

Electrical Components/Requirements

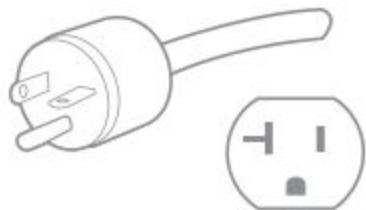
Please Read Carefully!

Each sauna will require a dedicated circuit when plugged into an outlet according to the chart below. A “dedicated circuit” requires that no other appliance should share the outlet/circuit with the sauna. Failure to comply with this requirement may cause an electrical interruption and/or a diminished performance. To avoid any potential electrical hazards, it is recommended that only a qualified electrician installs your dedicated electrical wiring for a proper sauna functionality. Please make sure that the sauna is properly grounded. Serious injury may result if the proper electrical requirements are not met.

WARNING! Keep the sauna away from any potential hazards, including any water source or liquids. Select a dry, suitable location for sauna installation. Do not expose the heater elements to any water source or liquids as it may cause electrical shock. Should you have any questions, please do not hesitate to contact the supplier.

Power Plugs

Please read the following directions carefully.



Power	
Usage/AMPS	
Wattage:	2350 w
Voltage:	110/120 Volt

Near/Mid IR Wavelengths:	0 to 5
Far IR Wavelengths:	6 to 12
Amperage:	20 Amp
Plug:	NEMA 5-20p

Sauna Installation Instructions

Please read the following directions carefully.

The sauna installation requires a minimum of 2 people. You should not try to install the sauna on your own as damage may easily occur.

Caution

1. No plumbing or plumbing fixtures should be placed in the sauna.
2. Keep all liquids away from the heating panels.
3. Install the sauna on a completely leveled surface.
4. Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Your infrared sauna will come packaged in five boxes (seven boxes for peak roof saunas). Please make sure that you open the boxes FACE-UP. Please be very careful when opening the boxes!

BOXES CONTAIN FRAGILE PARTS AND GLASS!

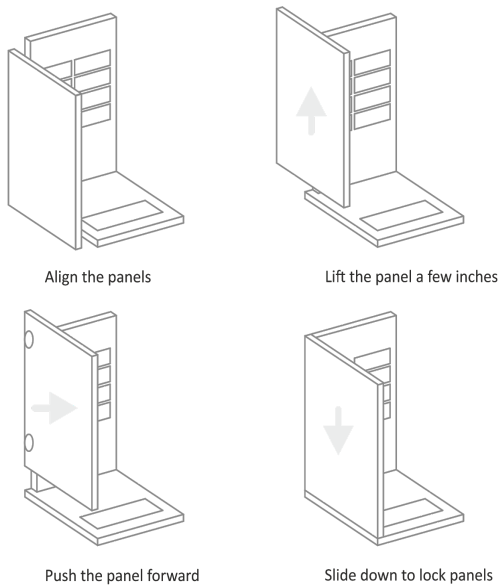
Connecting the Panels:

Each sauna offers two types of panel-locking systems to connect the different sides of the sauna. Please use the instructions below as a reference guide on how to connect the sauna panels.

Inner-Locking System:

The inner-locking system is designed to be completely invisible when the sauna is installed. The locks are built on the side of each panel and they connect by sliding one over the other (Figure G-2).

To connect two panels, follow these few steps:



1. Lift the panel with the male locks a few inches.
2. Push it against the opposite panel; make sure to apply pressure around the top and bottom corners.
3. Slide the panel down to lock it in place. Make sure all the locks are connected (top and bottom).
4. Inspect the panels and make sure they are leveled (the panel's top is flat and matching).

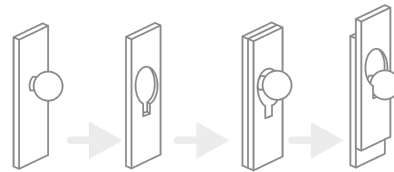


Figure G-1: Connect panels, inner lock system

Figure G-2: Inner-Locking System

Latch System:

The Latch Locking System is two brackets that lock together bypassing the main loop over the opposite side and locking latch (Figure G-3).

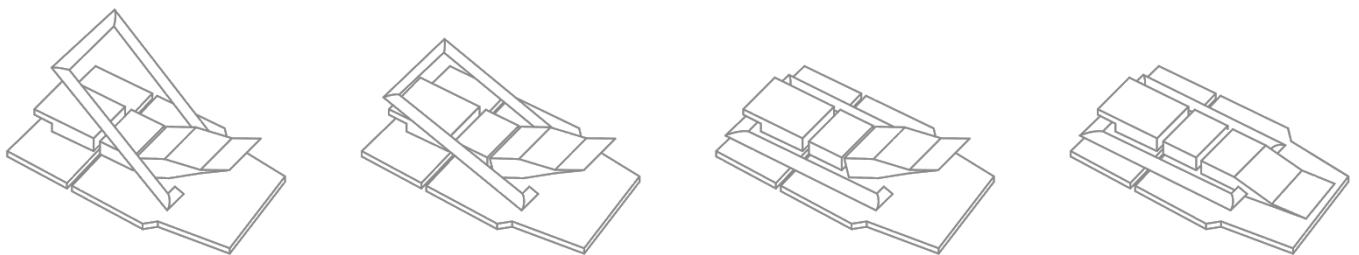


Figure G-3: Latch Locking System

Where to Start:

Lay the boxes flat on the ground and open them carefully. The accessories, user manual, and smaller parts are located in the box that includes the top and bottom panels (Figure G-4).

