

Make your own yoga puppet with

MULA



Twist the pencil
to help Mula
stretch!

INSTRUCTIONS:

1. Colour-in Mula the tiger to bring her to life!
2. Carefully cut along the dotted lines.
(Ask an adult to help you use scissors.)
3. Roll into a tall tube and secure the ends with a paperclip, stapler or glue.
4. Pierce through the holes with the pencil.
5. Fold Mula's paws over each side of the pencil and fasten the front and back together.

YOU WILL NEED:

- colouring pencils, pens or crayons
- a pencil
- a pair of scissors
- a glue stick, stapler or paperclip

TEMPLATE:

