



The VERSA brings our trusted HI-LO pulley system into a stand-alone unit, providing a flexible workout with over 8 exercises in a small footprint.

Real Fitness Equipment for Real Results

The VERSA HI-LO Pulley System is a tamperproof and weatherproof indoor/outdoor fitness machine featuring the Apollo's popular HI-LO pulley station that provides a biomechanically correct workout in an extremely small footprint.



 **TAMPERPROOF.**  **WEATHERPROOF.**  **SAFE.**

TRUSTED PULLEY STATION

The VERSA provides the popular HI-LO pulley station for a variety of standing and seated exercises. Our unique, tamperproof selectorized weight stack allows users to adjust weight between 10 and 100lbs. Locking safety features also eliminate pinch points or entrapment zones typically seen on indoor selectorized weight stack systems.

VARIETY OF MOVEMENT

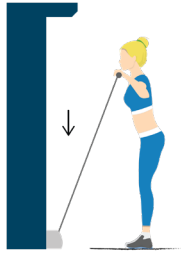
The VERSA provides a full body workout by allowing the user to easily change the angle and level of resistance in over 8 exercises.

This makes many different exercises easy to set up and perform for a variety of user abilities, including for those using a wheelchair.

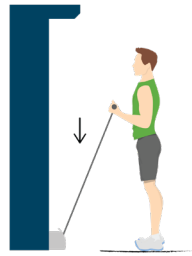
SMALL FOOTPRINT

The VERSA helps you make the most out of your space! Get a full body workout even with the VERSA's footprint dimensions of only 20" x 15".

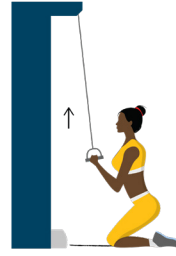
The VERSA is built to maximize indoor or outdoor exercise areas.



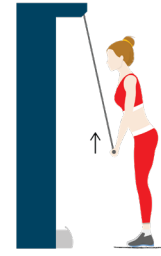
UPRIGHT SHOULDER ROW
LOW PULLEY STATION



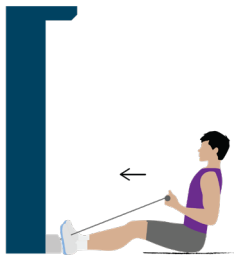
BICEP CURL
LOW PULLEY STATION



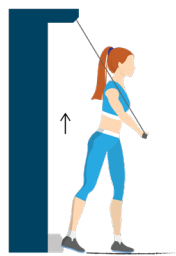
UPPER BACK PULL DOWN
HIGH PULLEY STATION



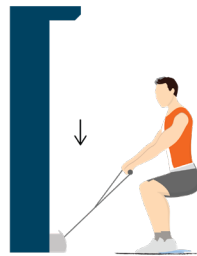
TRICEP PRESS DOWN
HIGH PULLEY STATION



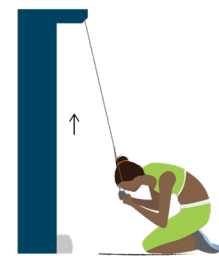
BACK SEATED ROW
LOW PULLEY STATION



SINGLE ARM CHEST PRESS
HIGH PULLEY STATION



CABLE SQUATS
LOW PULLEY STATION



KNEELING CABLE CRUNCH
HIGH PULLEY STATION

TECHNICAL SPECIFICATIONS



Width: 15" / 38 cm

Length: 20" / 51 cm

Height: 90" / 229 cm

Use Zone: 7'6" x 4'9" / 228 cm x 144 cm

Weight: 482 lbs / 219 kg

Weight Stack Weight: 100 lbs / 45 kg

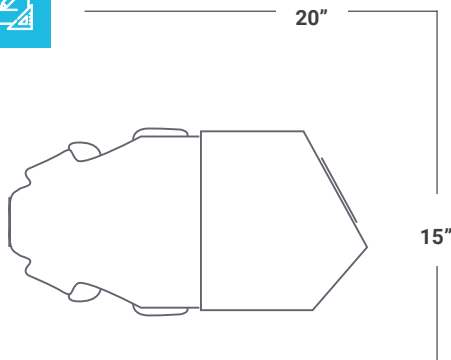
Fall Height: 0"

Shipping Weight: 530 lbs / 240 kg

Shipping Dimensions: 36" wide x 40" long x 85" high /
91 cm wide x 102 cm long x 216 cm high



CAD DRAWING



Instructional Placards: Reverse print with UV-stabilized ink on 1/4" thick Lexan. Bolted to the columns with a stainless steel trim ring using stainless steel carriage bolts.

Frame: Constructed of 3/16" and 1/4" thick heavy-duty steel. All fasteners are tamperproof stainless steel carriage bolts with a smooth, rounded head and square neck. The locking nuts are shielded behind a padlocked access hatch.

Finish:

- All parts have surfaces prepped and cleaned of all mill scale, rust, oils, and dirt using shot blast and/or chemical wash.
- Primer coat is applied with epoxy zinc-rich primer (3-4 mil thickness) and cured in oven.
Primer designed for superior rust protection. Tested for 3000 hours of salt spray resistance.
- Top finish coat is applied with TGIC-FREE weather-resistant polyester powder (3-4 mil thickness) and cured in oven.
Tested for 1500 hours of salt spray resistance.
- All parts inspected to be free of paint defects prior to shipping.



Accessibility: It is the manufacturers' opinion that the Versa Hi-Lo Pulley System conforms to the A.D.A. accessibility standard, assuming an accessible protective surfacing is provided, or within the entire use zone.