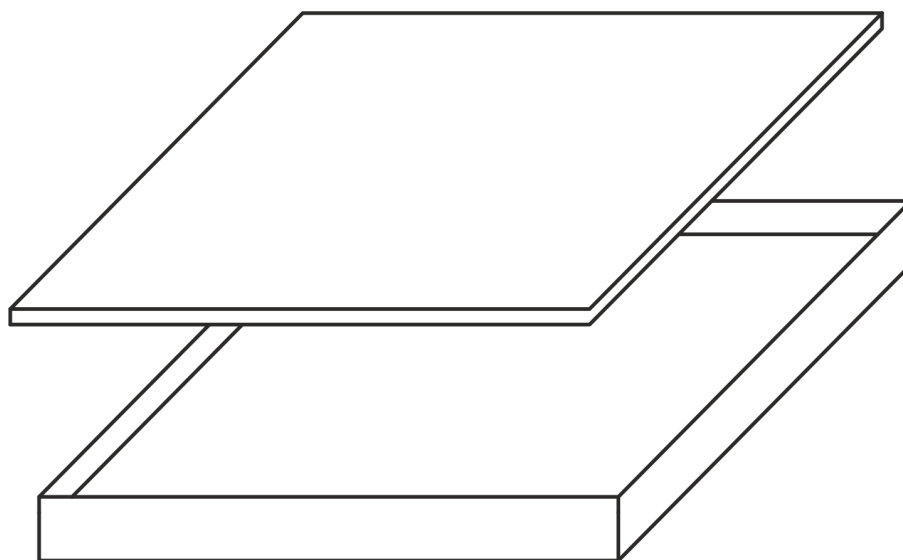


Figure G-4: Open the Boxes

ASSEMBLY INSTRUCTIONS – General Guide for:

Begin with the FLOOR PANEL Placement:

Place the floor panel flat on the desired location. Make sure to leave a space around the sidewalls, where one person can stand and install the side panels (Figure A-1). Once completed, you can slide the sauna next to a wall.

Tips:

An “X” mark will point to the back of the sauna and the floor heater (on some models) point to the front of the sauna.

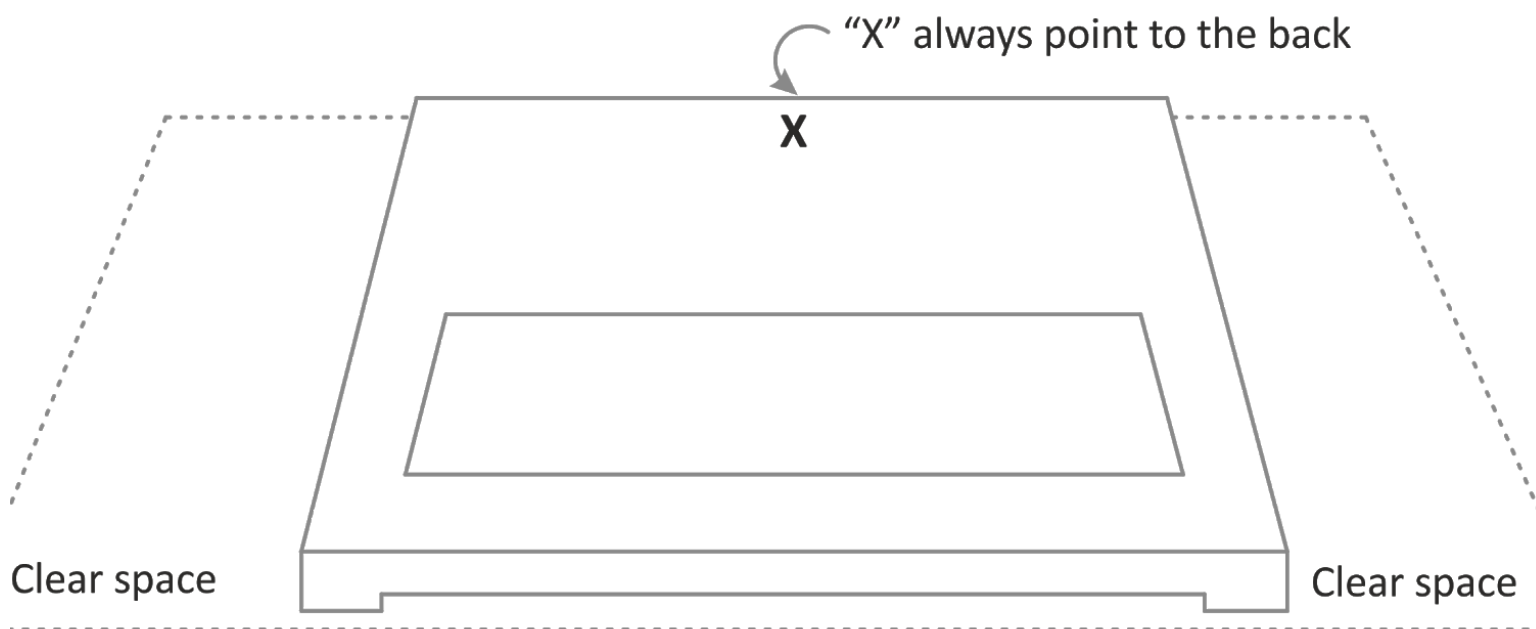


Figure A-1: Floor Panel

REAR PANEL Placement:

Place the rear panel on the back end of the floor panel (Figure A-2). At this point, someone should hold the rear panel until the next connection is made.

LEFT PANEL Placement:

Install the left panel (the left panel has 2-4 sockets on the lower end) as the image below. Make sure the top of both panels is flat and leveled.

Refer to “[Connecting the Panels](#)” section on how to lock the panels together.

