

# DF305 BICEP/TRICEP

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

## KEY FEATURES

- Direct drive system offers two opposing cams for less cable-slop and faster workout changeover
- Seat back and bottom are adjustable to accommodate different heights
- Plate increments: 20 x 11 lbs ( 5 kg)
- Heavy duty arm pad with chest support



TECHNICAL DETAILS	
<b>Unit Weight</b>	484 lbs / 220 kg
<b>Dimensions (LxWxH)</b>	54.5 x 41.6 x 57 in / 138.3 x 105.7 x 144.7 cm
<b>Weight Stack</b>	220 lbs / 100 kg
<b>Max User Weight</b>	500 lbs / 227 kg
<b>Starting Weight</b>	Bicep: 11 lbs / 5 kg Tricep: 6.5 lbs / 3 kg
<b>Features</b>	5 inch deep groove POM pulleys provide consistent cable tracking 14-gauge machine welded frame Stainless steel guide rods resist rust and maintain smooth operation Heavy-duty marine grade cushions Multiple adjustment points for maximum customization

WARRANTY*	
<b>Type</b>	Full Commercial - no usage limit
<b>Frame</b>	10 Years
<b>Weights &amp; Guide Rods</b>	5 Years
<b>Cables, Belts, Bearings &amp; Parts</b>	3 Years
<b>Grips, Enclosures &amp; Covers</b>	1 Year
<b>Upholstery</b>	6 Months
<b>Labor</b>	1 Year

NOTABLE DETAILS		
<p>Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience</p>	<p>Dual cam system improves biomechanics and reduces cable slack</p>	<p>Stacks feature sound dampeners and magnetized selector fork for maximum stability</p>