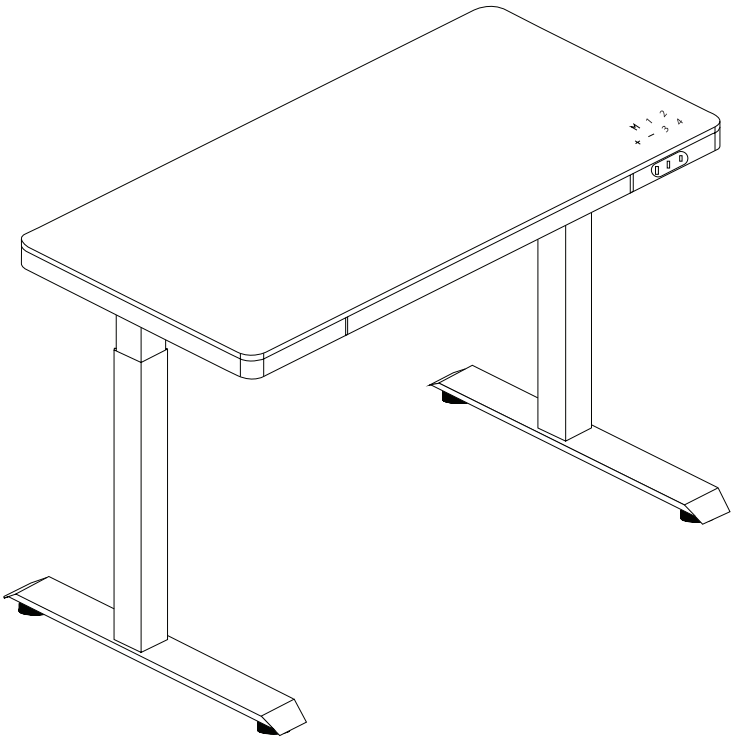
LifeSpan®

Life's short. Live longer.



LifeSpan SDG Glass Standing Desk

Owner's Manual

Welcome to LifeSpan: Pioneering Wellness at Work!

Leading the Way in Office Wellness Since 2016

Transform your workspace with our "Active Workstations"! LifeSpan is redefining the office environment, offering you the chance to burn over 1,000 extra calories while you work. Say hello to a more dynamic and energetic office life!

Productive Employees and Fewer Sick Days

Experience the revolution in office wellness. Our products are more than just furniture; they're a smart investment. Watch as they positively impact insurance costs and lead to fewer sick days. We're changing the game in employee health and productivity.

Step into Our Wellness Program

Embrace technology that meets wellness head-on. Our software integrates effortlessly with all LifeSpan products, creating an organizational culture brimming with health and vitality. Join us in the wellness revolution.

Inspire Team Engagement Like Never Before

Energize your workplace with company-wide or department-specific fitness challenges. Encourage your team to lead a vibrant, active lifestyle, enhancing morale and engagement. LifeSpan turns every step, every pedal, into a path to a happier, healthier team.

Join Our Mission: A Healthier World, A Cleaner Planet

Our commitment extends to the planet. We practice eco-friendly manufacturing, contributing to a cleaner environment. Meet AMPERA, our energy-efficient range where your exercise can power your devices. Be part of our journey towards a healthier, more sustainable world.

Be Part of the #LifeSpanFam

Join us on this exciting journey. Thank you for taking the first step! Be part of a community that's alive with energy and enthusiasm. LifeSpan isn't just about working well; it's about living well. Welcome aboard, where every day is a steptowards a healthier, more vibrant you!

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INTRODUCTION TO THE PRODUCT

Most electronic height-adjustable desks go up to 48 inches; ours extend up to 52 inches to ensure taller individuals can find a comfortable and ergonomic posture, even when pairing their desk with an under-desk treadmill or bike!

Introducing our innovative SDG Glass Standing Desk, the perfect fusion of functionality and style! Elevate your workspace experience with this sleek and modern desk designed to inspire creativity and productivity.

Crafted from high-quality materials and a powder coat finish, this standing desk offers a sturdy and durable surface that's not just for typing—it's a canvas for your ideas! Unleash your creativity by jotting down notes, brainstorming, or sketching directly on the desk surface using dry erase or whiteboard markers. The smooth, writable glass surface wipes clean effortlessly, allowing for endless brainstorming sessions and spontaneous bursts of inspiration.