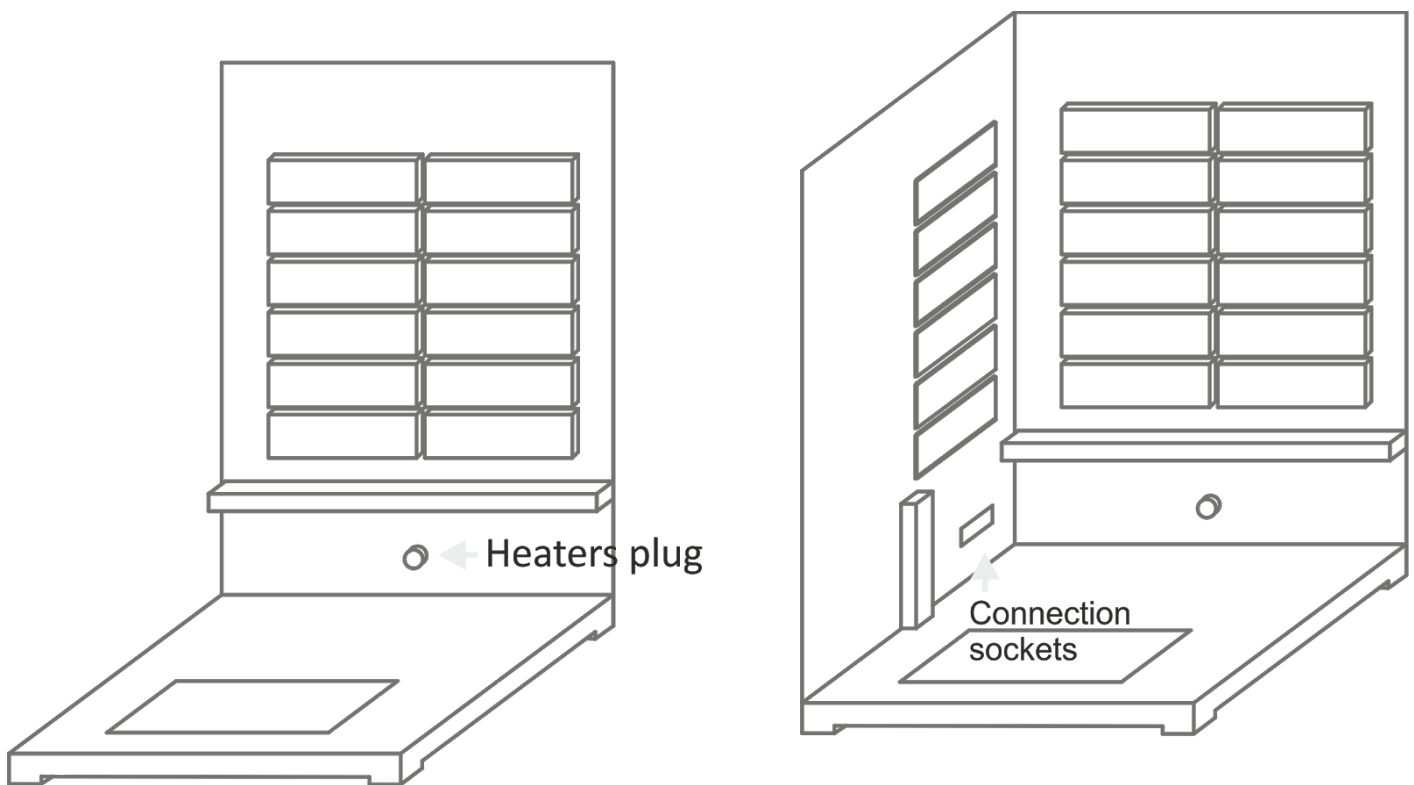


Figure A-2: Rear and left panels

Installing the BENCH:

Slide the bench stand panel between the two vertical guides on the side panels. Connect the heaters' plugs under the bench to the appropriate sockets. The matching plugs and sockets are labeled alphabetically – e.g. connect “A” plug into the “A” socket.

Install the benchtop by placing it on top of the bench stand and the horizontal guide on the rear panel. Make sure the smooth and finished side is facing up and forward (Figure A-3).

