



Nutritional support for joint, liver, gastrointestinal, and cardiovascular function

APPLICATIONS / BENEFITS

- Promotes immune system function
- Supports brain and joint health
- Promotes healthy liver, gall bladder and digestive function
- Free radical scavenging properties
- Supports cardiovascular function
- Black pepper included for enhanced absorption

OVERVIEW

Patient One Turmeric Curcumin combines the benefits of both whole Turmeric root and Turmeric extract (standardized to 95% curcuminoids), along with black pepper extract for enhanced absorption.

Curcumin, a polyphenol nutrient found in the spice turmeric (*Curcuma longa*), has beneficial effects for nearly every organ system in the body. Used for its medicinal effects for centuries and extensively studied, Curcumin has been shown to help maintain the body's normal inflammatory response while also supporting joint, liver, gastrointestinal, and cardiovascular function. To enhance the normally poor bioavailability of curcumin, our formula also contains black pepper extract that promotes rapid absorption of nutrients from the gastrointestinal tract.

KEY INGREDIENTS

Turmeric Curcumin

Curcumin is the orange pigment in turmeric (the primary ingredient in curry) and has been studied for its effective therapeutic outcomes acting as an antioxidant, anti-inflammatory, antispasmodic, anticoagulant, immuno-modulatory activities and even in wound healing. Research suggests support for joint, eye, GI tract, liver, prostate and nerve health.

Curcumin supports production of B and T cells which is useful for promoting proper immune function. It also supports production of bile and enzymes that digest sugars and fats. This helps to maintain cholesterol levels

within normal range. Turmeric supports intestinal flora and the mucus membranes of the body, including those of the digestive tract. As such, it may be beneficial after a course of antibiotics and for those with unbalanced intestinal flora. It also helps protect the stomach against excess acid and is used for its soothing effect on the mucosa of the gut.

Several studies have illustrated curcumin's hepato-protective effects, leading researchers to suggest its use in protecting the liver from exogenous insults from environmental toxins.

Black Pepper Extract (as BioPerine®)

It has been found that the therapeutic effectiveness of curcumin is often limited due to its poor absorption from the GI tract. When taken orally only traces appear in the blood, whereas most of the dose is excreted through the feces. Our formula includes BioPerine®, a patented extract derived from the common black pepper fruit that contains the alkaloid piperine. Black pepper has been shown to enhance the bioavailability and promote absorption of curcumin both in pre-clinical studies and in studies on human volunteers.

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Turmeric Curcumin 1000mg

| Supplement Facts | |
|---|----------|
| Serving Size: 1 Capsule | |
| Servings Per Container: 60 | |
| Amount Per Serving | |
| Turmeric Complex Proprietary Blend | 1000 mg* |
| Turmeric (<i>Curcuma longa</i>) (root) and Turmeric extract (<i>Curcuma longa</i>) (root) [Standardized for 95% Curcuminoids] | |
| BioPerine® Black Pepper extract (<i>Piper nigrum</i>) (fruit) [95% piperine (4.75mg)] | 5 mg* |
| * Daily Value not established | |

Other Ingredients: vegetable cellulose (capsule), rice powder, leucine

Turmeric Curcumin 500mg

| Supplement Facts | |
|---|---------|
| Serving Size: 1 Capsule | |
| Servings Per Container: 90 | |
| Amount Per Serving | |
| Turmeric Complex Proprietary Blend | 500 mg* |
| Turmeric (<i>Curcuma longa</i>) (root) and Turmeric extract (<i>Curcuma longa</i>) (root) [Standardized for 95% Curcuminoids] | |
| BioPerine® Black Pepper extract (<i>Piper nigrum</i>) (fruit) [Standardized for 95% piperine] | 3 mg* |
| * Daily Value not established | |

Other Ingredients: rice flour, vegetable cellulose (capsule), leucine

Free of: milk, egg, fish, peanuts, crustacean shellfish, soy, tree nuts, wheat, yeast and gluten. Free of ingredients derived from GMOs.

Suggested Use: Take 1 capsule daily as a dietary supplement, preferably with a meal, or as directed by your health practitioner. Store in a cool, dry place.

Caution: If pregnant, nursing, have liver, bile duct or gall bladder dysfunction, consult health practitioner before use. Individuals taking blood thinners or other medication should discuss potential interactions with their health practitioner. **Keep out of reach of children.**

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Vegetarian

Gluten Free

Non-GMO

Vegetable Caps

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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