

RM520 RESIDENTIAL ROWER



HIGHLIGHTS

Take your fitness to the next level with the Zymfit RM520 rowing machine. This state-of-the-art design is packed with advanced features that will exceed your expectations. The bright and easy-to-read console display allows you to customize your workout with 12 programs and 16 levels of magnetic resistance. The swiveling pedals accommodate foot and ankle movement, while the adjustable Velcro foot straps provide a secure and comfortable fit. The contoured, padded handlebar ensures a comfortable grip, and the machine easily folds for storage, taking up minimal space. The console display also allows you to monitor your progress in real-time with metrics such as Time, Distance, Strokes, Calories, SPN, and Watts. Upgrade your workout game today with this must-have piece of fitness equipment from Zymfit.

FEATURES

- ✓ 12 Programs,
- ✓ 16 levels of Magnetic resistance
- ✓ Folds for
- ✓ Adjustable Velcro foot straps
- ✓ comfortable on hands and wrists
- ✓ Display parameters:
 - Time
 - Distance
 - Strokes
 - Calories
 - SPN
 - Watts
 - BPM

SPECIFICATIONS

Handlebar

Contoured Comfortable Seat

Resistance

16 levels

Seat Adjustment

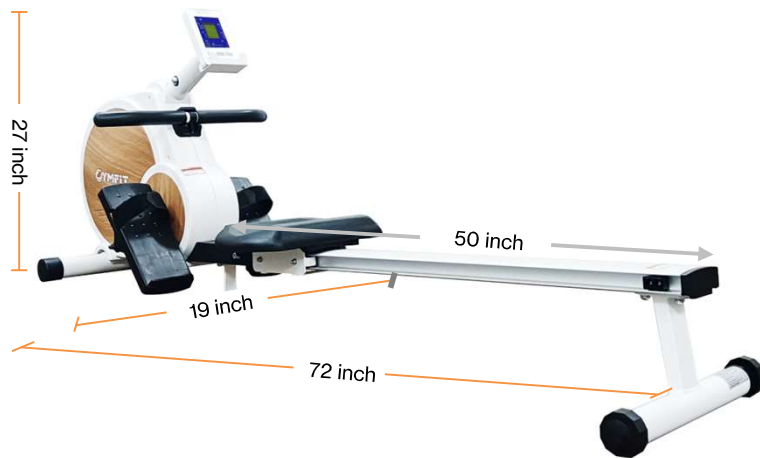
Contoured Comfortable Seat

Foot Support

Comfortable large. Using nylon straps to secure feet

Power Requirements

110V



SPECIFICATIONS

Product Dimensions (L x W x H)

72 x 19 x 27 in / 183x 48 x 68.6 cm

Shipping Dimensions (L x W x H)

48x 14 x 22 in / 121 x 35.8 x 56 cm

Equipment Weight

62 lbs / 28 kg

Shipping Weight

75 lbs / 34 kg

Maximum User Weight

400lbs / 180kg



Warranty

3 years: Mechanical Parts

1 year: Console