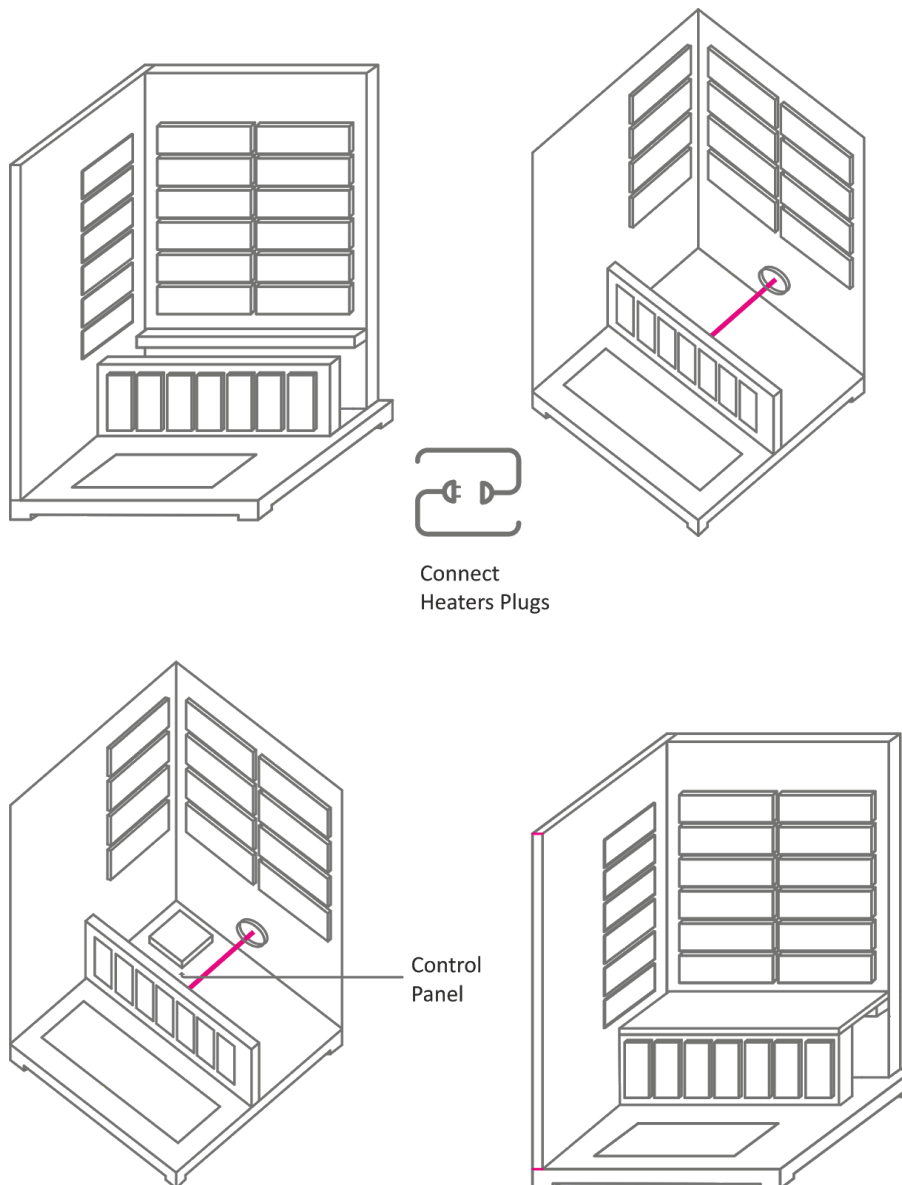


Figure A-3: Installing the Bench

RIGHT PANEL Placement:

Install the right panel as the image below (Figure A-4). Make sure the top of all the panels is flat and leveled. Refer to “[Connecting the Panels](#)” section on how to lock the panels together.

Tip:

- Someone can stand inside the sauna to match the bench stand with the vertical guide on the right panel and level the corners for easy installation. If the lower lock is not connecting, make sure the bench stand is not blocking the panel by aligning it with the vertical guide.

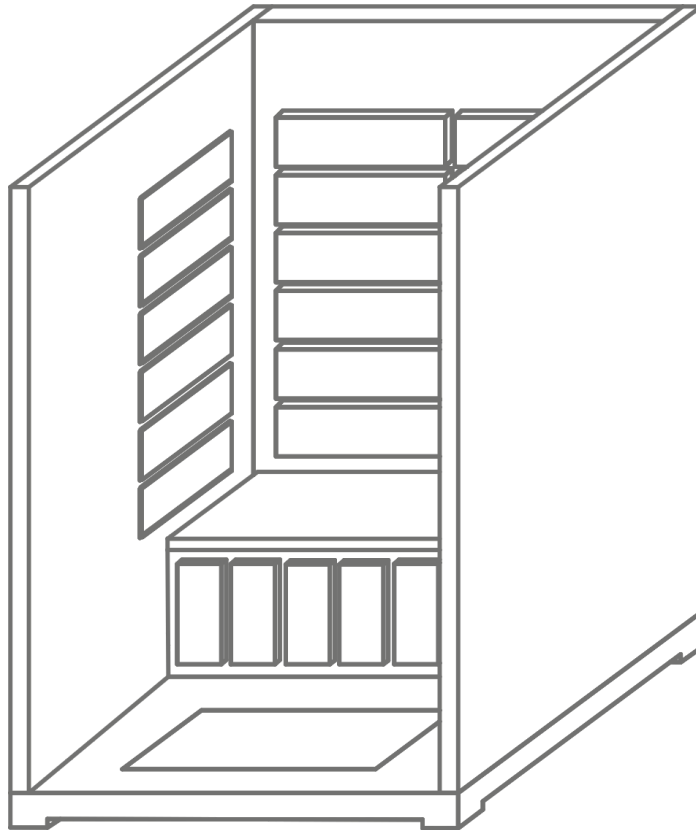


Figure A-4: Right Panel

IMPORTANT:

Install the DOOR HANDLE at this point (before installing the FRONT PANEL).

FRONT PANEL Placement:

Connect the front panel to both side panels as in the following image on the next page (Figure A-5). Refer to “[Connecting the Panels](#)” section on how to lock the panels together.

Tips:

- Make sure to align the corners of the two side panels and the edges of the front panel.
- The front panel is heavy because of the glass door. At least two people are needed to lift it.
- For the inner locking system, a person can stand inside the sauna to align the edges and corners of the panels.
- For the inner locking system, make sure to put pressure on the top and bottom corners of each side to ensure the locks are connecting.

