# PESSARY FITTING SET CLEANING INFORMATION

This guide is for information purpose only and should not be used in practice. Please follow the instructions provided with the Fitting Set for Cleaning and other information.

#### **CLEANING**

- Prepare an enzymatic solution in a container enough to fully submerge the device for 20 minutes.
- 2. Rinse
  - (a) Remove the device from the solution and thoroughly rinse (be sure to follow manufacturer's instruction).
  - (b) Allow the device to dry.

## HIGH LEVEL DISINFECTION

- Use a High Level Disinfection Solution (HLD) following the HLD manufacturers guidelines Examples of high level disinfectants are CIDEX OPA® and Revital-Ox™ RESERT®. Prepare the high level disinfectant in a container, enough to fully submerge the device and follow manufacturer's instruction for use.
- 2. Rinse the device thoroughly in sterile water.
- 3. Place the cleaned/disinfected device in an appropriate clean and dry storage area.

### **STERILIZATION**

| Sterilization | Exposure     | Exposure   |
|---------------|--------------|------------|
| Process       | Temperature  | Time       |
| Pre-Vacuum    | 132 °C       | 4 minutes  |
| Autoclave     |              |            |
| Gravity Steam | 121 °C       | 30 minutes |
| Autoclave     | 132°C~135 °C | 10 minutes |

## WHEN TO REPLACE

A fitting pessary should be replaced if:

- 1. There is any deterioration or damage whatsoever to the fitting pessary.
- The Pessary Fitting Set is past its 150 cycles of cleaning, high level disinfection /sterilizing procedure.
- 3. The fitting pessary is past its use by date/shelf life.