THIS PKN

The perfect bowl of Steel Cut Oats



Ingredients

- 2 1/2 cups water plus additional as needed
- 1 cup THIS PKN Original
- 1 cup steel cut oats
- 1/4 teaspoon kosher salt
- Toppings (i.e. blueberries, strawberries, brown sugar)

Instructions

- Place 2 1/2 cups water and THIS PKN
 Original in a medium/large saucepan.
 Bring to a boil over high heat.
- 2. When boiling, stir in the oats and salt. Return the mixture to a steady boil, then immediately reduce the heat to low so that the oats are at a gentle simmer. Don't walk away from the pot at this point, as oats sometimes boil over.

- 3. Gently simmer for 20 minutes, stirring occasionally and scraping along the bottom of the pan to prevent sticking.
- 4. For softer, creamier oats, continue cooking for 5 to 10 additional minutes, stirring every few minutes until the oatmeal is as tender as you like. If the oatmeal becomes thicker than you'd like, splash in a little extra water or THIS PKN Original to thin it out to your desired consistency.
- 5. Remove the oatmeal from the heat and let sit a few minutes to finish thickening.
- 6. Enjoy hot with any of your favorite toppings.