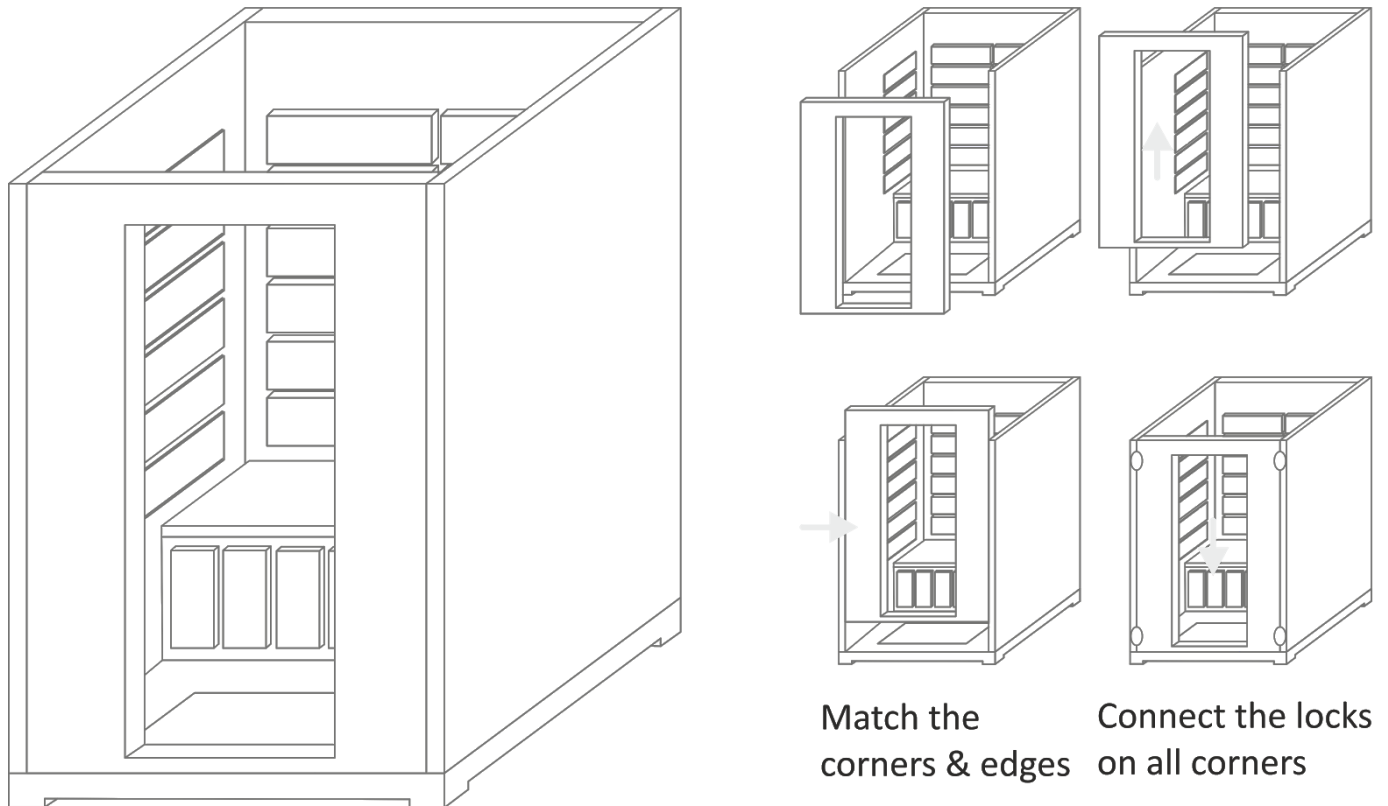


Figure A-5: Front Panel

TOP PANEL Placement:

Step 1. Raise the top panel over the sauna body. Insert the wires for the control panel, temperature sensor, and heaters through the openings in the ceiling.

Step 2. Connect the control panel wire (white ribbon) and the heat sensor (2-pin wire) on top of the sauna.

Step 3. Connect the heaters' plugs into the control box. Even though the heaters' plugs might be labeled, they can connect into any sockets on the control box (Figure A-6).

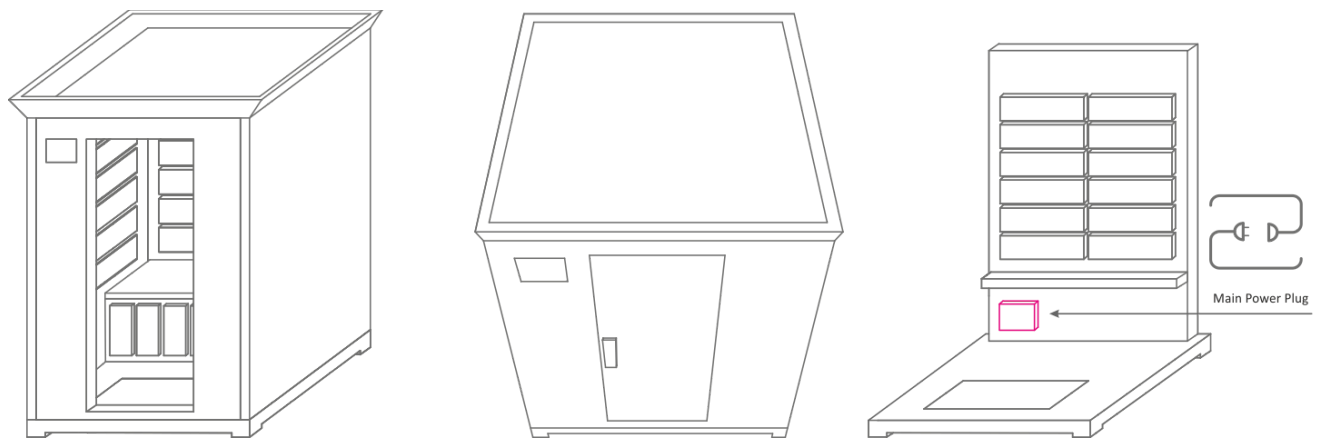


Figure A-6: Top Panels and Connections

Note: Accessories installation instructions continue below the outdoor models.

OUTDOOR SAUNAS ASSEMBLY INSTRUCTIONS:

Installation steps start at the section “[Assembly Instructions – General Guide](#)”. Then continue after placing the top panel.

Main Support

Place the roof bottom section on top of the sauna and screw the center support beam (Figure D-1). The illustration below will not include the sauna’s body, but the roof should be installed on top of the sauna.

