

ADVENTURE CAT READINESS TEST

BY @OUTDOORBENGAL

ANY CAT CAN ENJOY THE OUTDOORS. FACTORS LIKE AGE, PERSONALITY AND LIFESTYLE CAN AFFECT HOW FAST THEY ADAPT TO THE NEW LIFESTYLE..

GET OUTDOORS: HOW CONNECTING WITH NATURE CAN RECHARGE YOUR CAT

Though cats have been domesticated for nearly 4,000 years, their hunting instinct, love for climbing trees, eating plants as well as many other ancestral behaviors are very present in our furry friends.

Being outdoors will be extremely enriching to your cat, they will unwind, drain their energy and come back home more snugly and happier.

Letting our cats roam free (as a purely outdoor cat) comes with threatening hazards:

- Their life expectancy reduces from 17 to 3.5 years
- They are considered an invasive species and their hunting drive can hurt the ecosystem.

Walking your cat on a leash can prove to be an enriching activity as long as your cat is up for an adventure. Not all cats are adventure-ready, especially those who've spent years indoors.



HOW DO I KNOW IF MY CAT IS ADVENTURE READY?

Take this test to understand if your cat is an adventure cat or you have work to do to give them the confidence they need.

This test should help you identify where your cat is at in terms of curiosity, outdoor drive and need for exercise.

At the end of this document you'll find guidance to help you understand the results as well as what are the next steps you have to take.

THE FOLLOWING TEST IS NOT VALIDATED SCIENTIFICALLY NOR IS INTENDED TO

THERE ARE NOT RIGHT OR WRONG ANSWERS, NO ONE KNOWS YOUR CAT BETTER THAN YOU.

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RATE THE FOLLOWING STATEMENTS FROM 1 TO 5
1 BEING STRONGLY DISAGREE & 5 BEING STRONGLY AGREE

THE CURIOSITY

TOTAL

My cat is fond of new people. When guests come into our home my cat strides confidently towards them to investigate.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat is a grocery supervisor. When I come back home with bags or boxes my cat will check, inspect and certify all incoming packages.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat turns noises into opportunities. When there's an unexpected noise my cat is the first one to validate its origin.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THE OUTDOOR DRIVE

TOTAL

My cat has a romantic relationship with the window. My cat will stay gazing out for long periods of time drawn to the outside world.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat is a door dasher. My cat is an escape artist and will try to sneak out of the home every time an opportunity presents.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat loves national geographic. When spotting a small mammal or bird (even on TV) my cat gets into hunting mode.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THE ENERGY

TOTAL

My cat is a play fanatic. My cat chooses interactive playtime over cuddling and requires lots of stimulation several times a day.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat is a Houdini. When I put the harness on my cat it's like turning on the crazy horse mode and will do anything to escape from it.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

My cat turns into an energy ball. My cat will get "zoomies" often and will run around the house chasing invisible friends or prey.

1	2	3	4	5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THERE ARE NO RIGHT OR WRONG ANSWERS.

ADD UP ALL THE ANSWERS (1 = 1 POINT, 2 = 2 POINTS...)
CHECK THE NEXT PAGE TO UNDERSTAND THE RESULT

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ADD UP THE ANSWERS (1 = 1 POINT, 2 = 2 POINTS...)
FOR THE TOTAL AND EACH BLOCK (CURIOSITY, ENERGY AND OUTDOOR DRIVE)

MORE THAN 36

Your cat is raw! They're likely going to be a very happy adventure cat. Get ready to meet the most independent side of your cat's purrsonality!

BETWEEN 18 - 36

There's an adventure cat in your furry friend. Consistency, positive reinforcement and moving slow will make you both successful.

LESS THAN 18

There might still be an adventure cat under all that cuteness but your furry friend could most likely be perfectly happy with a life indoors.

THE CURIOSITY

More than 12 - Your cat has very strong instincts. Their curiosity is going to lead the walk. Always wear a leash & carry their favorite treats.

Between 6 and 12 - Your cat's curiosity will help you get started. With training you might end up with a cat that easily follows you.

Less than 6 - Your cat has lost most of their drive. Start by feeding their curiosity with positive reinforcement, food & play.

THE OUTDOOR DRIVE

More than 12 - Your cat is looking for freedom. Firmly secure the leash and try to lead the walk. Keep an eye on cars, dogs and predators.

Between 6 and 12 - Your cat's has a healthy interest on the outdoors. Encourage or introduce healthy behaviors with positive reinforcement.

Less than 6 - Your cat is most content indoors. If you go on adventures, start slow and provide them with a safe space, like a cat backpack.

THE ENERGY

More than 12 - Your cat has lots of energy and will want to be down & walking. A 1 day hike is ideal if you have the time to wait for them.

Between 6 and 12 - Your cat will ask you to walk but will be happy to stay on the backpack or shoulder. Ideal for longer hikes!

Less than 6 - Your cat will roam around but forget about doing full hikes with them. Be ready to carry them on a backpack or shoulder.



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