Designed with ergonomics in mind, this desk smoothly transitions between sitting and standing heights, allowing you to customize your work position effortlessly. The adjustable height feature promotes a healthier posture, reducing strain on your back and neck, and boosting your overall comfort throughout the day.

- 265 lbs Weight Capacity
- 52' Max Desk Height
- Embedded Drawer
- Built-in Charging Ports

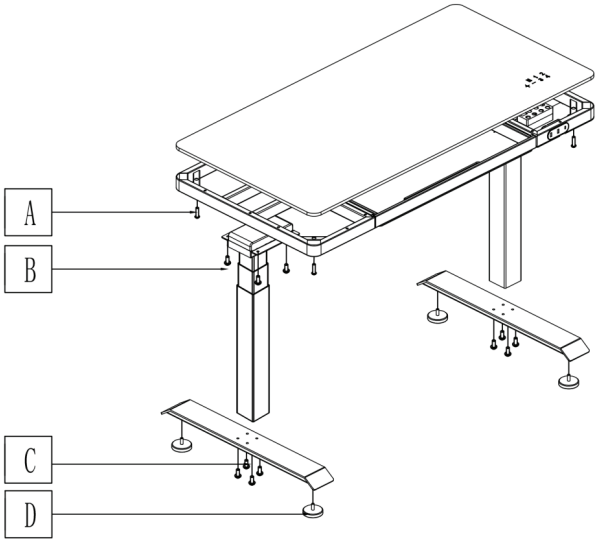
SAFETY WARNINGS AND PRECAUTIONS

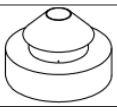
1. This product must be used under the correct technical parameters.
2. Keep away from liquids, corrosive gases, and dusty environments.
3. Give the product a few seconds in between changing the height of the desk to prevent from overheating.

FEATURES SPECIFICATIONS

Input	100~240VAC
Output Power	24VDC
Desk Height	25″-52″ (63.5-132CM)
Load Capacity	265 lbs (120 kg)
Max.Speed	25MM/S (0.056mph)
Min.Install Dimension	620MM
Operation Temperature	50°F to 104°F (10°C to 40°C)
Safety Operation Time	2min continuously (machine will cool down for about 20 minutes after 2min straight operations to ensure safety)
Operating Noise	<50 db
Product Weight: Frame	47.4lbs (21.5kg)
Desktop	60.2lbs (27.3kg)

PART LISTS



Item #	Qty.	Part Description	
A	4	M8*30 Screw	
B	8	M6*10 Screw	
C	8	M6*16 Screw	
D	4	Foot Pads	
E	1	Patch cord	
F	3	Tie	
G	1	4MM Allen Wrench	
H	1	5MM Allen Wrench	
I	14	Rubber pad	
J	14	Hole cover	

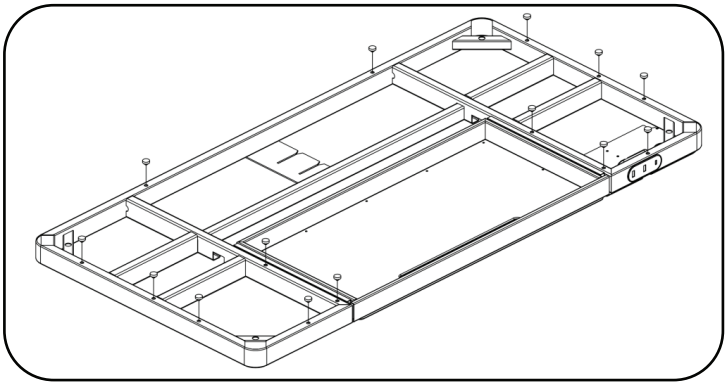
Warning:

Please only use the tool parts included in the package; avoid using power tools.