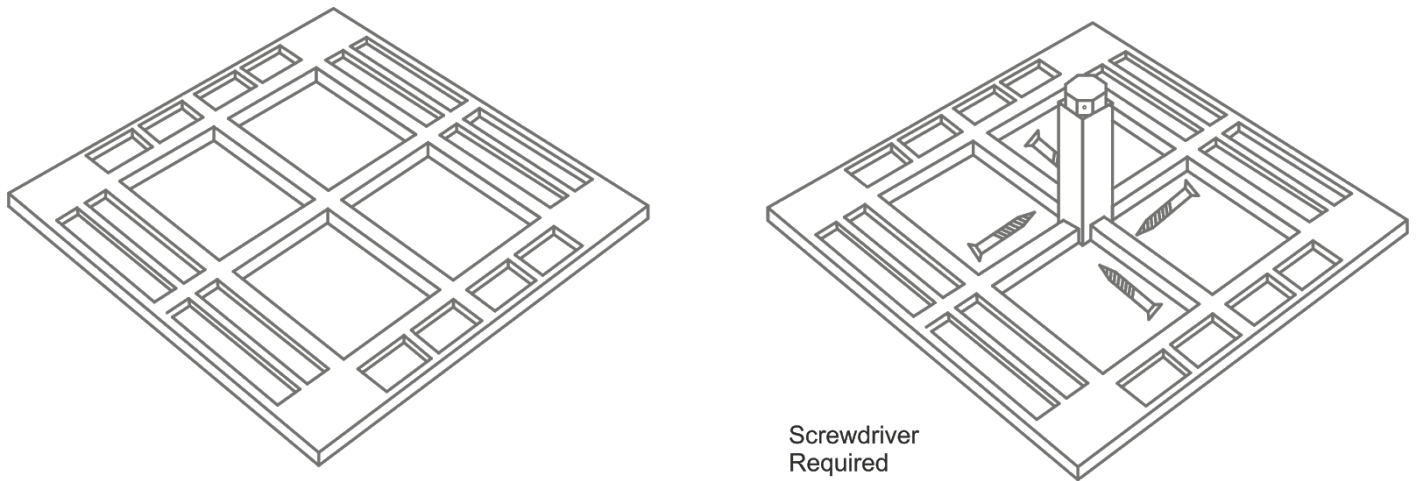


Figure D-1: Roof bottom section and center support beam

Roofing Shingles Support

Install the roofing shingles support beams around the top. Each beam is labeled alphabetically to a matching corner or side (Figure D-2). For example, the beam marked with "A" should be screwed into the "A" corner. Repeat for all the corners and sides (based on the model, you might have eight or six supporting beams).

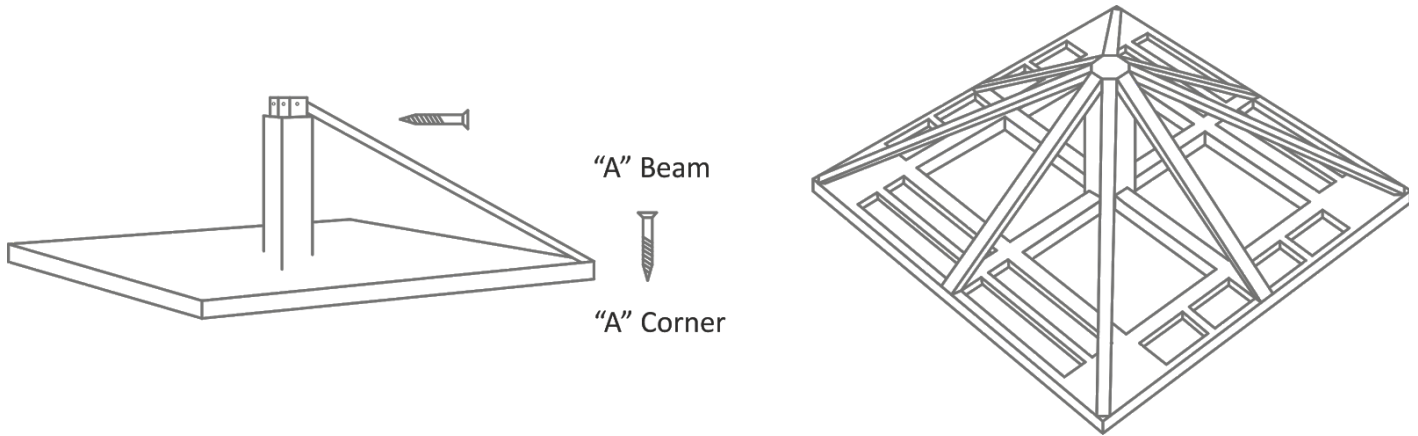


Figure D-2: Shingles Support Beams

Screw the triangular roofing shingles on the supporting beams (Figure D-3). Repeat for all sides.

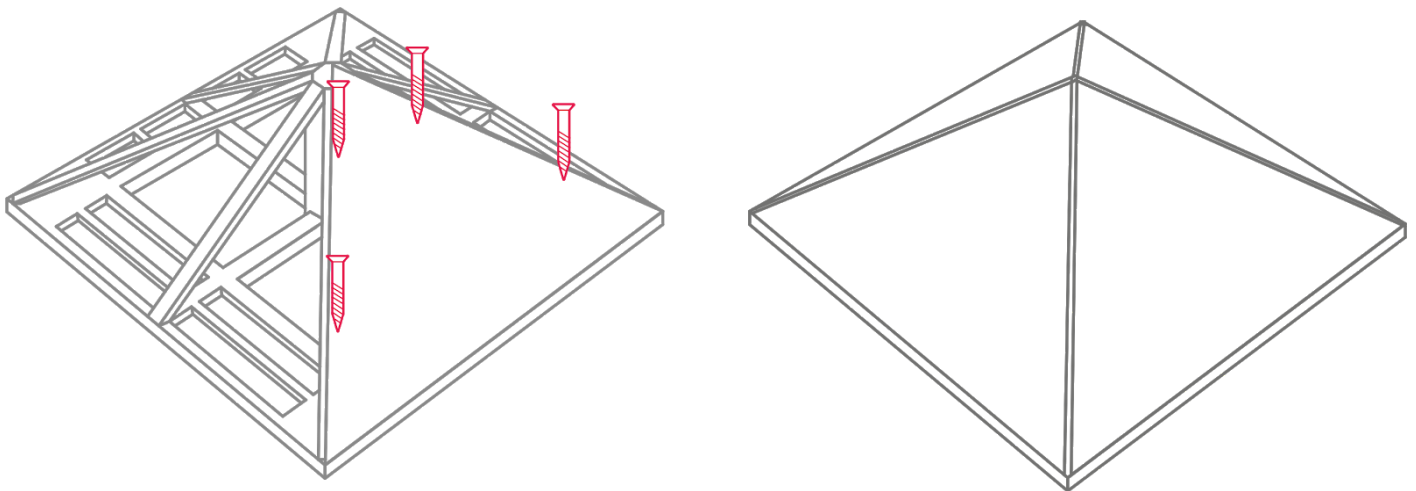


Figure D-3: Roofing Shingles

Roof Sealing

Screw the corner roof shingles around all corners. Each corner will have two shingles curved upward to easily identify the position of the screws (Figure D-4).

