



Integrative wellness

We recognise that optimal health is dependent on physical, mental and social well-being.

Our team at Lifestyle Health apply an holistic approach to healthcare with the primary goal of treating the underlying causes of disease

We want to help change your life!

Our qualified practitioners will guide you in making informed, safe and healthy choices.



NATUROPATHY

Initial Naturopathic Consultation Adult	\$175
Initial Naturopathic Consultation Child (under 12 years)	\$140
Extended follow up 45min	\$100
Standard follow up 30min	\$85

MASSAGE

Remedial | Lymphatic | Pregnancy | Relaxation

30 min Massage	\$55
45 min Massage	\$70
60 Min Massage	\$95
90 min Massage	\$130

MUSCULOSKELETAL BODYWORK

Myopractic Treatment	\$85
Bioelectric Median Therapy 30 min	\$85
Bioelectric Median Therapy 60 min	\$120

ACUPUNCTURE

Initial Acupuncture Treatment	\$125
45 min Standard Treatment	\$90

FINCH THERAPY

Initial Treatment 45 min	\$125
Standard Treatment 30 mins	\$90

7-DAY PERSONALISED MEAL PLANNING

New Client	\$185
Existing Client	\$140

COMPREHENSIVE TESTING

DUTCH Hormone Test	\$499
Smart DNA Genetic Test	\$499
CDSA - Comprehensive Digestive Stool Analysis Level 2	\$299
96 IgG Food allergy Testing	\$329
Comprehensive GI Mapping	\$449
SIBO Testing (Lactulose Only)	\$225
Hair Mineral Analysis - Level 2	\$195
Live Blood Screening	\$110

Plus many more tests available