ASSEMBLY INSTRUCTIONS

Step 1

I	X14

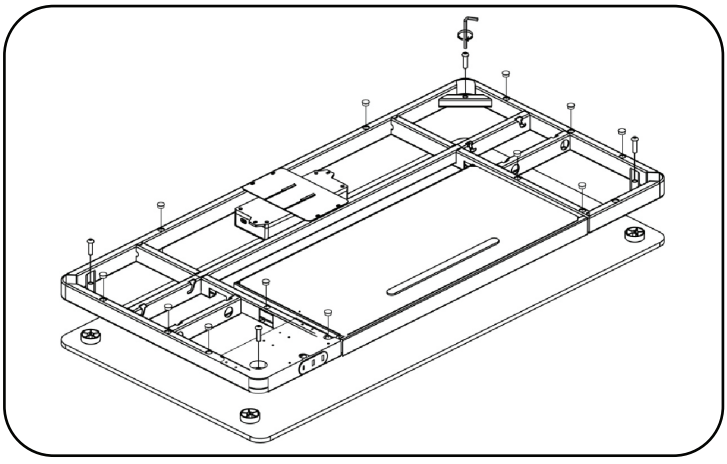


Step 2

A	X4

H	X1

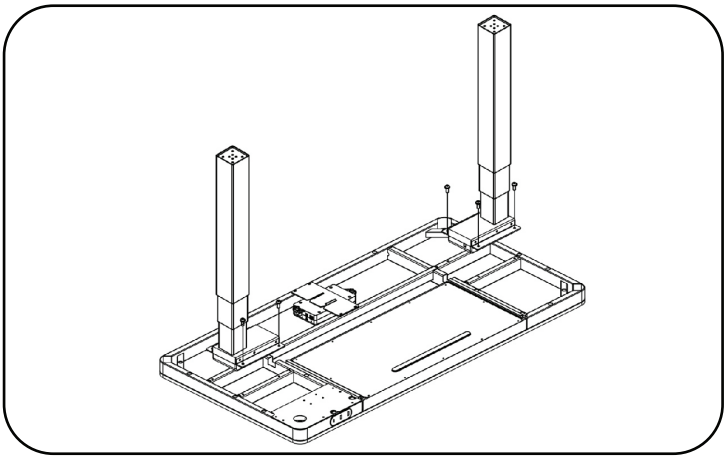
I	X14



Step 3

B	X8
M6*10	

G	X1
4MM	

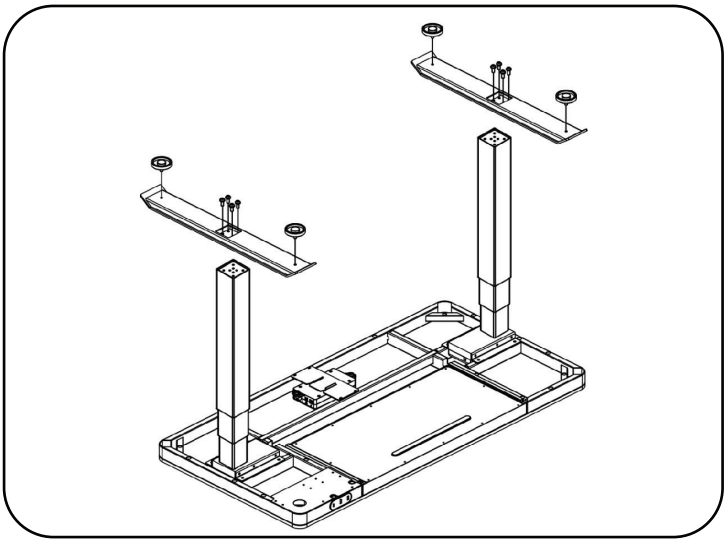


Step 4

C	X8
M6*16	

