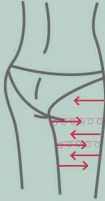
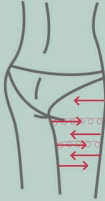

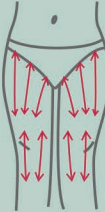
- Make small overlapping circles starting from above the groin towards the hips.



- Operate the probe using a pulling technique. Drag fat towards the lymph nodes to help with the elimination
- Start the pulling technique only after the skin is vacuumed through the probe or has made contact with the RF head



- Work the flanks on a lateral position from posterior to anterior by sliding the probe

DIAGRAM	PROCEDURE	RATIONALE
<p>Haunch</p> 	<ul style="list-style-type: none"> <li>Repeat the process for 15-20 minutes per area and apply more gel as needed</li> </ul>	
	<ul style="list-style-type: none"> <li>Move vertically in a sliding fashion working on the posterior surface of the thigh</li> </ul>	
	<ul style="list-style-type: none"> <li>Work from the outer thigh toward the inner thigh across the back of your leg on a circular and horizontal pattern. Work the handle in small overlapping circles and straight lines and repeat the same process on the frontal aspect of your thigh</li> </ul>	
<p>Thigh</p> 	<ul style="list-style-type: none"> <li>Work from the top of your knee towards the groin in a sliding fashion making sure that all areas are covered</li> </ul>	
	<ul style="list-style-type: none"> <li>Slide the probe into a smaller area dividing the reference point in half</li> </ul>	

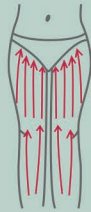
**DIAGRAM**

**PROCEDURE**

**RATIONALE**



- Work circularly from groin to the top of your knee and vice versa, making sure that all areas are covered



- Include the lower thighs as desired and work from bottom to top in a sliding fashion making sure that all areas are covered, avoid bony prominences, and slide probe on sites with more fat



- Work from distal to the proximal area of the upper arm in a pulling fashion towards the armpit



- Work in a smaller area at a time in a circular and straight fashion



- Work from the distal to the proximal area of the upper arm in a straight fashion

## 6. LASER LIPOLYSIS

### Laser Lipolysis

The diode Lipo Laser emits low levels of energy that break fat cells into triglycerides, free fatty acids, and glycerol. These fat components are then metabolized by the body or eliminated. This is a natural process where the body uses stored fat as energy. It, therefore, will not harm or damage skin, blood vessels, or nerves.

Exercise after treatment is recommended to ensure the fat is metabolized or used as energy and unneeded components are eliminated from the body.

The 5mw lipo laser system uses light to penetrate the skin and stimulate fat metabolism for an effective slimming treatment.

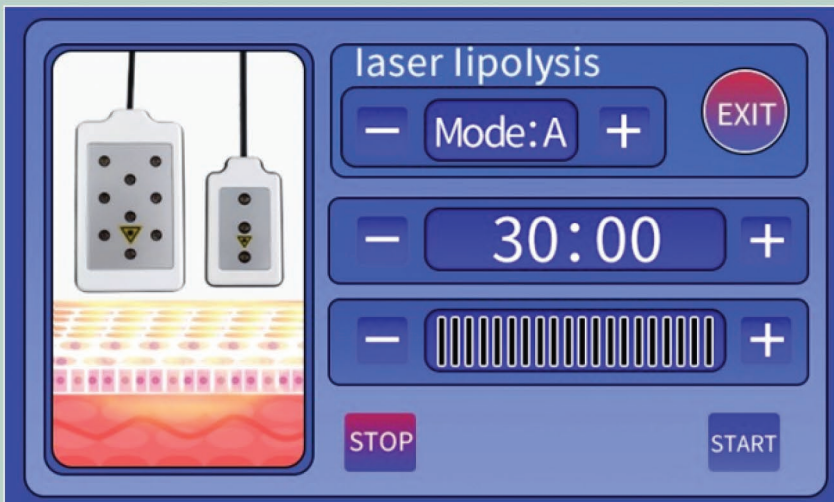
Attach the laser board to the body part in need of treatment for no more than 20 minutes.



Lipolaser plates

Treatment Areas: Small plates: arms, Large plates: legs, abdomen, belly, back

Function: Reduce unwanted fat



Select the desired mode **Mode:A**

Select the mode to operate using the **-** and **+** symbols

Press the + or - button to adjust the length of time or duration. **- 30:00 +**

Below the 'duration' is the 'intensity' selection—again, press + to increase the intensity or - to decrease. **- [Intensity Icon] +**

Start with low intensity and increase according to the patient's comfort level.

Press "START" to begin treatment. **START**

Press "STOP" to stop **STOP**

And press "EXIT" to go back to the Main Menu

**DIAGRAM**

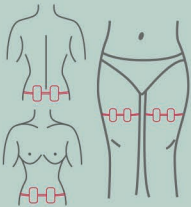
**PROCEDURE**

**RATIONALE**



- Wear insulated gloves during operation

- Remove any pieces of jewelry or metal articles from the body



- Place the electrodes in complete contact with the skin and apply the belt
- Do not use the panel intermittently or turn them on and off. Once treatment has started, please do not stop it unless patient discomfort occurs