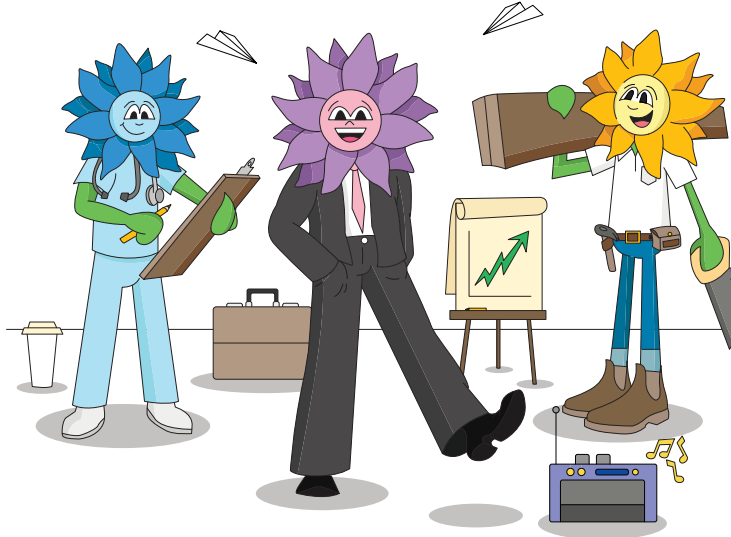


PEOPLE BEFORE EMPLOYEES PROGRAM

Presented By *Speak & Share*



The Speak & Share 'People Before Employees' program has been carefully designed with input from mental health professionals to elevate your workplace culture by increasing meaningful connections and normalising the conversations around mental health in a safe, judgement free and inclusive environment.

This is where our 'People Before Employees Program' is changing lives.

Developed with input from mental health professionals and aimed at employees 15+, our **People Before Employees Program** focuses on a number of key themes;

- **It incorporates everyday language**
- **It encourages meaningful connection with work colleagues**
- **It normalises the conversations around mental health**
- **It encourages and celebrates vulnerability**
- **It supports and elevates your workplace culture**

In 2023 alone we delivered our workplace program to more than 250 participants.

We are creating a movement where **'a problem shared is a problem halved'**.

Where it's a celebrated behaviour to always be checking in with our mates. Post pandemic, the need to re-connect our community and re-calibrate the perception of mental health has never been more important.

Workplace Statistics from Beyond Blue

42.9% of people aged 16–85 years had experienced a mental disorder at some time in their life

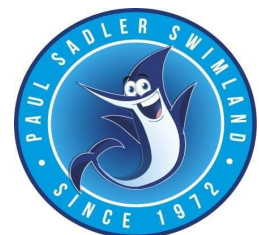
21.5% of people had a 12-month mental disorder, with Anxiety being the most common group (17.2% of people aged 16–85 years)

68.5% of Australian workers reported they felt like they were burning out at work.

Program Feedback

"I want to extend heartfelt gratitude to the incredible team at Speak and Share, for the transformative workplace program, "People Before Employees," which they delivered to us at The Sports Injury Clinic earlier this year. The impact of this program was nothing short of powerful, leaving an indelible mark on our team. Through insightful sessions and engaging activities, the program facilitated a profound shift in our understanding of our colleagues. It emphasised the importance of recognising the human behind the job title, fostering empathy, and strengthening our unity as a team. We now have a deeper appreciation for each other's unique perspectives, experiences, and contributions. This program has not only enhanced our workplace dynamics but also brought a renewed sense of camaraderie and collaboration. Thank you, Speak & Share, for helping us further implement a more compassionate and connected work environment. We're truly grateful for your invaluable work."

Pippa Hansen, The Sports Injury Clinic CEO



Some of the workplaces that we have presented to across 2023