C	X4

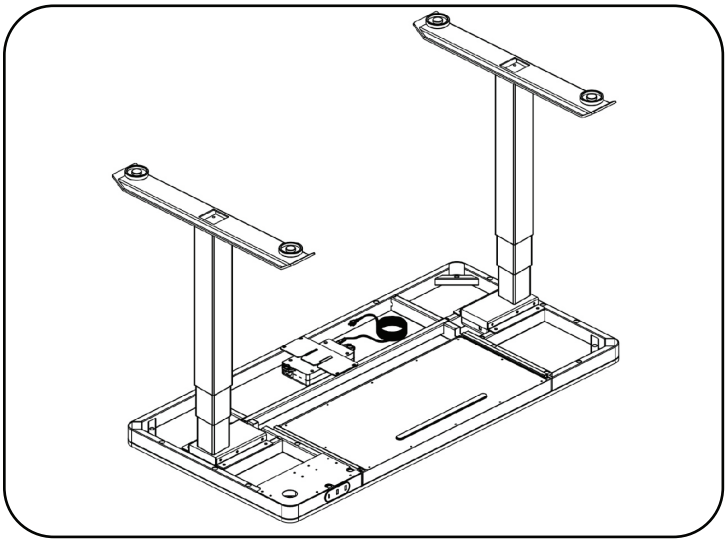
G	X1
4MM	



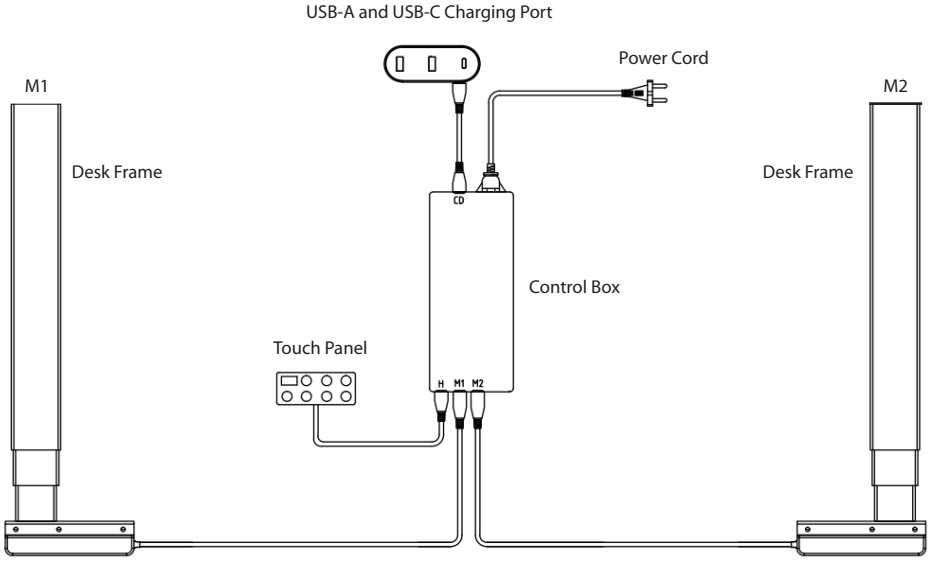
Step 5

E	X1

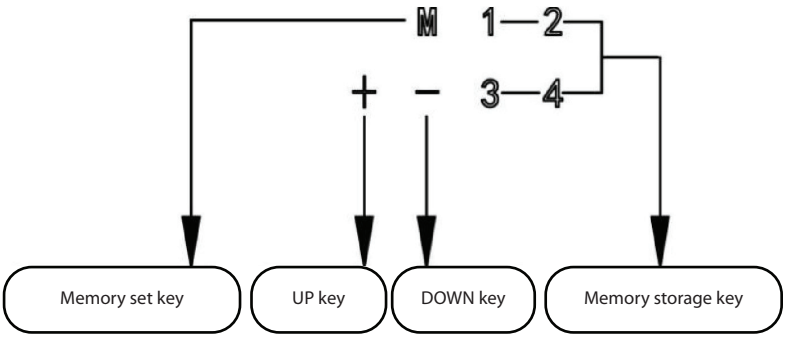
F	X3



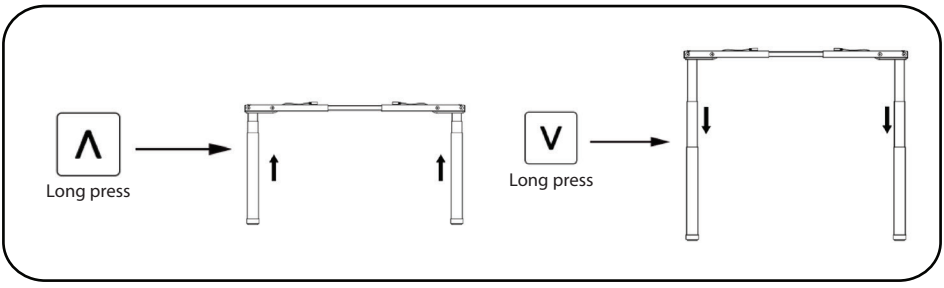
Connect the cables like the image below:



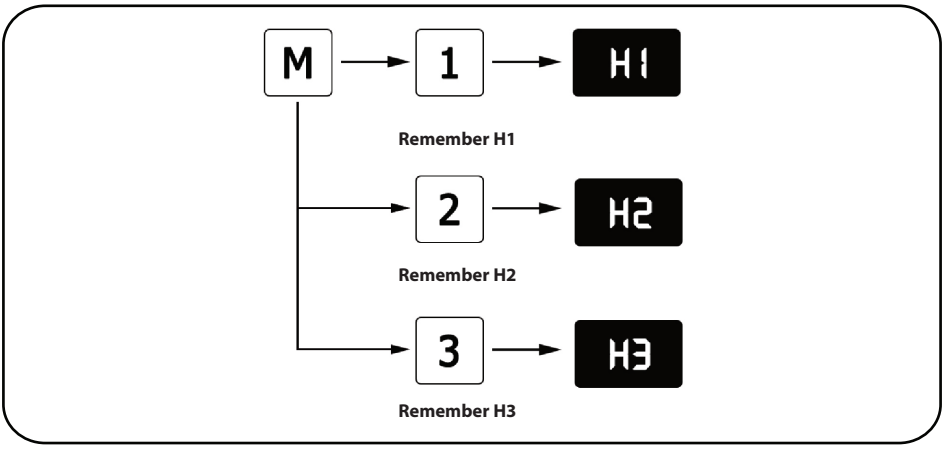
USER GUIDE



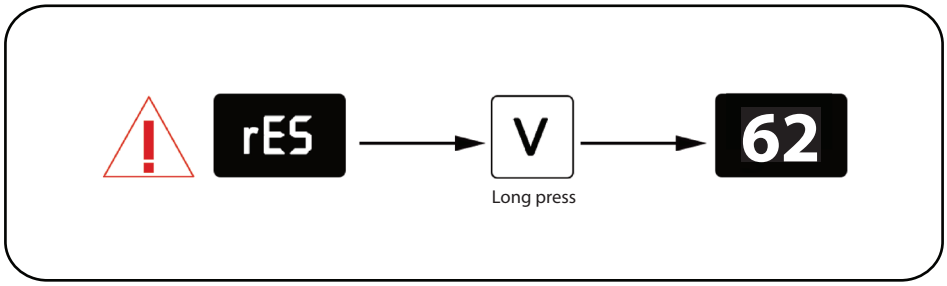
1.1. Key Function:



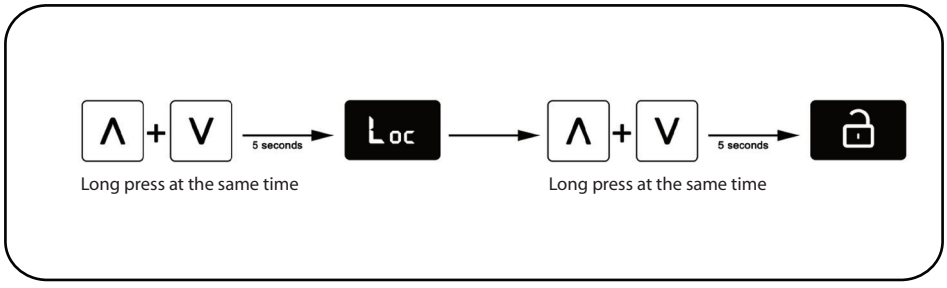
1.2. How to Set Up Memory Feature:



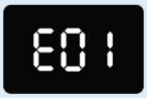
1.3. Reset



1.4. Child Lock



ERROR CODES AND TROUBLESHOOTING

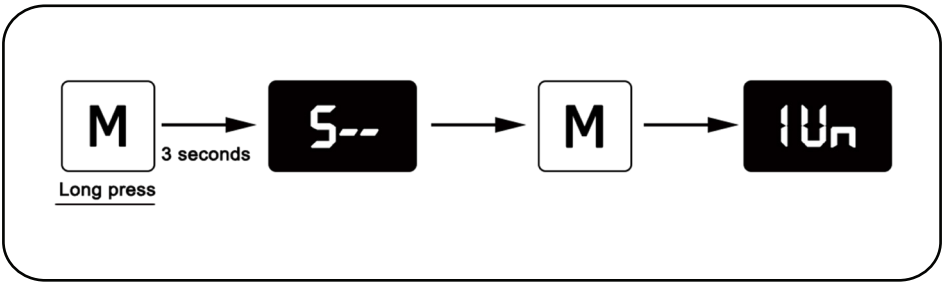
No.	Error Codes	Troubleshooting
1.		• Wait for a duration of 18 minutes. • First, disconnect the power cable and wait until the display • panel is entirely blank. After that, reconnect the power cable. This action should automatically clear the error code.
2.		"Reset" needed
3.		• Ensure that all cables are properly connected. After checking the cables, wait for 3 seconds, and the error code should automatically disappear. • If the error code persists, contact Technical Support for assistance. • Remove any excess weight from the device. Once the overweight is removed, the error code will automatically disappear.
4.		"Reset" needed
5.		Please ensure that the weight on the device does not exceed 265 lbs (120 kg) by removing any excess weights.