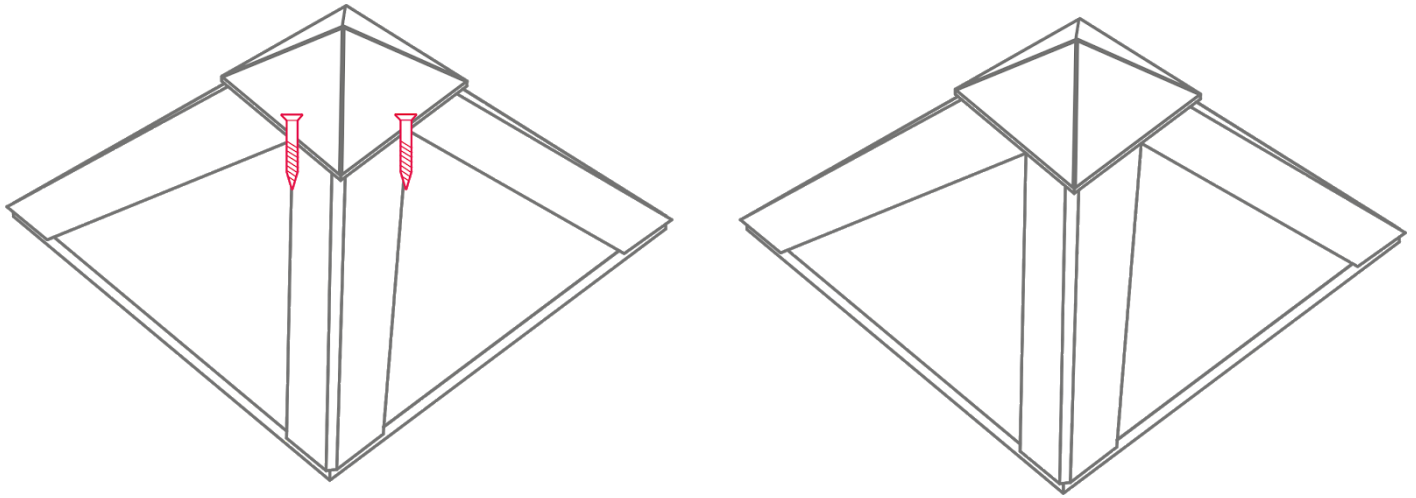


Figure D-4: Corner Roof Shingles

After screwing in the corners, flatten the curved shingles and place the pyramid roof shingles on top (Figure D-5).

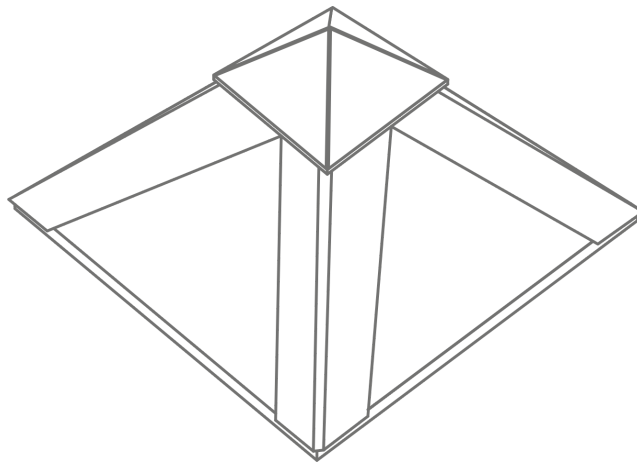


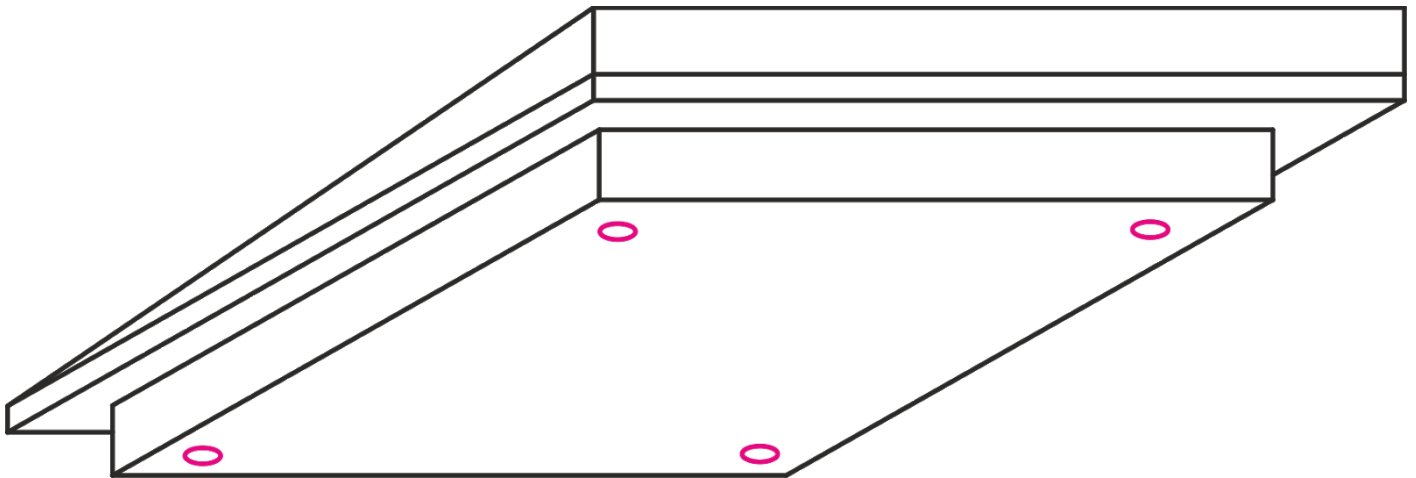
Figure D-5: Pyramid Roof Shingles

Slope Roof

CAUTION!

BEFORE PLACING THE SLOPE ROOF, MAKE SURE THAT EVERYTHING IS WORKING AND CONNECTED PROPERLY ON THE CEILING.

