



**Fast-acting oral spray for natural sinus and respiratory support**

**APPLICATIONS / BENEFITS**

- Promotes clear sinus and nasal passages
- Supports respiratory health
- Helps maintain normal mucous secretion
- Promotes healthy immune function

**OVERVIEW**

**Patient One Congest-Blaster** oral spray promotes clear respiration and healthy lung and bronchial function. Spray this blend of powerful botanicals into the mouth for fast-acting natural support during times of immune challenges or seasonal changes.

Congest-Blaster was formulated to provide comfort from symptoms associated with sinus and mucosal congestion. It supplies a synergistic combination of immune-boosting herbal extracts including horseradish, echinacea, elderberry, peppermint, garlic, cayenne, olive leaf, horehound, licorice, goldenseal, spilanthes, wild cherry, osha, andrographis, onion and yarrow.

Our 1 fluid ounce bottle is convenient to carry when on the go or easily accessible on your bedside table.

**Congest-Blaster is for Oral Use, to be taken by mouth only. NOT for nasal application.**

**REFERENCES**

1. Corinna Herz, Hoai Thi Thu Tran, et al, "Evaluation of an Aqueous Extract from Horseradish Root (*Armoracia rusticana Radix*) against Lipopolysaccharide-Induced Cellular Inflammation Reaction", Evidence-Based Complementary and Alternative Medicine, vol. 2017, Article ID 1950692, 10 pages, 2017.
2. Egan JM, Kaur A, Raja HA, et al. Antimicrobial fungal endophytes from the botanical medicine goldenseal (*Hydrastis canadensis*). *Phytochemistry Letters*. 2016 Sep;17:219-225.
3. Fukuchi K, Okudaira N, Adachi K, et al. Antiviral and Antitumor Activity of Licorice Root Extracts. *In Vivo*. 2016 11-12;30(6):777-785.

**Supplement Facts**

**Serving Size:** 2 Sprays (0.33 mL)  
**Servings Per Container:** about 90

**Amount Per Serving**

<b>Sinus Support Blend</b>	115 mg*
Fresh horseradish root, echinacea angustifolia root, fresh spilanthes herb, elderberry fruit, garlic bulb, cayenne fruit, peppermint oil, olive leaf, horehound herb, licorice root, goldenseal root, wild cherry bark, fresh osha root, andrographis herb, onion bulb, yarrow herb	

\*Daily Value not established

**Other Ingredients:** grain alcohol (37-47%), deionized water, vegetable glycerin, organic honey

**Free of:** milk, egg, fish, peanuts, crustacean shellfish, soy, tree nuts, wheat, yeast and gluten. Free of ingredients derived from GMOs.

**Suggested Use:** Hold close to mouth, spray 2 times and swallow, or take as directed by health practitioner. Repeat as needed. Shake well before using.

**Caution:** Do not take if pregnant or nursing. If taking any medications, consult health practitioner before use. Discontinue use and consult health practitioner if any adverse reactions occur. **Keep out of reach of children.**

Vegetarian

Gluten Free

Non-GMO

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.