

DIY JUNGLE RECIPE

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YOU WILL NEED:



Child safety - All use of knife and hot kitchen appliances must be done by an adult.

INGREDIENTS

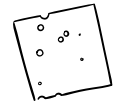
TIGER TOAST:



X 1 BREAD SLICE



SPREAD VEGEMITE



X 1 CHEESE SLICE

COLOUR IN THE RECIPE AS YOU GO!

CARROT LEAF BITES:



1 CUP GRATED CARROT



1/2 CUP WATER



4 TBSP OAT FLOUR



2 EGGS



1/2 CUP SHREDDED CHEESE

RAW SNACKS:



X 1 WATERMELON



HANDFUL BLUEBERRIES



X 1 MANDARIN

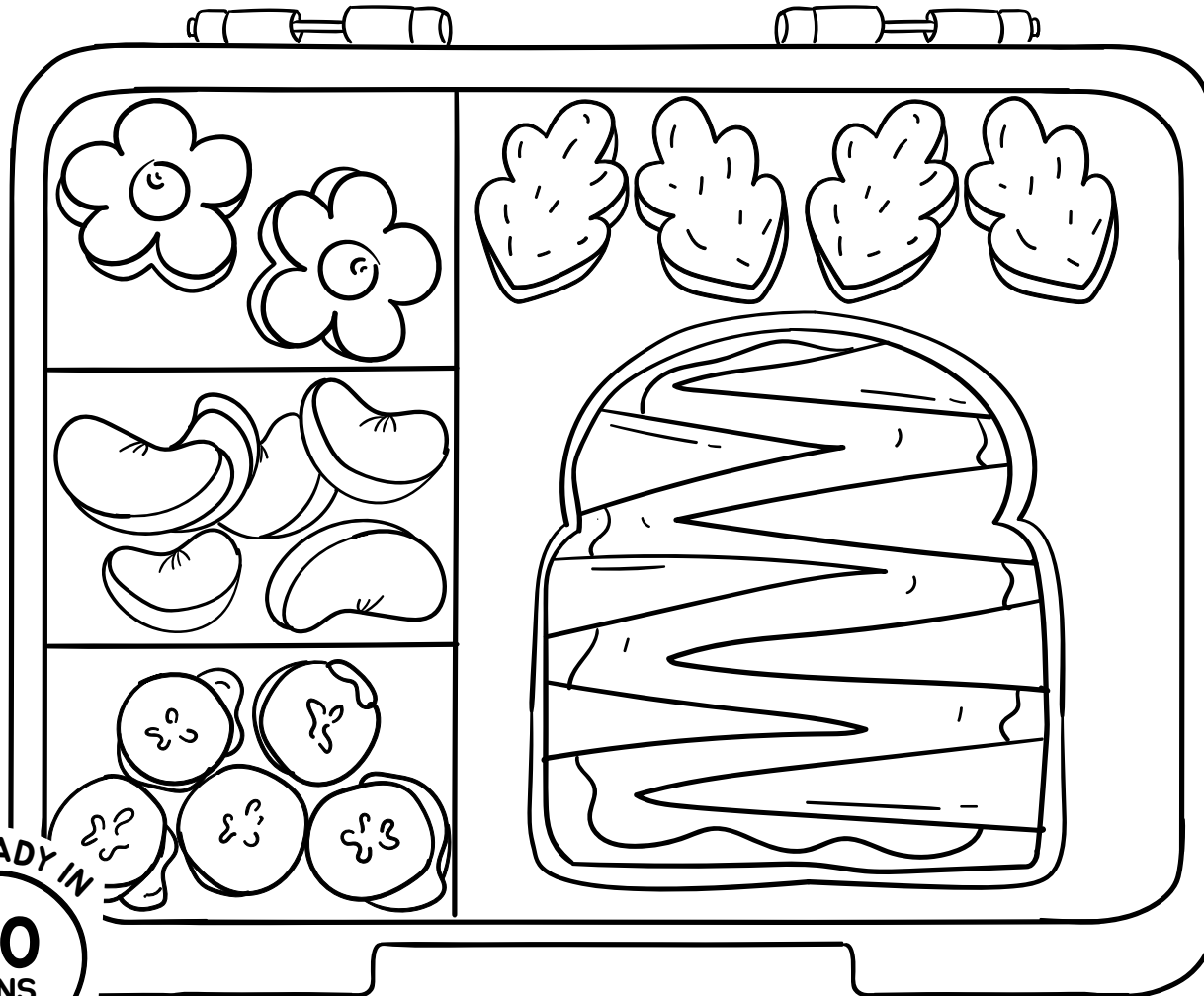


X 1 BANANA



SPREAD PEANUT BUTTER

YOU CAN USE ALMOND OR HAZELNUT SPREAD



READY IN

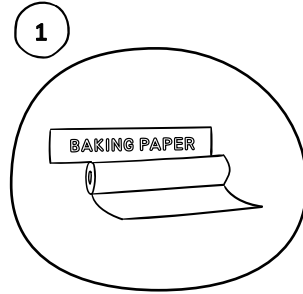
30 MINS

DIY JUNGLE RECIPE

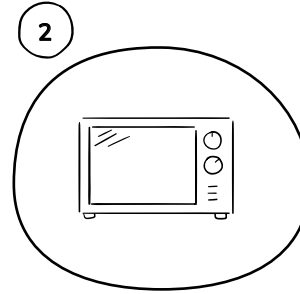
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METHOD