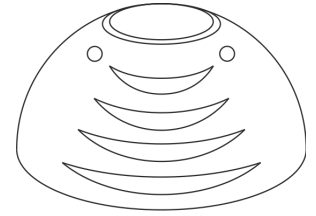
If you had something damaged or had any issues, please call our technical department and wait till you get everything resolved and working properly before placing the roof. The roof is heavy and it will be hard to remove it in order to install parts.



ACCESSORIES

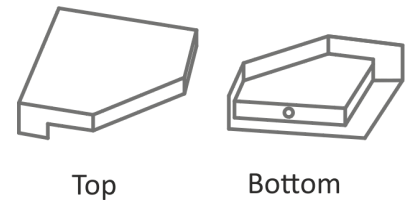
Oxygen Ionizer (Recommended)

Locate the ionizer plug which is extended out of the sauna ceiling (1-pin plug). Connect the oxygen ionizer and screw it into the back panel.



Cup Holder (Optional)

The cup holder is a small wooden table that can be screwed in one of the front corners (either right or left, based on the user preferences). Make sure not to install the cup holders on or in front of the heater. Some models with a glass front or corner saunas will not include the cup holder.



Magazine Holder (Optional)

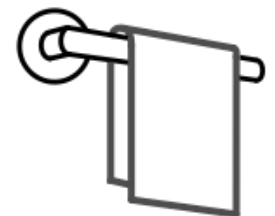
The magazine holder can be installed either on the front wall (in front of the window) or in the sidewall (next to the legs) (the placement of the magazine holder is optional based on the user preferences). Do NOT install the magazine holder in front of the heater. The magazine holder size might vary based on the model.



Towel Rack (Optional)

For models with full glass doors, the towel rack can be installed either on the front wall or on the sidewall (the placement of the towel rack is optional based on the user preferences). Do NOT install the towel rack in front of the heater.

For models with glass and wooden frame doors or wooden doors, install the towel rack in the middle of the door frame and use it as a door handle.



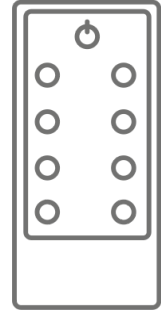
AM/FM RADIO/MP3 player, BLUETOOTH The MP3 player will be pre-installed on the sauna. There are two parts to help to remove the MP3 player if needed (2 L-shaped metallic pieces – image on the right).



Color Therapy Lights (Recommended)

Some models will include color therapy lights (or chromo lights aka chromotherapy). Color therapy lights function as light therapy for physical and mental health. Scientists have determined that each color emits a frequency.

Our body consists of Seven Layers of the Auric Field and the Seven Chakras (energy centers of the body). Each layer looks different and each has its own particular function. Each layer of our Aura is associated with a chakra (1st layer with 1st chakra, and so on). See a chart below:



Chakra – Root Chakra (RED)

Location: The end of the spine, between the anus and the sexual organs

Function/Qualities: Security/Safety, Stability

Function when disturbed/unhealthy: Fear, insecurity. Life feels like a burden. Feeling of not belonging. Physical Health: Weak constitution, elimination problems. Reduced physical and mental resistance.

2nd Chakra – Sacral Chakra (ORANGE)

Location: The Sexual Organs

Function: patience, Healthy/Positive Emotions towards Sexuality, Creativity, Responsible Relations

Function when disturbed/unhealthy: Rigid emotions, frigidity, guilt, no boundaries.

Physical Health: Problems with reproductive organs, kidneys.

3rd Chakra – Navel (YELLOW)

Location: Navel Point – Solar Plexus

Function/Qualities: Center of personal power and commitment;

Self-esteem, dignity, identity, judgment.

Place of inner balance and inspiration. Function when disturbed/unhealthy: Anger, greed, shame, despair;

No strength or spontaneity. Conforming in order to be recognized;

Suppressing one's own wishes/emotions to please others.

Physical Health: Problems with digestion, the liver, gallbladder, the pancreas.

4th Chakra – Heart Chakra (GREEN)

Location: The middle of the chest on the breast bone. Function/Qualities: Compassion, kindness, forgiveness, service, love

Function when disturbed/unhealthy: Grief, Attachment, Easily Hurt. Emotional dependence on others. Heartlessness.

Physical Health: Heart problems, lung problems, blood pressure problems.

5th Chakra – Throat Chakra (LIGHT BLUE)

Location: The throat

Function/Qualities: Language; Ability to communicate effectively; Authenticity; Inspiring, teaching.

Function when disturbed/unhealthy: Lethargy, weakness in expressive abilities; Shyness, voice problems, insecurity, fear of others' judgments/opinions.

Physical Health: Throat, neck, thyroid problems.

6th Chakra – Third Eye (INDIGO BLUE)

Location: Between the eyebrows.

Function/Qualities: High Intuition; Clairvoyance; Visualizing; Fantasizing; Concentration and determination; Self-Initiation; Power of projection; Understanding your purpose.

Function when disturbed/unhealthy: Confusion, Depression. Rejection of spirituality; Over-intellectualizing.

Physical Health: Depression, Panic, Mental Disorders.

7th Chakra – Crown Chakra (VIOLET)

Location: Crown of the head.

Function/Qualities: Spiritual Connection; Connection to the Higher Self; Unity; Enlightenment; Universal Awareness

Function when disturbed/unhealthy: Grief; Feeling of being separated from existence/abundance. Fear of death. Mental Health: Complete separation and dis-illusion from oneself; grief, sadness, false/limiting beliefs.

8th Chakra – Aura (WHITE)

Location: The electromagnetic field (contains all colors above)

Function/Qualities: Aura combines all the effects of the chakras and offers their projection. Aura projects and protects.

Function when disturbed/unhealthy: Shy, withdrawn, vulnerable.

Physical/Mental Health: Overall weakness in mind and body.

Operating Instructions:

The color lights are operated by remote control only. Press any color on the remote control to turn the lights on and select a color. You may then press the "Cycle" button (lower right button) to cycle through the colors randomly. Press the "Power" button to turn the lights off.