



Get your cat comfortable on the harness before going outdoors with them.

When harness training a cat they will go through 3 phases:

1. Getting used to the harness.
2. Getting used to the leash.
3. Getting used to the outdoors.

### **Acclimating the cat to the harness**

Place the harness near your cats' bed, so that they get familiar with the new garment and impregnate it with pheromones.

### **Leash walking indoors**

Start indoors and follow their lead. Use food and toys to incentivize movement if they don't do it on their own.

### **Walking outdoors**

Outdoors can be overwhelming for cats. Start in quiet places, without cars, dogs, or other noises and distractions.

An adventure cat is a cat who explores the outdoors with its guardian/s. A cat that loves to explore and hunt in new spaces.

Adventure cats are curious, active, and energetic, and enjoy spending time outside. Contrary to popular belief, they can be the perfect companions for people who love to hike, camp, or spend time in nature.

Today, the main outdoor activities adventure cats take part in are hiking, roadtripping, camping and kayaking. However, the options are endless and adventure cats have been known to go sailing, skiing, canoeing, SUPing and much more!

*"A harness that gives your cat the freedom to explore outdoors to the fullest"*

ALBERT & MIA



Cats are both predators and prey and because of it they tend to be more alert and curious about their environment and can get overwhelmed easier than dogs.

Cats of all ages are quicker to respond positively to new things when you make the experience fun and rewarding.

Try to keep every experience short and sweet, so that your cat associates going out on a leash with an enjoyable experience.

Ask your cat to sit & stay or secure the cat by squishing them with your elbow as you follow the instructions below to put the harness on.

### **VIDEO TUTORIALS:**

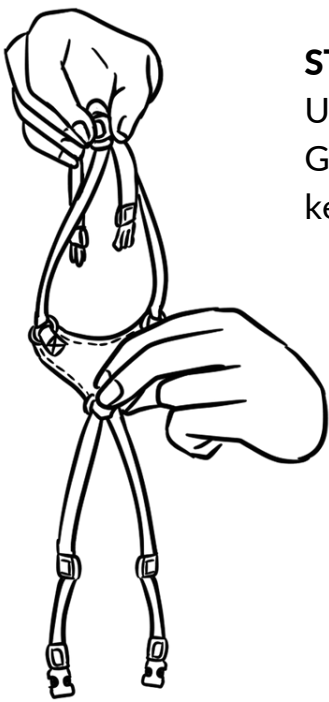
- [Putting a Harness on a Cat](#)
- [Leash Training a Cat](#)
- [Avoid Cat Walking Mistakes](#)
- [Shoulder Train a Cat](#)

### **CAUTION!**

**Please check your surroundings before venturing outside to make sure there are no predators, dogs, or free-ranging cats.**

**Beware of the dangers of hot sidewalks or driveways, broken glass, and unidentified debris.**





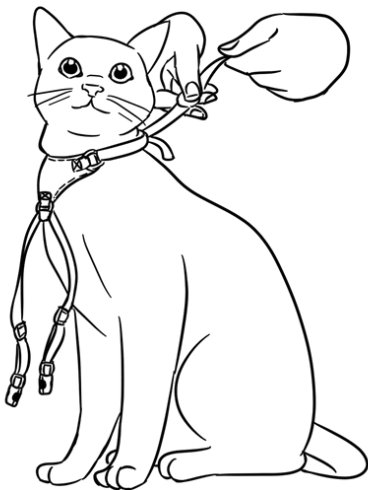
### STEP 1 - Prepare the harness

Unbuckle both side straps.  
Grab the harness by the ring and  
keep the head space open.



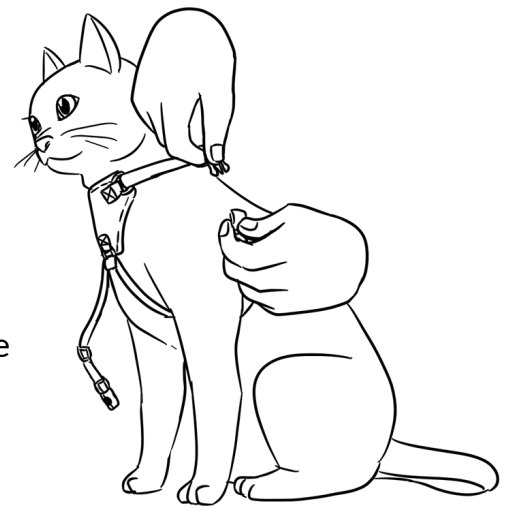
### STEP 2 - Introduce head first

Tilt the harness slightly and  
introduce the cat head first.  
Let the harness hang, with the  
side straps pointing towards  
the floor.



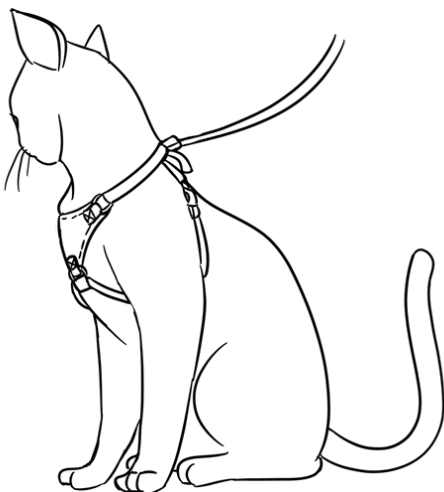
### STEP 3 - Secure the neck

Secure the neck with the cord stopper.  
The chest pad should be loose on the neck and fall  
slightly below, over the ribcage.



### STEP 4 - Secure the sides

Clip the side buckles. Adjust the length of the side straps.  
You can unclip the buckles to make adjusting easier (One  
side at a time).



### STEP 5 - Fit as displayed

The chest pad should not be too close to the neck,  
which could cause suffocation.

**For a proper fit, you should be able to slide 2-3  
fingers between the harness and the cat.**