GET THE CARROTS QUITE DRY FOR THE RECIPE TO WORK



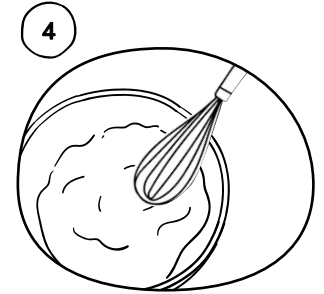
1 Preheat the oven to 180 degrees and line a tray with baking paper.



2 Mixed the carrot and water in a bowl, cover and microwave on high for 3 mins.

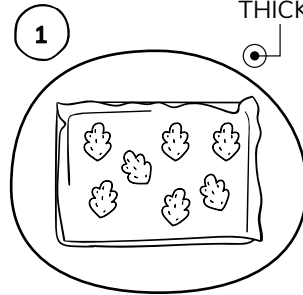


3 Drain the carrots and place them on a clean cloth / absorbent paper and squeeze out the liquid.

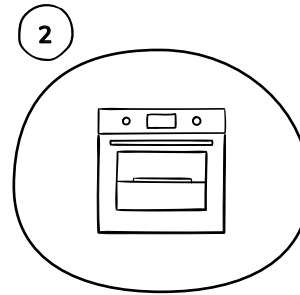


4 Place the carrots back in the bowl and mix with the remaining ingredients.

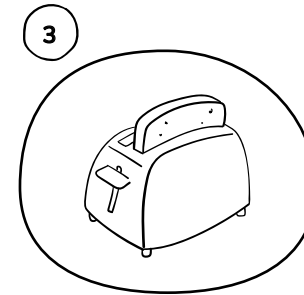
MAKE EACH LEAF AROUND 1/2 CM THICK



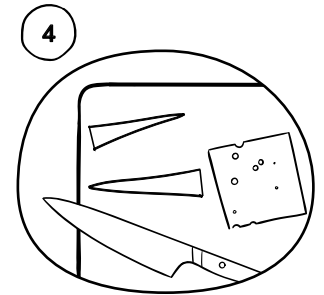
1 Using your cookie cutter, form leaf shapes of the mixture straight onto the prepared baking sheet.



2 Bake for approx. 13 mins (until crispy on the sides).



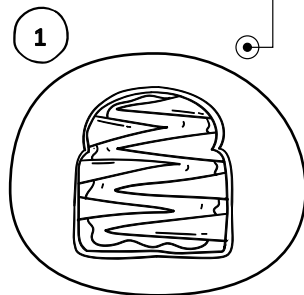
3 Toast the bread slice and spread vegemite on top.



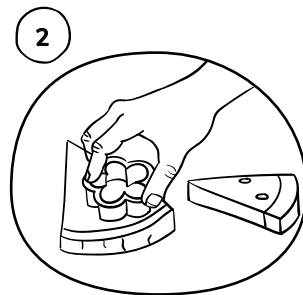
4 With a kitchen knife cut long triangles on the cheese slice to create the tiger stripes, arrange them on top of the toast.

Handy Tip:
Don't let the cheese melt too much so the tiger stripes can stay in place

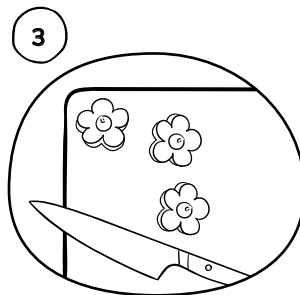
SEE HANDY TIP BOX



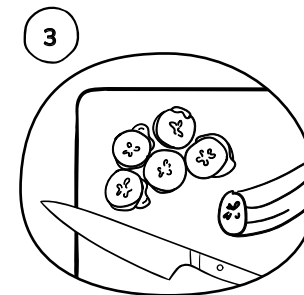
1 Put under the grill and cook until cheese has melted (about 3 minutes).



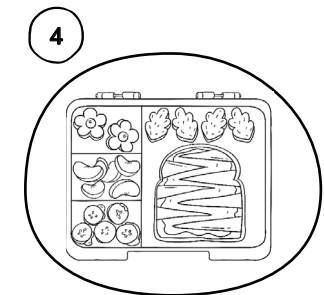
2 Using your flower cookie cutter, form flower shapes of the watermelon.



3 Cut blueberries in half and place them at the center of your watermelon flowers.



3 Slice the banana and spread peanut butter between slices creating small sandwiches.



4 Place all of your Jungle bento lunch items into your bento.