HANDSET OPERATION INSTRUCTIONS

The meaning of each key function

1. HEIGHT 1-----return key (return to the previous menu) If you want to set several functions at the same time, you can directly return to continue setting through 1 key without exiting the background
2. UP key -----Last page (switch to the previous interface of the current menu page)
3. DOWN key -----Next page (switch to the next interface of the current menu page)
4. M -----Confirmation key (confirm to enter the next menu of the current interface or confirm to select the current parameter item)

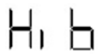
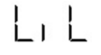
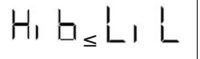
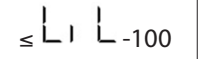
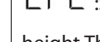
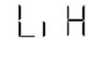
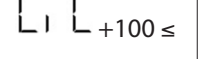
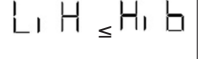
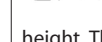
How to enter the background of manual controller



Code	Function	Sub function	Setting method
1Un	Display units	S1 (Initial)	Press the "M" button to enter the first function programming setting; it will then display S1 .Press the "M" button again to confirm and wait for 2 seconds. It will display the current height in centimeters. Once this appears, the centimeters setting is complete.
		1 n	After it display S1 ,press the UP or DOWN button; it will then display 1 n . Press the "M" button to confirm and wait for 2 seconds. It will display the current height in inches. Once this appears, the inches setting is complete.

2br	Handset display brightness	(initial)	Press "M" button to enter, it will display . Press the "M" button again to confirm. Wait for 2 seconds; it will display the current height. Once this is shown, the brightness setting is complete.
			After it display ,press UP or DOWN ,It will display , Press "M" button to confirm. Wait for 2 seconds,It will display current height, the low brightness setting is completed
			After it display ,press UP or DOWN ,It will display ,Press "M" button to confirm . Wait for 2 seconds, It will display current height,the high brightness setting is completed
3bE	Setting voice	(Initial)	Press "M" button to enter,It will display , Press "M" button to confirm. Wait for 2 seconds, , It will display current height,the no voice setting is completed
			After it display ,press UP or DOWN ,It will display , Press "M" button to confirm. Wait for 2 seconds, It will display current height,the bee voice setting is completed
4Fu	Go up anti-collision sensitivity	L0~L9	Press "M" button to enter,It will display L5 (Initial) ,Press UP or Down to select the your favorite level,Press "M" button to confirm, Wait for 2 seconds, , It will display current height,the setting is completed ("L1" is the most sensitivity setting,"L9" is the least sensitivity setting."L0" is to turn off this function,"L5" is about 15kg)

5Fd	Go down anti-collision sensitivity	L0~L9	Press the "M" button to enter; it will display "L5" (initial setting). Press "UP" or "DOWN" to select your preferred level. Press the "M" button again to confirm. After waiting for 2 seconds, it will display the current height, indicating the setting is complete. ("L1" is the most sensitive setting, while "L9" is the least sensitive setting. "L0" turns off this function. "L5" corresponds to approximately 15kg.)
6FS	Balance sensitivity	L0~L9	Press "M" button to enter,It will display L5 (Initial). Press UP or Down to select your favorite level, and Press the "M" button to confirm. Wait for 2 seconds,then, it will display current height, the setting is completed. ("L1" is the most sensitive setting, "L9" is the least sensitive setting. "L0" turns off this function. "L5" corresponds to approximately 3 degrees.)

7SH	Setting the new lowest display range and height range		Press "M" button to enter,It will display Press the "M" button again to enter; it will then show the current lowest height. Use the UP or DOWN button to set the desired lowest height display. Press the "M" button to confirm. It will display the current height, completing the setting. : To set the lowest position height display, the adjustable range is 10-100mm.
		  	Press UP or DOWN ,It will display ,Press the "M" button again to enter; it will then show the current lowest height. Press UP to set a lowest height position ,Press "M" to confirm .,It will display current height,the setting is completed. :Set a new minimum desk height,The height  should be greater than height.
		   +stroke	Press UP or DOWN ,It will display ,Press "M" button to enter,It will display current highest height. Press DOWN to set a new highest height position ,Press "M" to confirm .It will display current height,the setting is completed. :Set a new maximum desk height ,The height should be more than 100 mm higher than  height.

NOTICE

1. This product must be used within the correct technical parameters.
2. Keep away from liquids, corrosive gases, and dusty environments.
3. Contact our factory when necessary.

LifeSpan SDG Glass Standing Desk

LifeSpan Fitness

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Version 1.0