

## Why is Arugula Super Cardio Greens better than other superfoods?

Other superfoods and greens products are focused on simply including the ingredients they know customers want to see on the label. It's like a party, and they want to invite everyone they can. Arugula Super Cardio Greens is different because it uniquely adds a full therapeutic dose of arugula along with 33 healthy whole foods. It's a VIP-only event! Most other superfood powders have no standardized nitrates or concentrated amounts of beneficial superfoods, and there is no other product on the market today that offers this powerful combination of arugula and 33 whole foods!

## Where does this fit in the Bionox product line?

- It can be taken with all of our other products.
- Take with our Bionox Ultimate Nitric Oxide Nutrition (arginine nitric oxide pathway) product for a 24-hour nitric oxide boost.
- Take with Chelanox to detox and chelate the body.
- Take with Beetroot Energy (like Arugula Super Cardio Greens, Beetroot Energy is a nitrate pathway-based booster) for a nitric oxide boost, on the go, in easy-to-use cherry tarts.



## Dosage and Use\*

- 1 scoop per day is excellent for those in generally good health.
- Up to 3 scoops two times per day for those with more serious health issues.

Using nitric oxide test strips, we tested 5 leading greens powders to see if they created any nitric oxide.

Bright pink indicates a positive result. As you can see nothing comes close to Arugula Super Cardio Greens

Test shows superiority of Arugula Super Cardio Greens over others



Other Greens Products



\*This information is not intended to diagnose, treat or cure disease.



## SUPPLEMENT FACTS

Serving Size: 1 Scoop (5 grams)  
Servings Per Container: 30

	Amount Per Serving	%DV
<b>Arugula Super Cardio Greens™ Wholefood Blend</b>	3,702 mg	**
Arugula Extract, Barley Grass, Alfalfa, Chlorella (cracked cell-wall), Spirulina, Wheat Grass, Rose Hips, Beet (root), Carrot, Acai (berry), Blueberry, Broccoli (whole plant), Gogi Berry, Green Tea (caffeine free), Maca (root), Moringa (aerial parts), Raspberry Juice (powder), Spinach (leaf), Acerola Cherry, Camu Camu, Pineapple, Turmeric Extract (root), Watermelon, Resveratrol (20% Extract from Japanese Knotweed Root), Black Pepper		
<b>Arugula Super Cardio Greens™ Probiotic Support Blend</b>	1,159 mg	**
FOS (Fructooligosaccharides from Chicory Root), Psyllium Husk, Flax Seed Powder, Prolease (Aspergillus oryzae), Amylase (Aspergillus oryzae), Lipase (Aspergillus niger), Lactase (Aspergillus oryzae), Cellulase (Trichoderma reesei), Lactobacillus acidophilus		

\*\*Daily Values (DV) Not Established

Other Ingredients: Stevia Extract, Black Berry Flavor, Blue Raspberry Flavor  
NO ARTIFICIAL COLORS, SWEETENERS, FLAVORS OR PRESERVATIVES  
CONTAINS NO CAFFEINE



High Performance Health™



ARUGULA SUPER CARDIO GREENS

Super Charged with  
33 Amazing  
Superfoods!

Arugula contains powerful, natural, and healthy nitrates - substances scientifically proven to boost nitric oxide and that offer incredible cardiovascular benefits. You deserve more from your Superfood - more energy, health benefits, and tangible results. Arugula Super Cardio Greens is a great-tasting, natural blend of 33 amazing whole foods that supports the heart, brain, vision, and immune system like no other health supplement available today.

## What your Superfood is missing

While some other superfoods contain vitamins and antioxidants that are good for you, most are missing a critical element - natural nitrates that work in tandem to boost health and blood flow. Modern farming methods have removed much of the healthy nitrates from our foods.

This single deficiency is the root cause of multiple diseases of the cardiovascular and endocrine systems, the eyes, and the brain.



## What are natural nitrates?

Arugula can contain large amounts of natural nitrates when grown in suitable soil. These nitrates are responsible for producing and boosting nitric oxide levels in the human body. They have powerful cardiovascular and even immune system-boosting effects. These natural nitrates are unlike synthetic nitrates found in processed meats like bacon, which should be avoided at all costs!



## 33 Superfoods and Probiotics with 100mg of Standardized Natural Arugula Nitrates

The efficiency with which the human body absorbs and creates nitric oxide from arugula depends on gut health and probiotics in the mouth. Bacteria in the mouth are responsible for converting nitrates into nitric oxide.

The use of antibiotics, and even mouthwash, can raise blood pressure by many points due to this relationship! Kill the oral bacteria, and nitric oxide production stops dead in its tracks. That's why we have included probiotics and stomach-friendly pro-gut superfoods in our Arugula Super Cardio Greens.

Heart and cognitive health depend on a healthy digestive tract that absorbs and converts leafy greens into nitric oxide.

One scoop of Arugula Super Cardio Greens is over one cups worth of arugula nitrates.

**Arugula Super Cardio Greens improves the health of the digestive tract and keeps it healthy to support maximum efficiency and absorption.**



Our Arugula Super Cardio Greens creates the nitric oxide the body needs, and it contains those vital nutrients the cells need to operate at maximum efficiency.

## What is Nitric Oxide? Isn't that just for the gym?

Nitric oxide is a gas produced in your body that makes your blood vessels open up and become more elastic. It has been used by bodybuilders to increase recovery time and strength and to pump-up the muscles. It is also used in the medical world to help people with high blood pressure and heart issues.

Open and healthy veins and arteries bring more blood and nutrients to the organs and cells. Increased nitric oxide levels can bring remarkable, meaningful, positive changes to one's health. Boosting nitric oxide levels results in easy-to-spot results like more energy, more endurance, lower blood pressure, and overall health that the person feels, day-to-day, throughout each and every day.

## Arugula supports a healthy heart

